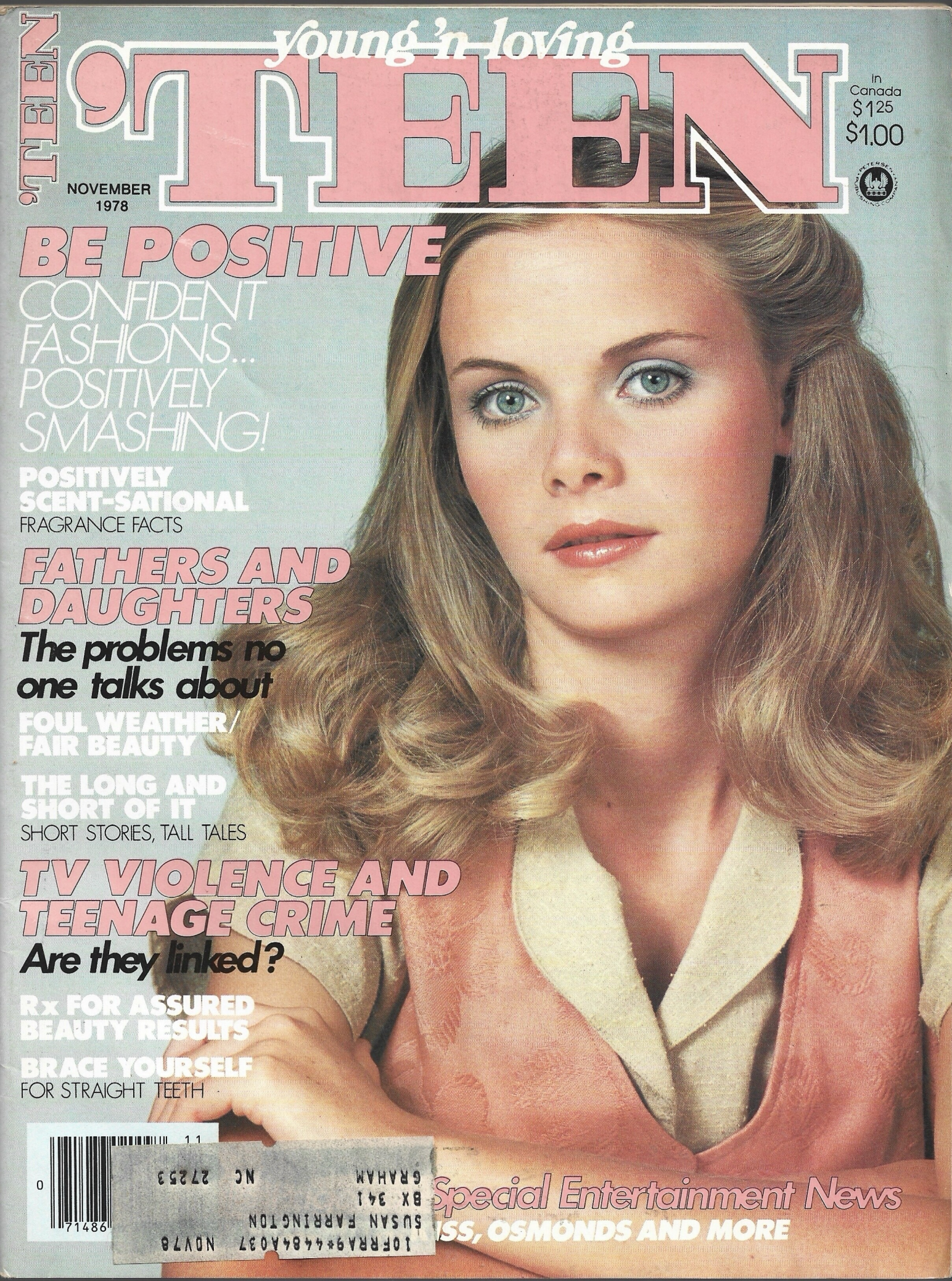
young 'n loving
TEEN
NEW!
NOVEMBER 1978
In Canada $1.25
$1.00
PETERSEN PUBLISHING COMPANY



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SHORT STORIES, TALL TALES

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Are they linked?

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BRACE YOURSELF
FOR STRAIGHT TEETH

Special Entertainment News
...ISS, OSMONDS AND MORE

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SUSAN FARRINGTON
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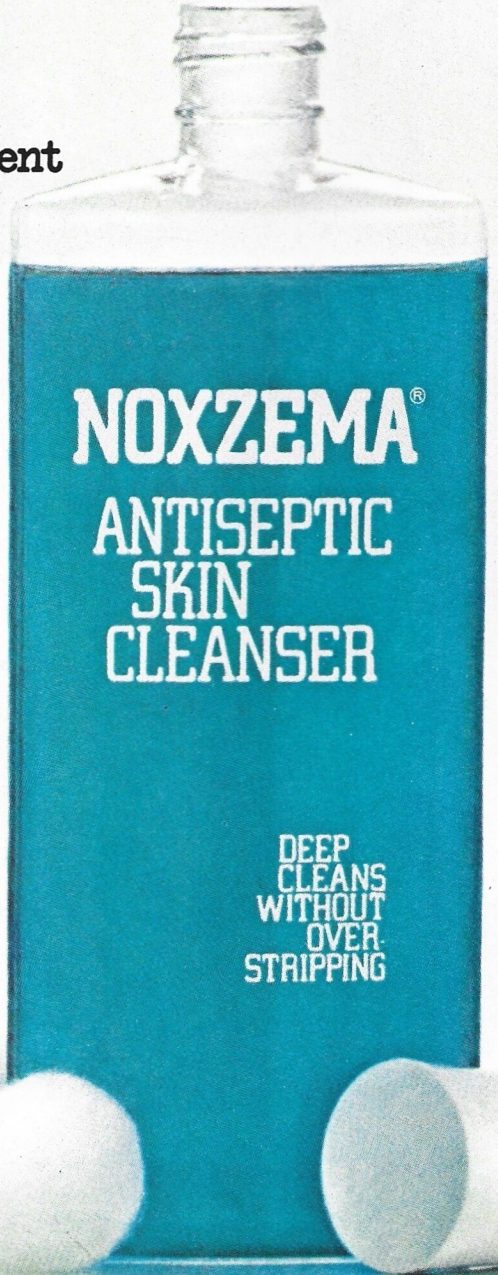
Who says an astringent cleanser has to leave your face flaky and dry?



Introducing the astringent that's tough on oil, but feels easy on your skin.

New Noxzema® Antiseptic Skin Cleanser actually cleans your face *without* over-stripping.

The reason? A *propoxylated* skin softener you won't find in other astringents.

The result? Cleaner, clearer skin that doesn't feel flaky or dry. Noxzema Antiseptic Skin Cleanser fights bacteria, fights blackheads. Even rids your skin of the hidden dirt and oil that can lead to blemishes.

Try New Noxzema Antiseptic Skin Cleanser. The astringent that's tough on oil, but feels easy on your skin.

Made by Noxzema. The people who take your skin seriously.

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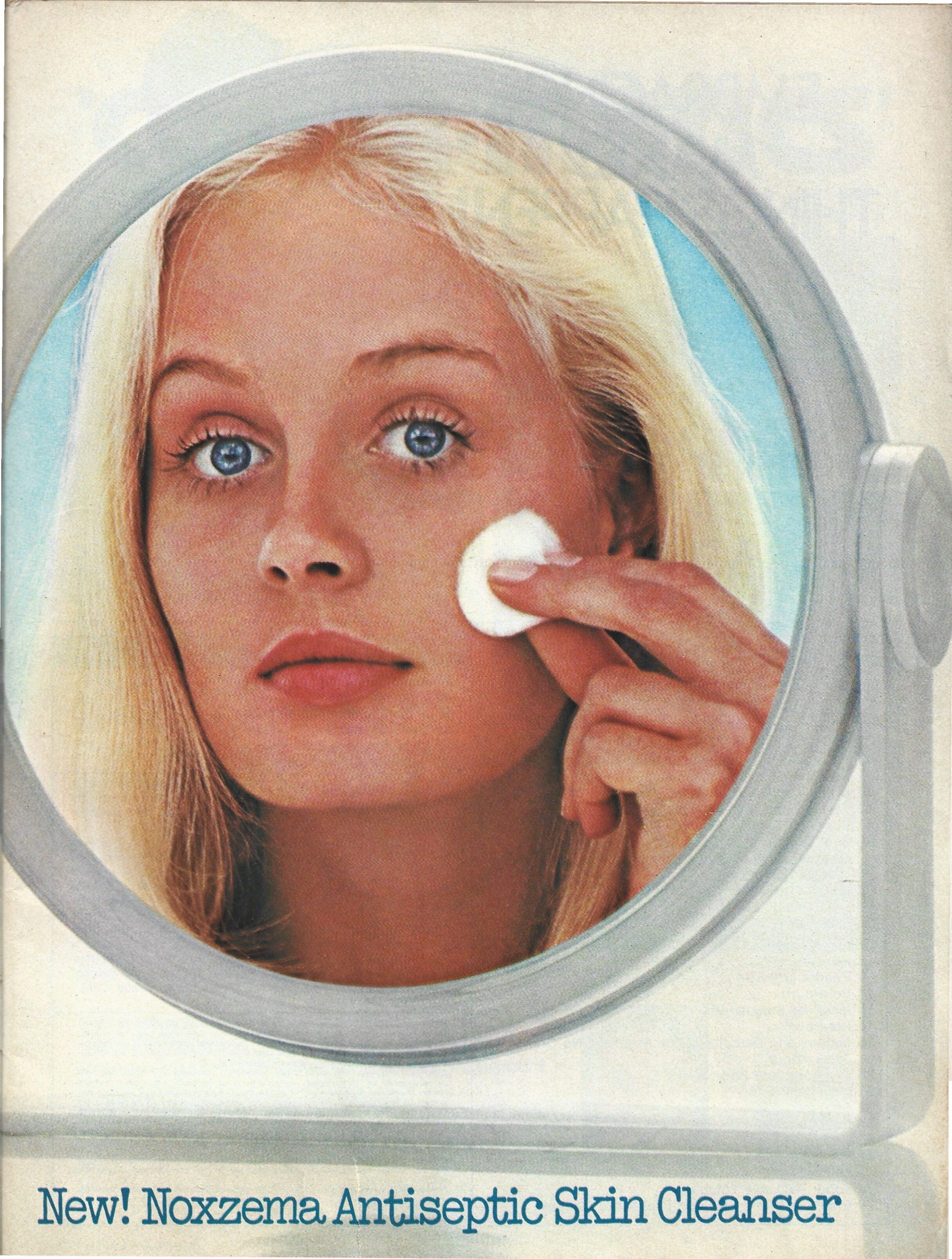

New! Noxzema Antiseptic Skin Cleanser

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Active! Alive!
Alluring!
Embracing, because it's fun loving!

Embracing

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young-'n-loving 'TEEN

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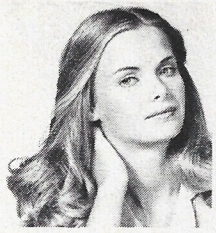

Cover girl Pamela Hedges makes a positive beauty statement in makeup by Cover Girl. She faces up to great skin with Liquid Make-Up in Creamy Natural, and 9-Hour Cheek Color in Pretty Rosie. Then for a definitely eye-catching look, One-Stroke Eye Color in Blue Smoke goes on her lids and Professional Mascara in Brown adds unmistakable length to her lashes. On her lips, Shine Makers in Just Luscious makes for an absolutely great finish. Pamela's hair hits the headlines and takes on a positive shine with Breck Creme Rinse with Extra Conditioner. Shirt and vest by Peggy Hadden for Moody's Goose. Makeup applied by Teresa of T.J. D'ifray, Beverly Hills, Calif. PHOTOGRAPHY/TEKE

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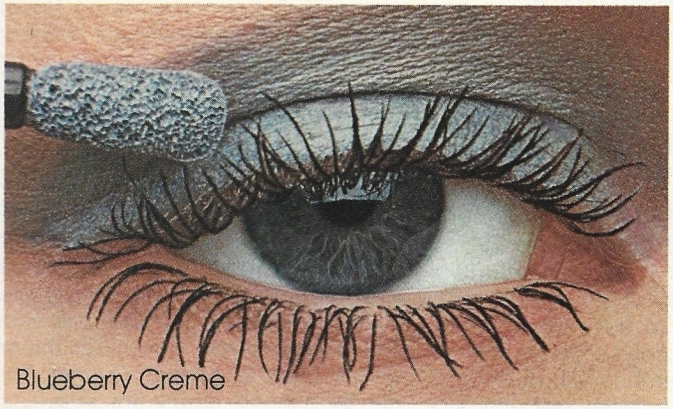
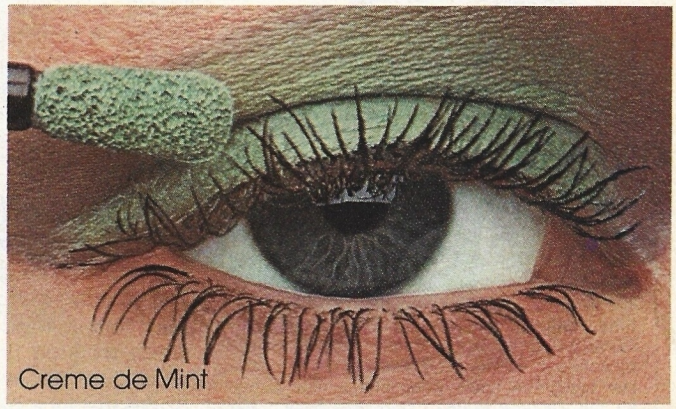
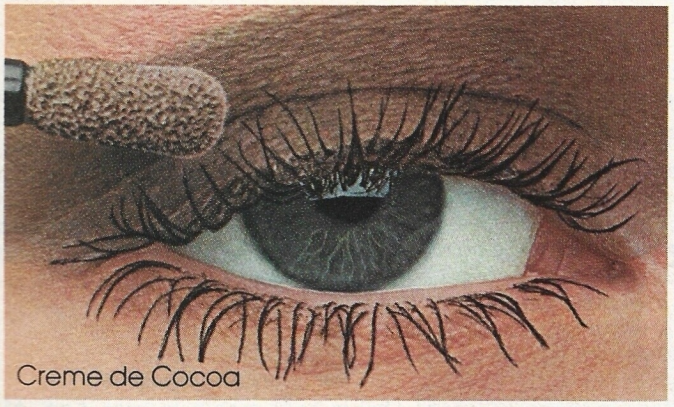
Cover Girl creates:

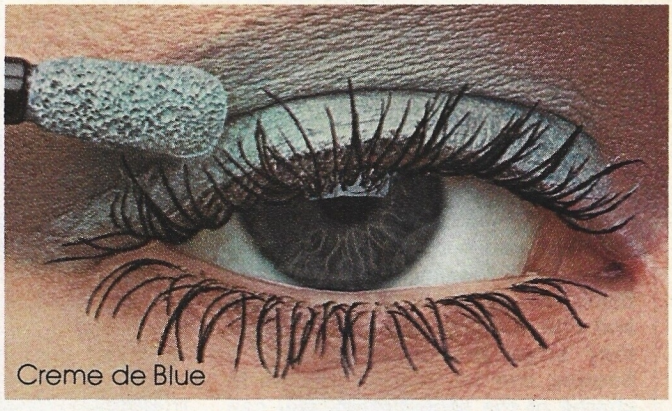
'COLOR-MATICS'

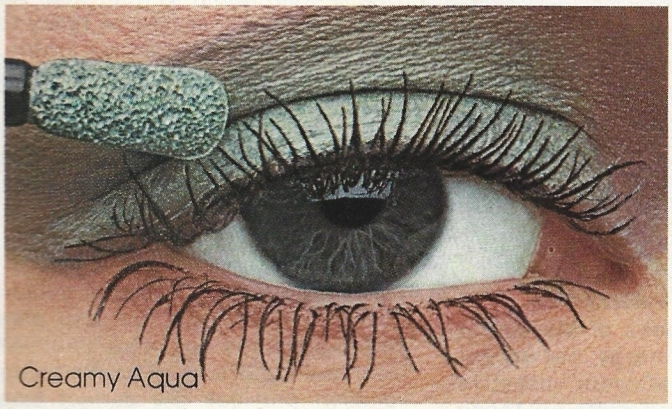
Creams on sensational color...automatically!











Turn your eyes on to soft, silky, sensuous new color. Color that seems to glow from within. Cover Girl's soft sponge-tip applicator gives you just the right amount of color every time. Color-Matics go on smooth, stay on long. They're waterproof. Crease-proof. Fade-proof. Goof-proof! So turn on your eyes, now, with Color-Matics – automatically!

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horoscope

Kate Jackson was born in Birmingham, Alabama, on October 29. She began her career by acting in school plays and at local theaters. Her big break came when she landed a role on the daytime drama "Dark Shadows." Her career in television skyrocketed, and she's now well known as one of "Charlie's Angels." Kate leads an active life that includes such sports as tennis, horseback-riding and skiing. In addition, she finds time for such pleasures as playing the guitar and piano and traveling in Europe and the Caribbean.

Happy Birthday, Scorpio!

How can you recognize a Scorpio? Look for a leader. Scorpios enjoy being in control of their situation, and others usually allow it because they know just how effective a Scorpio can be. If a Scorpio is in charge of the senior prom, you can be sure the event will be the most successful ever. Scorpios always know exactly what they want and how to go about getting it!

Scorpios are forthright and honest. Never ask them their opinions unless you really want to hear the truth. Because they'll never mislead you or try to win a friendship through false flattery, Scorpios' words may have quite a sharp sting unless you're prepared for an honest answer.

Although Scorpios can be vindictive toward their enemies, they are fiercely loyal toward their friends. Yet you should realize that you'll seldom have a Scorpio all to yourself. Scorpios almost never have just one best friend. They enjoy being with people so they cultivate lots of friendships. Also, Scorpios insist on devoting themselves to their work. If one math problem remains unsolved, you'll be hard put to talk a Scorpio into going to a movie. Nevertheless, if you have a Scorpio for a friend, consider yourself lucky. Hang on to her!

Scorpio

October 24—November 22

Your birthday month is a good time to broaden your horizons, Scorpio. Reconsider decisions you've made lately and see if you might have made a mistake—especially in choices involving future career plans. You have a tendency to underestimate your abilities. The first of the month is a good time to press forward.

Sagittarius

November 23—December 21

School will keep you busy around the middle of the month, and you may find it hard to keep your cool when working under so much pressure. But perseverance will pay off. Someone in a high place will notice your hard work, and previously closed doors will suddenly begin to open for you both at school and at home in late November.

Capricorn

December 22—January 20

This is a month to be with friends, Capricorn. You blossom in the presence of others. Your outgoing personality attracts admirers, and a new romance is a definite possibility. Your new guy will enjoy socializing just as much as you do, so try to set up double dates with your friends.

Aquarius

January 21—February 19

Avoid opposition at home this month, Aquarius. Before you reject your parents' advice, be sure that you've thought things over sensibly, and are not just making an emotional decision based on frustration.

Pisces

February 20—March 20

The first two weeks of November will be a high-energy period for you, Pisces. Get your creative juices flowing and start on those projects you've been avoiding. Why not begin by redecorating your room?

Aries

March 21—April 20

Get back to nature this month. Put on your tennis shoes and warmest jacket, and go outside for a few brisk walks before the weather gets too cold. Since you have a tendency toward laziness, force yourself to exercise so you'll be slim and trim for spring.

Taurus

April 21—May 21

November will be a quiet month for you, Taurus. Relax and try to regain your energies. Take in a movie with one or two friends or catch up on some of your long-overdue reading. Near the end of the month you'll have a chance to improve the situation at home.

Gemini

May 22—June 21

Acquaintances who envy your position may give you problems this month. Just keep up the good work and don't let their criticism get you down. Everyone will appreciate your efforts and by late November things will be back to normal. Overall, this will be a good month for you.

Cancer

June 22—July 23

You'll be very attracted to a Taurus guy by the end of the month, Cancer. At first he may seem quiet, practical or even dull. But give him a chance, and you'll discover that he's the most romantic boyfriend you've ever had. Red roses and moonlight walks may be in store for you in November.

Leo

July 24—August 23

This is your month to roar, Leo. After a quiet October, you're ready to leap back into the social jungle. This is an excellent time to have friends from school over for dinner. You may get flustered if you try anything too fancy, so stick with recipes you've already mastered.

Virgo

August 24—September 23

Try to stay friends with that person who let you down, Virgo, and plan some activities to raise yourself from the doldrums. Thanksgiving vacation provides the perfect time to visit relatives you haven't seen in a while.

Libra

September 24—October 23

A project you set into motion long ago will reach completion this month. Financial gain is a definite possibility. Also, your imaginative mind is stirred by a Sagittarius who appreciates fine art. Don't let this opportunity go to waste. Put your creative personalities together and see what happens.

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"My Levi's Womenswear jeans don't cut or bind anywhere. Even when I sit like this! They may look tight, but they don't fit tight."

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QUALITY NEVER GOES OUT OF STYLE.

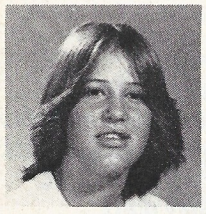
we get

LIVING WITH YOURSELF

I want to say thank you, 'TEEN, for having such a great magazine. The best parts of the August issue were the two articles, "Living With Yourself (and Liking It)" and "Your Biggest Problems and How to Solve Them." I think Judi Marks is a great writer and I hope she stays with 'TEEN a long time.

Becky Jennings, Fort Ann, N.Y.

I really want to thank you a whole lot for putting two great articles in your August issue, "Your Biggest Problems and How to Solve Them" and "Living With Yourself (and Liking it)."



Before I read the magazine I really didn't think too much of myself, but your articles made me come to realize that I am important and there's really nothing to dislike about myself. Thanks a lot, 'TEEN. You've made me see that I'm not so bad after all.

Better Days, Calif.

I've only started buying 'TEEN this summer, but I love it. It's a great magazine, and I hope you never stop publishing it. After reading "Your Biggest Problems" and "Living With Yourself" in the August issue, I was amazed to discover how much these articles referred to me and my problems. I understand now how to cope with them, and for this I am eternally grateful. I'd just like to thank you for being there, and for caring.

Lorena B., Tex.

OOPS!

I really like your magazine a lot, and I enjoyed the "Celebrity Puzzler" in the August issue. But . . . alas . . . a mistake!! You said in 6 Down that Parker Stevenson plays Joe Hardy on the "Hardy Boys Mysteries." Actually, Shaun Cassidy plays Joe and Parker plays Frank. Oh well—even the best make mistakes!

A.S., Trenton, N.J.

Our apologies to Parker, Shaun and the many sharp-eyed 'TEEN readers who spotted the goof.—Ed.

OUTSTANDING AUGUST

I would like to compliment you on a superb August issue! Everything in it was just tops—the fiction, the articles by Judi Marks, the tips on hair, fashion and—my very favorite—makeup. I've received many issues of 'TEEN, but this August issue was simply the best!

In Love With August, N.Y.

I really liked your August issue, especially the "Back-to-School Grooming Guide" and the "Back-to-School Repair Manual." They both really helped me with getting ready for school.

I just want to tell you that I think you have a terrific magazine.

Karen, Pa.

I really look forward to getting your magazine each month. Thanks so much for all the great-looking back-to-school clothes in your August issue. I really got some great ideas. I can hardly wait for my September issue to come!

Nataleah Dietzmann, Calif.

I think you are a great magazine. You always seem to know exactly what teens want to know. If I ever have a question on beauty or fashion, I know I can find the right answer in 'TEEN.

One of my favorite parts of the magazine is the fiction section. It's always great, and in the August issue, "Once Upon a Frog" by Sally Lee was terrific. Thanks for being the greatest magazine around!

Debbie, Tex.

SUSAN SUPPORTERS

After reading the article in the August issue written by Susan Richardson, I had to write and tell you how much I enjoyed it. I've been watching "Eight Is Enough" ever since it first came on, and you can tell by watching the cast each week that they really do care for each other. I'm sure many readers will agree when I say that by adding Susan, 'TEEN has added another plus to its name.

Karen

I'd really like to thank Susan Richardson for writing her column for 'TEEN readers. I know how she used to feel, being in the middle of two sisters, because I'm in the exact same position! So thanks, Susan, and is there any place I can write to you?

Susan C., Md.

Send your letters to: Susan Richardson, c/o 'TEEN Magazine, 8490 Sunset Blvd., Hollywood, CA 90069. Look for her answers in upcoming columns.—Ed.

STAR-GAZING

I just got the August issue of 'TEEN, and I really liked it. I especially liked the article on James McNichol and Clark Brandon. They are my two favorites. It's been so hard to find anything on them since their show was cancelled, but of course 'TEEN had a story and photos! Thanks for everything.

Kim Tufford, Calif.

I want to thank you for your great article on Leo Sayer. I saw him in person and ever since then I've been a big fan of his. I've been trying to find more information on Leo, and 'TEEN came through with it. Thanks!

Biggest Fan, Spokane, Wash.

Thanks so much for the article on Alison Arngrim. I've always liked her as Nellie Oleson, but I never knew what she was like in real life. Thanks again for a wonderful magazine.

M.K., Conn.

MODEL Q & A

I was hoping you could answer a question for me. Does your model Carynn Ilton have a permanent or is her hair naturally curly? I think she has gorgeous hair.

Nancy Pittenger, Dallas, Tex.

Carynn's hair is naturally curly. It's cut slightly layered to take advantage of the curl, and Carynn usually lets it dry naturally after shampooing, sometimes shaping the curls with a curling iron or smoothing them out with a blow-dryer. —Ed.

Your magazine is the greatest. I especially liked your August "Back-to-School Grooming Guide." Could you please tell me who the model is on pages 68 and 69? Thanks.

A.T., Ind.

That's Cathy August, first runner-up in 'TEEN's Model Search (see the February 1978 issue) and now one of our favorite models.—Ed.

Send us your letters about what you like and dislike in 'TEEN—and why. If you'd like, include a clear photo. Send to We Get, c/o 'TEEN Magazine, P.O. Box 3341, Hollywood, CA 90028. You can also join 'TEEN's Research Gang (TRG) by enclosing a self-addressed, stamped envelope with your letter. On the back of it write "Send me a TRG Card." 'TEEN will in turn send you a TRG Card plus a questionnaire that you can doodle over, fill out and return at your option. The questions will relate to beauty, fashion, entertainment, products and all the things you'd like to read about in 'TEEN.

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All-day make-up for oily skin.
Even oily skin can look beautiful. All day! Because Cover Girl® Oil-Control Make-up has a special water-base formula. So you get oil-controlled coverage that really lasts. Won't fade, won't shine, won't go orange-y. No matter how long it's on! And it's made with clean Noxzema® ingredients, so you feel good about your skin. Cover Girl Oil-Control Make-up. For the look that looks beautiful all day!
COVER GIRL
Five shades made just for oily skin.
Cover Girl 'Oil-Control' Make-up
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"Even my dry hair can get the greasies."

"Now I've got Agree. Goodbye greasies."

Agree Creme Rinse & Conditioner helps stop the greasies.

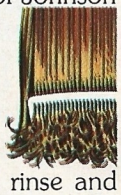
Consider this.

Some creme rinse & conditioners contain oil which causes the greasies.
It's the oil in these creme rinse and conditioners that can cause oily, greasy hair—the greasies. So, regardless of your hair type—oily, dry or normal—if you use an oily creme rinse and conditioner, you too can get the greasies. Now, consider this.

Agree is 99% Oil-Free
Because of its unique formula, Agree Creme Rinse and Conditioner helps stop the greasies. Yet, Agree gives you excellent wet combing and conditioning. Used regularly, the conditioners in Agree help protect your hair from the potential damage of combing and brushing.

Does Agree really work?
Yes. In a series of salon and home tests, people like yourself were asked to use Agree and compare it with a leading creme rinse and conditioner. Test results show that most people prefer Agree's formula over this leading creme rinse and conditioner. People found Agree to be less oily/greasy whether their hair was wet or dry between uses. *It actually helped solve the problem of the greasies.*

Agree's Wet Combing is Proved Effective in Detangling Hair
More tests were conducted at the Hair Care Laboratories of Johnson Wax. A laboratory instrument (commonly called an Instron) measured the force required to remove tangles. Agree's effectiveness was measured against a leading creme rinse and conditioner. *Agree proved easier in removing tangles.*



The people of the Hair Care Laboratories, Personal Care Division of Johnson Wax, believe that Agree is the finest creme rinse and conditioner available in either salons or retail stores. Try Agree. We think you'll be delighted.

Agree is available in three formulas. Regular, For Extra Oily Hair, and Extra Body with Balsam.

LOOK FOR NEW AGREE SHAMPOO.

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Reader Write-On

Other Things

There are other things besides my love,
Like the gentle-throated call of a graceful dove,
And fields in summer that shine like gold,
And a fireside tale at night well told.
On a meadow at sunrise the dew shines like glass,
And on treetops at midnight the moonbeams dance.

But when I see him these things float away;
I'm back in love, and the visions can't stay.
Then I leave him, and go back to my world
Where hazy sunshine plays on flowers unfurled,
And crystal-like streams wind through tall, slender trees,
And moss and ferns grow up to my knees.
There are hot cups of tea on cold, stormy nights,
And glowing fires that cast orange and red lights.

Please, other things, stay by my side.
For yesterday you left me,
And yesterday I cried.

Kathleen Swart, 16, Ojai, Calif.

Night

the night is dark
and scares me
in the window
where my shadow face
stares back at me.
my eyes are tunnels
of blackest night;
my hair waves
wild like trees.
though hot, i shudder.
though cold, i sweat.
i cannot look beyond
my darkened eyes.

Laura DuFrane, North Chicago, Ill.

Me

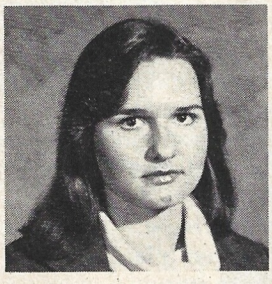
Fun and outgoing,
running about.
Dancing, singing,
ready to shout.

Down and depressed,
my whole life a mess.
Quiet, shy
not knowing why.

Me:
Aggressive,
timid.
Clever,
outwitted.
Split into two,
not knowing what to do.
One free and easy,
the other down and dizzy.

All simple and free,
thrown into one
to make just me.

Marianne Alesiano, 15, Dover, Ohio



The Poet's Poem

I am a word painter.
Each sound I use is a hue,
Blending to create
A vision of my mind's eye,
Or a clouded misconception in my heart.
My brushes are the experiences
Of a yet-to-be-filled lifetime.
Thoughts, too deep for spoken expression,
Come out of repression
When my inspiration flows.
Sometimes I see sharp, hidden truths
That were hard to find, overlaid by gentle lies,
Like a painter who finds
The true shade of an ocean
Only after merging endless blues.
The paper is my friend
On which I mix the colorful ideas,
To yield, after spotting it with the rainbow,
One total meaning.
I am a word painter.

Meridith Guegold, Etowah, Tenn.

Your Memory

The echo of your laughter lurks in my mind.
The shadow of your memory follows behind.
The sadness in your smile can be seen in my eyes.
The heartbreak in your voice can be heard in my sigh.
That face so familiar can be seen in my dreams.
Your walk I see everywhere, or so it seems.
The soft kiss you gave—the memory is still there.
I follow the sound of your footsteps, but get nowhere.

Ginger Terry, 16, Proctor, Minn.

Love

Love—
Like a waterfall
Plummeting
swiftly
violently
Over obstacles
To end in a
gentle pool
of acceptance.

Tammie Jahn, 15, Plattsburgh, N.Y.

Phone Call

The loneliness and empty feeling
Waiting, staring at the ceiling
Wishing, wondering, cautiously hoping
Thinking, pondering; mind is groping.
It would be a dream come true
If only I would hear from you.

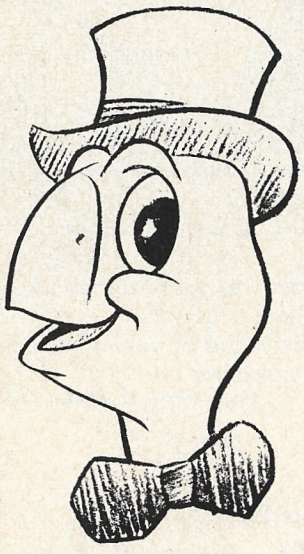
Vicky Zubal, 15, Parma, Ohio

The Night's Reign

See the silent splendor of the night;
The sky softly spilling into earth,
Slowly pouring its inky stream of shadow over all.
It stains the sleeping heavens,
Gently pressing all light away.
Yet not forever.
As dawn breaks,
So does the black wall of night tumble and fall.
A new magnificence arises—
That of a different kingdom;
Only to be conquered again,
Darkened and blotted,
Slowly,
Surely,
Into the reign of the next night.

Cathy Sama, 14, Groton, Mass.

Over $6,500 in prizes
Awarded Monthly



Draw "Tippy"

You may win one of five $1,170.00 Art Scholarships or any one of seventy-five $10.00 cash prizes.

Draw "Tippy" any size except like a tracing. Use pencil. Every qualified entrant receives a free professional estimate of his drawing.

Scholarship winners will receive Fundamentals of Art taught by Art Instruction Schools, one of America's leading home study art schools. Our objective is to find prospective students who appear to be properly motivated and have an appreciation and liking for art.

Your entry will be judged in the month received. Prizes awarded for best drawings of various subjects received from qualified entrants age 14 and over. One $25 cash award for the best drawing from entrants age 12 and 13. No drawings can be returned. Our students and professional artists not eligible. Contest winners will be notified. Send your entry today.

MAIL THIS COUPON TO ENTER CONTEST

ART INSTRUCTION SCHOOLS
Studio 8N-2090
500 South Fourth Street
Minneapolis, Minnesota 55415

Please enter my drawing in your monthly contest. (PLEASE PRINT)

Name_____

Occupation_____ Age_____

Address_____ Apt._____

City_____ State_____

County_____ Zip_____

Telephone Number_____

A Road of My Own

No matter what I've looked for,
no matter where I've been searching,
the road has ended now,
and the crossroads
will take me nowhere.
Let others find their happiness
where they will, *my* search has ended.
Cross the bridge,
and don't look back, don't look down.
The waters are calm now,
and so runs my soul,
with tempests raging
somewhere far below.
Still, they're too deep
to even ripple the surface.
I'll stand far away
and look inside out
at the reflection of myself.
Then, maybe, I can know me—or what's left of me,
or what I am to be.
In reaching out, I have grasped nothing.
It's time, now, to start reaching in.

Melody Storey, 17, Carmi, Ill.

Alone

There's an awakening freshness
in the spring night air;
a crispness surrounds me everywhere.
Its feathery fingers
cool my face
and gently blow
my hair from place.
The sky is starry
and it twinkles above.
This scene,
like a movie,
is set for love.
But I am alone
and say I don't care
that I'm here by myself
when love is everywhere.

Lisa Ehret, 14, Columbus, Ohio

It's About Time

It's about time
you noticed me
And it's about time
you talked to me.
It's about time
you smiled at me
And it's about time
you leveled with me.
It's about time
you called me
And it's about time
you realized
That it's about time
for me.

Patti Gold, 16, Mountain Top, Pa.

The Tornado

Swirling, shifting
Black mass of doom.
Chilling, thrilling
Bringer of gloom.
Awesome, fearsome
Sky filled with wrath.
Consuming, destroying
All in its path.
A mysterious giant
With appetite unceasing.
Its speed never slowing
Its size ever increasing.
Pawing and clawing
This monster from high.
Savagely roaring
As objects whirl by.
Nearer, nearer
Inside it I seem.
Why am I frightened—
It's only a dream.
Why do I dream
Of tornadoes unknown?
Is it that inside me
I have storms of my own?

Christi Moore, 17, Kettering, Ohio

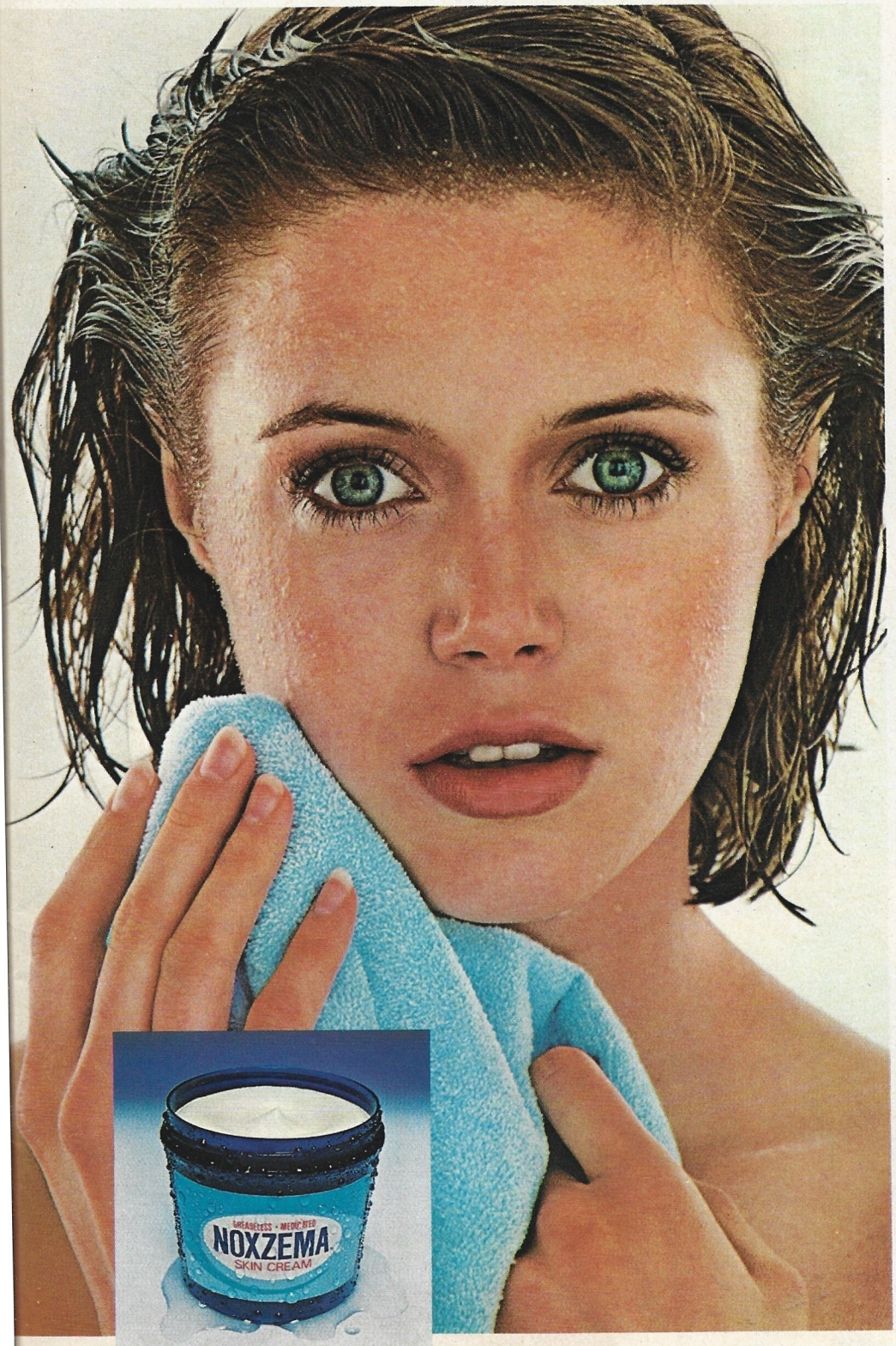
The Briny Deep

Black clouds curtained the hazy sky.
The mighty storm began to rage;
It mercilessly tossed and rolled the heavy sea.
Quietly the fog crept all around.
The boats moved like ghosts with candles,
Battling the waves as they swept over the bow.
Then the mountainous, foam-capped waves subsided
As the wind blew itself out
And the sunshine gleamed on the wet rocks
As the gulls soared silently past.

Janice Morgan, 16, Powell River, B.C., Canada

If you'd like to submit an ORIGINAL poetic work, WRITTEN BY YOU, send it to Reader Write-On, c/o 'TEEN Magazine, P.O. Box 3341, Hollywood, CA 90028. Please include your name, address, age and, if you'd like, a clear photo of yourself with your name printed on the back. **You must also enclose a statement in your handwriting, saying: "This will certify that the above work is completely original."** ALL POEMS AND PHOTOS BECOME PROPERTY OF 'TEEN MAGAZINE.

Good skin starts young and stays younger-looking with Noxzema.



Good skin. Where does it start?

Even the healthiest-looking complexions need regular care. Good skin starts young. With lots of washing. At least twice a day. Nothing does it the way Medicated Noxzema® Skin Cream does. Noxzema cleans clean like soap but doesn't dry.

How young skin can stay younger-looking.

The action of Noxzema and a washcloth gives you the cleanest clean without drying. Just smooth it on. Work it in. It cleans so clean you tingle! Noxzema gets rid of excess oil. Rinses off with water. Won't clog pores like greasy creams. Noxzema removes dirt, oil, and makeup. Cleans and moisturizes.

Special hint for extra moisture.

After washing, use Noxzema to smooth and soften. Wear it under makeup. Use it as a night cream. Noxzema is greaseless! The more you want good-looking skin, the more you should wash and moisturize with Noxzema.

Smitty did it.

Smitty.
It's the spirited, sexy new feeling in fragrance.
It's exhilarating.
It's exciting. And only Smitty does it.
Smitty by

Coty

© Coty, N.Y.
Available in Canada.

pot-pourri

For the next three months, plants will be slipping into their dormant stage, which means they won't be growing very much. Winter months are difficult for houseplants because outside the weather is too cold and inside it's too warm. To make plants as comfortable as possible, keep them away from the drying heat of furnaces and other heat sources. They should be in a spot where they can get as much sunlight as possible, but not too close to cold windows. Watch all plants carefully and move unhappy ones to another location.

SHAMROCK IN SHAMBLES

Q. I'm having problems with the shamrock I received for St. Patrick's Day. It used to be bushy and green, but now it's turning yellow and drying up at the bottom. What's wrong with it? I give it plenty of water!

I.G., N.Y.

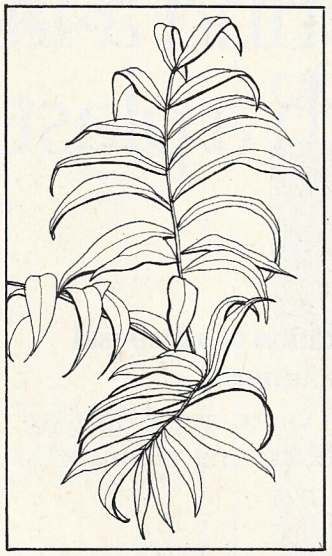
A. ***You may be overwatering your shamrock. When a plant dies from the bottom up it usually means that the problem lies at the root. Root rot is caused by overwatering without proper drainage. Remedy this by cutting back on your plant's water. Next, check to be sure that the drainage holes are not clogged. Your shamrock should get plenty of light and should never be left standing in water.***

It sounds as though your plant may be too far gone to save, but if you let it dry out a little there may be some chance for survival.

PARLOR PALM PROBLEM

Q. I just recently got a parlor palm. The last one I had turned yellow and died, but I don't want the same thing to happen to this one. Please tell me how to take care of it.

Palm Lover, Ohio



ILLUSTRATION/JANICE BILLINGS

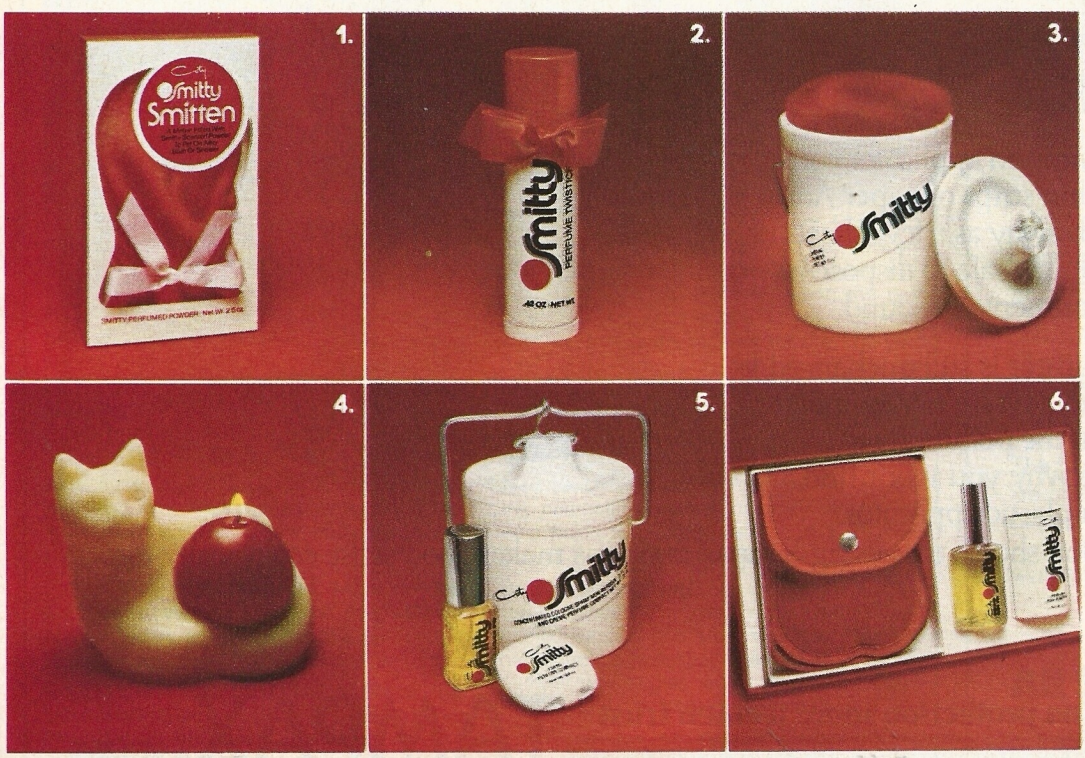
A. ***The parlor palm (Chamaedorea elegans 'bella') got its name because it could tolerate even the low light conditions of a parlor. It will turn yellow and die if given too much hot sunlight, but it still likes a lot of light. Place your palm in a corner where there is some indirect lighting for best results.***

Make sure that you use a good soil mix of equal parts loam, sand and peat moss. Keep the soil moist but not soggy. Watch out for speckling discoloration on the leaves; it's a sure sign that spider mites are sucking out the vital plant juices. Frequent rinses with water should bring the problem under control.

If you're interested in starting new palms, just remove the little ones growing around the base of the main palm and replant them.

Is your green thumb turning blue over indoor plant problems? We'd like to help Mother Nature and you reach green happiness. Send your letters to Pot-Pourri, c/o 'TEEN Magazine, P.O. Box 3341, Hollywood, CA 90028. We can't answer letters personally, but we try to publish those that are of widest interest to our readers. You can also join 'TEEN's Research Gang (TRG) by enclosing a self-addressed, stamped envelope with your letter. On the back of it write "Send me a TRG Card." 'TEEN will in turn send you a TRG Card plus a questionnaire that you can doodle over, fill out and return at your option.

Smitty does it six new ways.



1. THE SMITTY SMITTEN. A mitten-ful of Smitty scented powder to pat on after bath or shower. $3.95*

2. SMITTY TWISTICK. Twist-up solid perfume all dressed up in bowtie and ready to go out. $2.95

3. PERFUMED DUSTING POWDER. Plenty of Smitty fragranced dusting powder in a reusable cheese crock with a pretty red puff. $5.00

4. SMITTY KITTY CANDLE. Kitty has the purr-fect spot for the scented candle to snuggle into. $6.50

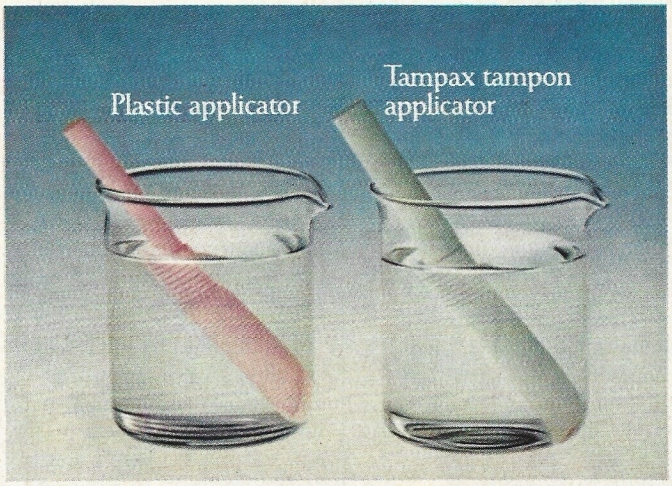
5. GIFT SET COMBO. The reusable crock with very usable .5 oz. cologne spray, and solid creme perfume compact. $6.50

6. DISCO SET. Swingin' canvas disco bag has convertible strap and some great partners: concentrated cologne spray, and perfumed body powder. $7.00

Smitty did it all six ways to give you more ways to connect with the sexy, spirited feeling of Smitty. Available at better drug and department stores.

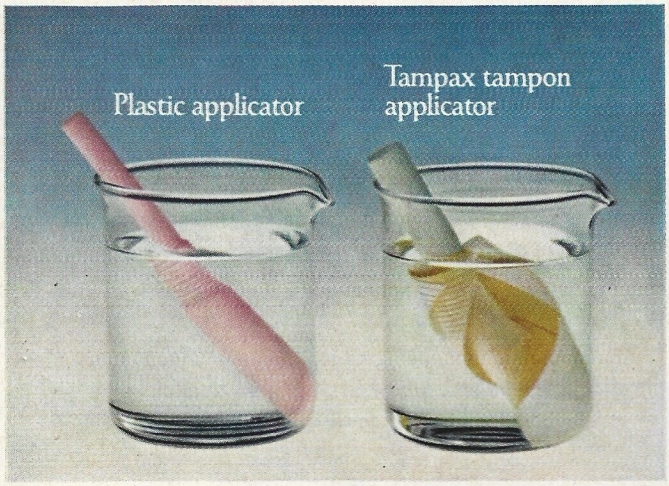
*All are suggested retail prices.

This is why you won't find a Tampax tampon with a plastic applicator

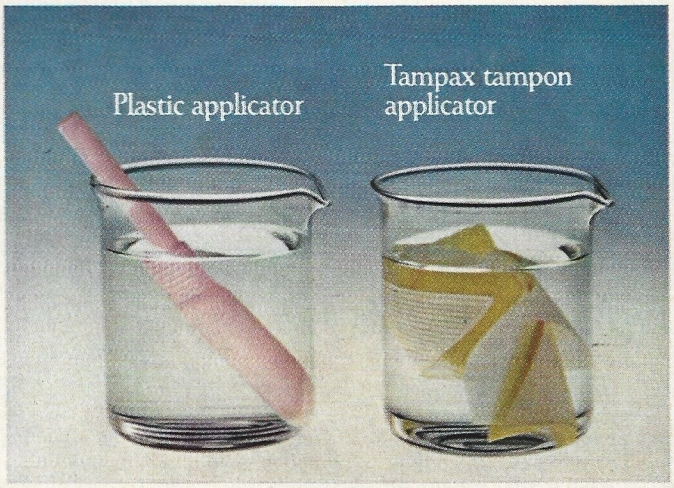


Here's a demonstration of a disposal problem with a simple solution.

1. In the beakers of water on the right, we have placed a plastic applicator and a Tampax tampon paper applicator.



2. Within minutes the Tampax tampon applicator softens and starts to unwind. However, the plastic applicator remains the same.



3. The Tampax tampon applicator continues to separate into thin strips of paper. And becomes as easy to flush away as a few sheets of bathroom or facial tissue. It is safe to dispose of, biodegradable and environmentally sound.

The plastic applicator is still unchanged. It remains non-biodegradable waste matter indefinitely and contributes to the pollution of the environment. This is why you won't find a Tampax tampon with a plastic applicator.

Our demonstration shows that using Tampax tampons makes good sense ecologically, too.

The feminine protection more women trust

TAMPAX® tampons

MADE ONLY BY TAMPAX INCORPORATED, PALMER, MASS.

Meet the Supersports

Here they are, the 'TEEN/Burlington Socks Supersports for the month of November. These girls are two of 24 athletes of the month who will be chosen during 'TEEN's year-long Supersport competition and qualify for Supersport of the Year. The other six have earned an honorable mention and a certificate from 'TEEN/Burlington Socks.

You or your friends can join the Supersport competition, too. Just tell us about your own athletic achievements or those of a friend. Teens participating in any sport are eligible. You may enter as many times as you wish.

Here's how you can win:

1. In 150 words or less, write a brief summary of your athletic achievements (or those of your nominee) and tell why you feel your entry should win.

2. Include at least two black and white action photos of yourself or your entrant participating in the sport at which she excels.

3. Include the name, birthdate, age and address of the entrant. Also include the name and address of the high school she attends, her class standng (freshman, sophomore, etc.),. the name of the school newspaper and the name of the school athletic director.

4. Mail your entries to:
SUPERSPORTS
c/o 'TEEN Magazine
437 Madison Ave.
New York, NY 10022.

5. Entries will be judged by the editors of 'TEEN on the basis of amateur athletic achievement. All entries postmarked after April 1, 1979 will be eligible for the 1980 competition.

6. Your entrant must be of amateur athletic standing.

The two monthly winners will each receive a trophy provided by Burlington Socks in recognition of their athletic achievements. From the monthly winners, one girl will be named **Supersport of the Year** and will receive a $1,000 scholarship to the school of her choice. The 'TEEN/Burlington Socks Supersport of the Year story will be published in 'TEEN's August 1979 issue.

Leesa McCrary, age 17, from Vian, Oklahoma. As a calf roping finalist in the Oklahoma High School Rodeo Association, Leesa competed in the National High School finals in Huron, South Dakota. She also competes in goat tying, barrel racing, and pole bending. Rodeo isn't the only area in which she excels. Leesa has made the All-Conference basketball team three years in succession.

Michelle McMillan, age 13, from Robinson, Texas. Michelle likes all sports, but concentrates her efforts on track—she's been running since the age of nine. During the past year, she set six records for two different schools. She holds records for the 100-yard dash, long jump and high jump. Michelle has also been the Texas Amateur Athletic Federation State Champion for four years.

HONORABLE MENTION

Amy Kline, age 15, Du Bois, Pennsylvania. Although Amy excels in swimming and basketball, she also holds four track records for her school.

Patti Hunter, age 12, Alpena, Michigan. Patti's speed-skating has won her over 100 trophies, medals and plaques. She has broken 22 state records and one national record.

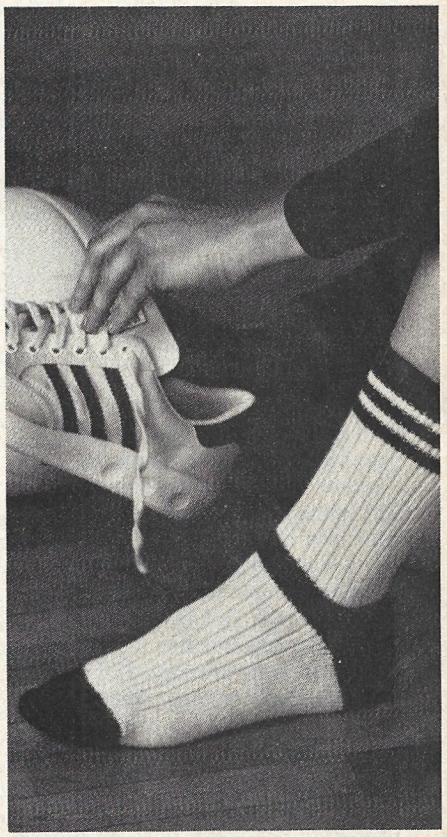
Krista Griffith, age 15, O'Fallon, Illinois. Besides winning nine ribbons in track, lettering in volleyball, and being elected to the All-Star softball team, Krista showed her skill as the number one tennis player at her school.

Melinda Ortiz, age 16, Premont, Texas. Being competitive comes naturally to Melinda, who holds third place ranking in the United States Twirling Association Junior Nationals.

Debbie Honjiyo, age 14, Buena Park, California. Within the past year, Debbie was named captain and Most Valuable Player of her school's volleyball team. She was the number one singles tennis player, competed in track and also played basketball.

Lori Rienzi, age 17, Rutherford, New Jersey. Lori was named All Around Athlete in 1978 by the Passaic Herald News.

Burlington gets to the bottom of every sport.



That's why our volley ball socks are tops.

Volley ball's an exciting and energetic sport and Burlington makes a sock that matches the game. It's tough and durable on the outside, cushioned on the bottom to absorb shocks. Soft and absorbent on the inside with good looks all around.

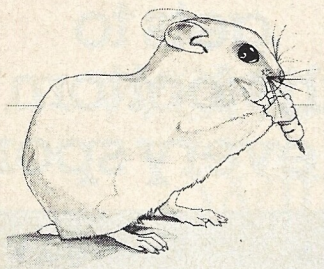
Burlington offers you a full sport sock collection that can cover just about every sport. (Most feature Bioguard,™ The Odor Controller® that lasts for the life of the sock.) You'll run out of sports before we'll run out of styles.

Burlington sport socks. For women who take their game seriously.

Burlington All Sports Collection with Bioguard™

Burlington Socks, a division of Burlington Industries at Burlington House, New York, N.Y. 10019
© Burlington Industries, 1978

pet-pourri



How did a rare species of Middle Eastern rodent get to be one of the most popular U.S. house pets? It must have been charm, cuteness and cleanliness—because the golden hamster has all three.

The hamster's care requirements are simple. All it needs is a cage, food and water, and an exercise wheel. The cage should be at least 12 inches square for one hamster—and one to a cage is best, because they can fight badly among themselves. The bottom of the cage should be covered with shredded newspapers or absorbent litter. Hamsters are natural burrowers and need to have material they can shape into a soft, cozy nest.

Hamsters aren't fussy eaters. Give them commercial hamster mix and occasional scraps of fruit, seeds and vegetables and they'll be content. When they eat, their cheeks expand into "pouches" that can store quite a bit of food. Later they'll stockpile this food in a corner of their cage. Don't disturb the piles—they're important to your hamster's sense of security!

Just as important as food and water to a hamster is exercise. Without it, an illness known as cage paralysis can develop. Healthy hamsters log in four to eight miles a night spinning their wheels! And nighttime is when the action starts, since they're nocturnal animals and sleep all day.

Q. A friend's cat had kittens a few months ago, and she gave us one of the males. But since we brought him home he's been very frisky, clawing the furniture and the curtains. My parents want him neutered, but I'm afraid this will somehow hurt him. Will it?

Cat Lover in Wisconsin

A. ***Neutering your cat will not hurt him, but it will calm his personality, which is usually for the better. Veterinarians recommend that neutering be done to a male cat when he is six to eight months old.***

Q. My dog, Cripto, has a fear of loud bangs. If she hears thunder or firecrackers outside, she barks at the noise, sometimes charges under a desk or bed to hide or runs to us for comfort. Is this normal? What causes her to be afraid?

Renee, Silver Springs, Md.

A. ***Cripto's reaction to loud noises is common in dogs and other pets and is nothing to worry about. Veterinarians don't know exactly what causes this response to booming sounds, but some people get as unnerved by noise as your dog does!***

Q. I've always wanted a small, colorful pet bird singing away in my room, and now I've saved enough money to buy one. But I don't know how to go about it or what to look for. Can you suggest any pointers for purchasing one?

Natural Music Lover, N.Y.

A. ***Since you've never owned a chirping feathered friend, you might do best to start off with a canary or parakeet, because they generally have simple diet, cage and care requirements. When choosing your bird, look for signs of good health, including alertness, singing or hopping about the cage. Keep your eyes open to signs of possible bad health in a bird, too: sticky eyes or nostrils, puffed-up feathers or the beak tucked under the wings. Also avoid buying a bird that is huddled in a corner or sits on the floor of the cage without moving, since this may also indicate a problem.***

Q. I have a large, short-haired male dog named Pepper, who is 14 months old. He's a wonderful dog except for one problem: he digs and digs! My mom is very proud of her flower garden, and she is becoming very angry at the dog for digging in it. Sometimes she threatens to get rid of him, so please give me some tips to stop Pepper from digging.

Frustrated in California

A. ***Like many dogs, yours is what veterinarians call a natural digger. The best way to keep your mom happy and her flower garden safe is to put up a small fence around the garden.***

Q. My cat is 13 months old and is an indoor pet. I want to let her outside, but since she isn't used to it I'm afraid she'll run away. What can I do?

Worried

A. ***Even a cat that has spent its early life indoors isn't likely to run away from home once it encounters the great outdoors. A cat will usually spend time on its own, learning its way around the new environment, but then return home. If you're still nervous about letting your cat loose, you might first take her for a walk on a string. You should also decide how great the risk is of your pet being hit by a car before you let her out alone.***

Q. My dog is constantly annoyed by gnats and mosquitoes. Is there anything that will keep them from biting her?

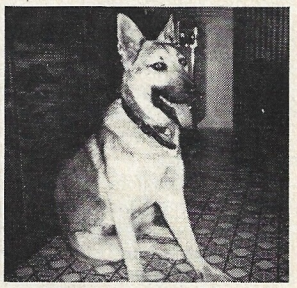
Concerned, Gary, W.Va.

A. ***Sometimes thiamine, Vitamin B_1, will help make a dog less attractive to insects. This can be purchased in any drugstore.***

Q. We just got a Siamese cat with blue eyes, and my little brother says cats with blue eyes are deaf. Is this true?

Can't Believe It, Ohio

A. ***Your brother is right about some blue-eyed cats being deaf, but it isn't always true. Siamese cats with blue eyes can generally hear.***



Q. My two-year-old German shepherd gets stiff and sore in her hind legs whenever it's cold outside. In any other kind of weather, her legs are fine. What's causing this?

L.P., Cali

A. ***Your dog probably has arthritis of the hips, and like many people with this condition, she hurts when it's cold. But you should have a vet examine her to make sure this is what ails her.***

Q. My cat eats bugs, especially flies and spiders. Should I try to stop her?

B.W., Pa.

A. ***Eating insects is common and normal for cats, especially for kittens. But you should check to find out if there are any poisonous spiders in your area which could hurt your pet.***

Not to replace your veterinarian but to supplement your knowledge, send your letters to Pet-Pourri, c/o 'TEEN Magazine, P.O. Box 3341, Hollywood, CA 90028. If you'd like, enclose a clear photo of you and your pet. We can't answer letters personally, but we try to publish those that are of widest interest to our readers. You can also join 'TEEN's Research Gang (TRG) by enclosing a self-addressed, stamped envelope with your letter. On the back of it write "Send me a TRG Card." 'TEEN will in turn send you a TRG Card plus a questionnaire that you can doodle over, fill out and return at your option. The questions will relate to beauty, fashion, entertainment, products and all the things you'd like to read about in 'TEEN.

SLIM-SKINS BREAK THE 'TIME-BARRIER' IN SLENDERIZING!

GUARANTEED TO REDUCE YOUR WAIST, ABDOMEN, HIPS AND THIGHS A TOTAL OF 9 TO 18 INCHES IN JUST 3 DAYS—WITHOUT DIETING!

SLIM-SKINS™

FOR MEN AND WOMEN

"Took off nearly 15" in just 25 minutes—2¾" from each thigh, 3½" off abdomen, 2¾" off waist and 3" off hips."
Maureen Taylor

"Lost: from each thigh, 3"—from hips, 3" — from waist and tummy, over 8"—all on 1st day with Slim-Skins."
Debra Norman

7 TIMES FASTER THAN THE LEADING CRASH 'FAT-BURN' DIET!

Sue London —Her trim and lovely figure after losing over 19 inches in just 1 day with Slim-Skins—without dieting!

"Trimmed 9¾" from waist and tummy, 7½" from hips and thighs after using Slim-Skins just 3 times."
Dawn Reeves

"Lost over 26"—7" from waist, 8" from tummy, 3½" from hips, 4" from each thigh —all in just 3 days."
Cathy Ames

DOCTOR TESTED— The above inch losses could certainly be called 'amazing'—even fantastic—yet each of these women was a subject in a special slimming test conducted by a prominent American physician who observed and verified each and every measurement. These 'fantastic' inch losses are documented facts, they are true and accurate results—results that could be yours —with Slim-Skins. As just one measure of Slim-Skins total effectiveness consider this: **While the most successful and widely advertised 'fat-burning' diet program claims to be able to shrink your waist up to 3 inches in just 7 days, the average waist reduction of the doctor's Slim-Skins test group was over 3 inches in just one day—actually in just 25 minutes.**

FANTASTIC INCH LOSS WITHOUT DIET. Slim-Skins takes off the excess inches exactly where you need to lose them, without dieting—and most important, you look good every inch of the way. With the 'crash diet' program you get thinner but may end up worn and haggard looking with lots of loose skin and flabby tissue. With Slim-Skins, as you lose inches, your body becomes tighter, sleeker, firmer and more shapely—glowing with vitality. And yet the Slim-Skins works so amazingly fast that you can actually measure the difference in just 25 minutes.

INCHES DISAPPEAR OR YOUR MONEY BACK. Slim-Skins is a bold new slenderizing concept that actually combines with your own vacuum cleaner to create a super new inch reducer so far ahead of its time that it reduces excess inches 7 times faster than 'crash-diets.' Just step into the Slim-Skins, snap the attached hose to your vacuum cleaner with the universal adapter—which fits any make vacuum cleaner—and turn on your machine. The second you turn on your vacuum cleaner, the Slim-Skins seem to come alive—to cling and mold themselves to your body like a second skin—to exert a vigorous, subtle, totally delightful reducing action on every single inch of your body from beltline to knees. Not every user may experience the same degree of inch loss as the users above but you must lose a total of 9 to 18 inches from your waist, abdomen, hips and thighs in just 3 days or your money back.

The incredible 'Money Back Guaranteed' Slim-Skins and complete "Permanent Inch Reduction" program— Thousands sold at $14.95... Now only $9.95!

PAT PEND © Copyright Slim-Skins 1978, Shane Enterprises, 9995 Hiway 50E, Carson City, NV 89701

THE SLIM-SKINS EXPERIENCE

BEFORE:
Sue London about to slip on her Slim-Skins and embark on the world's most exciting and amazing slenderizing program. Before measurements: Waist: 27," Tummy: 33," Hips: 38¼," Thighs: 23½"

Sue slips on her Slim-Skins—snaps the universal adapter to her vacuum cleaner and turns it on. Just 10 minutes of the rhythmic motions of the Slim-Skins "Permanent Inch Reduction" program and 15 minutes of pure relaxation—as the excess inches disappear like magic.

AFTER:
The Slim-Skins come off —and the excess inches along with them! Stunning results and possible only with Slim-Skins. After measurements: Waist: 22⅞," Tummy: 27⅞," Hips: 35¼," Thighs: 20"

TOTAL INCH LOSS: 19⅜"
TOTAL TIME: 25 Min.

SLIM-SKINS. **P.O. Box 3260, Dept. T-9 Monterey, CA 93940**

Please send me _____ Slim-Skins along with complete easy-to-use instructions and the universal adapter. I understand my results are guaranteed and, if within 2 weeks I am not completely satisfied, I can return my Slim-Skins and get my purchase price immediately refunded.

I enclose $9.95 for each pair of Slim-Skins plus .90 each for postage and handling.
☐ **Check** ☐ **Money Order** **No COD's accepted.**
Please charge to my: ☐ **Master Charge** ☐ **BankAmericard** ☐ **Visa**

_____ _____
Charge Account No. Exp. Date

Woman: Hip Size _____ Man: Hip Size _____

Name _____

Address _____

City _____

State _____ Zip _____

ORDER TODAY—SHED ALL THOSE EXCESS INCHES NOW!

Do you remember when you were little and used to sit on Daddy's lap while he told you stories long past your regular bedtime?

Or when you used to have those tickling matches on the living-room floor before dinner?

Or when he'd brush away your tears after you fell off your shiny new bicycle for the third time?

Well, now you're older. Bedtime stories, tickle fights and new bikes aren't a major part of your life anymore. And maybe Daddy isn't, either.

by Judi Marks

FATHERS & DAUGHTERS: the problems no one talks about

What's happened to that warm, fun, caring relationship you used to have with your father? We asked 'TEEN readers to tell us about it, and here are some of the responses we received.

Says Gail, 13, "My dad yells all the time. It seems he just doesn't understand me."

Vicki, 15, says, "He's constantly yelling at me over the smallest things. He doesn't allow me to explain any of my actions before he punishes me."

"We're always getting into arguments over dumb things," says Lisa, 14, "and he yells at me because he thinks he's always right."

Beth, 14, sums up the problem, "We seem to have a wall between us. We can't communicate. Sometimes days go by without us saying anything to each other."

These young women are expressing anger, fear and concern over their changing relationships with their fathers. Do you feel the same walls of silence and hostility developing between you and your dad?

A large percentage of teenage girls do. In fact, psychologists seem to agree that breaking away from father is a normal, natural occurrence in an adolescent girl's life. "It's a time," says Lorna Morris, marriage and family counselor for the American Institute of Family Relations in Los Angeles, "when a girl seeks to become an individual, but she's torn between becoming an individual and being taken care of."

You may feel that internal battle yourself. The outcome is often a very real battle of words with your dad.

"Between fathers and daughters, the problem of who's in control is very important," stresses Ms. Morris. Adds Gloria T. Hirsch, counselor and clinical director for Friends of the Family, a counseling center in Los Angeles, "The issues that arise between fathers and daughters are generally in the areas of control, power, independence and identity."

In other words, your desire for adult rights and privileges can conflict with your parents' desire for control. Tracy, 16, describes her problems in achieving adult status in her family: "I'm my father's little baby, the youngest in the family. He doesn't want me to grow up, so he

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doesn't give me any privileges." And 16-year-old Barbara says, "Dad won't let me do anything, so we get into a lot of fights and hassles. He decides he's the boss, and no one can tell him what to do."

You may be at odds with the "boss" in your house over some very basic issues of freedom. In Ms. Hirsch's counseling experience, "The issues over the years have fallen roughly into three areas: curfew, dress code and responsibilities around the house. And each of you wants to be the decisionmaker.

"This problem of who's in charge," says Ms. Hirsch, "is really natural to all families. And remember," she continues, "control and power are healthy issues. All human beings have to know that they can influence their environment and other people."

That means you may want to set your own limits once in a while. But your dad has spent all your growing-up years doing that for you, so now it may be difficult for him to give it up. Carried to the extreme, this power struggle could become a real war.

After a "discussion" with Dad, do you sometimes stomp off to your bedroom and slam the door behind you? Or sulk for days over the latest curfew argument? Or even sneak off with friends to do things you know Dad disapproves of?

If you're doing things you feel guilty and uncertain about "just to show *him*," you may be falling into a common trap. As Ms. Hirsch suggests, "When a father can't see that his daughter should have any say at all in how her life is lived, that's when you get the most deeply rebellious young women."

Rebellion isn't the only response to a changing relationship with Dad. According to Ms. Morris, "In adolescence there's a very well-known depression, too. That depression has to do with loss." The child is losing the parent, and she's losing that caretaking relationship. Thus there's a great deal of uncertainty and fear among teens during this period. The loss goes even deeper, though. Because her body is changing, a teen is also losing herself, or at least the little girl she used to be.

This physical change is the cause for many unspoken problems between fathers and daughters. Unspoken, because they have to do with the emotionally charged subject of sex.

"Enormous physical changes are taking place," states Ms. Morris, "but we don't recognize this as a special time in a young girl's life." Since society doesn't recognize or talk about these physical changes very much, it's hard for families to talk about them, too.

You may have had lots of open discussions with your father about other subjects before now, but suddenly there's only silence. Why?

"Basically," says Ms. Morris, "because these physical changes are sex-related. The daughter is no longer a little girl; she's becoming a sexual person." The result of this growing sexuality may be fear—in you *and* your father.

Like many young women, you may be uncomfortable with your changing body. All the anxieties related to menstruation and body development might be making you feel isolated and withdrawn from other members of your family. You feel different and uncertain, perhaps embarrassed. A large percentage of 'TEEN readers talk to girlfriends or write to us because they "can't possibly ask Mom" about their sexual questions and fears. It's understandable, then, that they'd be even less likely to turn to their fathers.

Besides this, fathers may have fears about the normal physical love expressed in families. Somehow the hugging and cuddling of young children, which is physically and emotionally satisfying, becomes highly controlled during adolescence.

In other words, fathers and daughters (and mothers and sons, for that matter) must stay "at arm's length" physically. As Ms. Morris says, "Father is struggling with his own feeling of sexuality in relation to his developing daughter. But he can't talk about sex with her."

Boys may become a girl's major topic of discussion and thought during teen years, but as Ms. Hirsch suggests, "The father doesn't want his daughter paying attention to other males." The reason may be jealousy, or it may be sexual fears for her. After all, states Ms. Morris, "He knows what young boys are capable of. It's a well-known fact that boys at puberty are more sexually motivated than girls."

A father's fears about his daughter's sexuality are also influenced by social and cultural changes. One of those changes is economic—we're a richer society. Because of that, notes Ms. Morris, "There's much easier access to the automobile. The car has altered our courting practices more than anything else in the past 2,000 years." Not only does the car give today's teens more mobility and expose them to more experiences, sexual and otherwise, but it physically separates them from their parents. The outcome is often very real fear on the part of parents.

Ms. Hirsch explains, "Fathers were raised in a world in which, for young women, being out in the community had elements of danger, all tied to physical hurt or sexuality." Thus, your father's protective feelings for you may grow even stronger during your adolescence. What was once the protective father of an adoring little girl becomes the over-protective father of a maturing and often angry young woman.

Fears for your safety may cause your father to set up strict rules for your behavior. To you they may seem dogmatic and irrational. As Ms. Morris explains, "A father can't prevent his daughter's growth into adulthood without enslaving her at a very early age. This has a lot to do with a teenager's feeling trapped and controlled."

Kris, 14, is one such teenager. She says, "My father is very over-protective and doesn't let me go out much. He gets angry very easily when I do."

What a father may fear, then, is the effects of society on his little girl. He sees her beginning to shift her allegiance to other males and to her peers. As Kathy, 16, states, "Dad trusts me but not my friends." And Terri, 15, adds, "My dad doesn't know how people act nowadays."

The adoring and idolizing relationship with Daddy begins to fall apart. This happens, Ms. Hirsch suggests, "because the young woman begins to take on the rules and beliefs of the adolescent community in place of her family's principles." In other words, there's a generation gap.

Psychologists routinely talk about the natural stages of life that produce this gap: the rebellion of adolescence side by side with the insecurity, conservatism and fears of the thirties and forties. What often happens in families, then, is that the children reach the rebellious teens just as the parents reach their own most anxious years.

As a result, states Ms. Hirsch, "Between generations there's always going to be a difference of opinion about what's right. That seems to be the nature of the life cycle. There's nothing wrong with that difference."

But when you've just finished a giant fight with your dad over staying out extra late on Saturday night, it seems like that difference is not only wrong but insurmountable. Eighteen-year-old Laura expresses the problem: "My father isn't too open-minded. I have totally different views from his, and it hurts rather than enlightens him when I speak up." And Erin, 17, says, "My father thinks I should have the same opinions he does. But he's conservative, I'm liberal."

But whether your differences with your father are political, social or emotional, they're still difficult to handle. You may feel fear, frustration and sadness about letting go of that close bond with Daddy.

Your father may be suffering through the same emotional struggle about letting you go, but with the added element of jealousy. Says Ms. Morris, "There's a conflict during this time that has to do with a parent's envy—envy of the vigor and eagerness of youth." Your father is experiencing his own aging as he watches you grow up. He's losing his little girl and his own youth at the same time.

Sixteen-year-old Karen sees this problem with her father. "He treats me like a baby," she says, "and yet he tries to talk to me like he's a teenager, not a parent!"

Or perhaps your father reacts the way 14-year-old Donna's does when he's troubled—by withdrawing. She says, "At certain times when I try to talk to him, he just sits and stares at the wall. And if he's the last one to turn to, it's not much help."

Sometimes it's helpful just to realize that your father is a person, too, and that he has troubles and worries typical for his age, just as you do for yours.

The key is to find some constructive way of dealing with those differences. "One of the unconstructive ways," says Ms. Morris, "is for the father to keep his daughter in absolute slavery from the time she's an infant. This would keep her a child forever, which of course isn't any solution."

The other alternative is to accept her growth into adulthood. "The family that handles developing sexuality well," states Ms. Morris, "is the one that has always accepted sexuality and affection from its members." That means that if there was acceptance and open affection in your family while you were growing up, it's more likely that you'll be accepted as a sexual person in your teen years.

Another bridge to the father-daughter barrier is communication. But communication requires work and caring, because "talking it out" can be frightening. "In fact," states Ms. Morris, "we are all fearful, adults as well as teens."

So put in that extra effort to help ease the fears. Here are some suggestions to end the communication gap between you and your dad:

1. When you're going out, let him know where you're going. It's better than having him pry beforehand to find out, or get angry afterward.

2. Tell him what you're planning to do. The unknown is often more frightening than the known. Your dad may visualize the activities of "typical" teenagers as a cross between the antics of Kotter's Sweathogs and

continued on page 96

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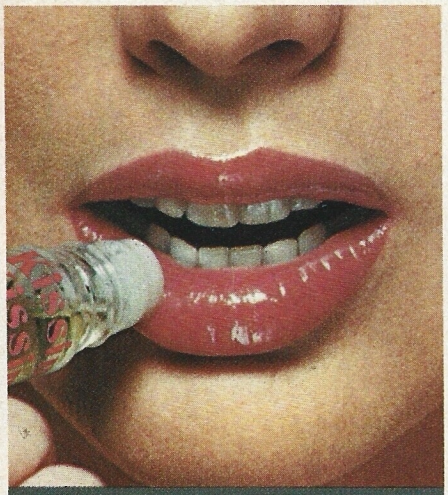

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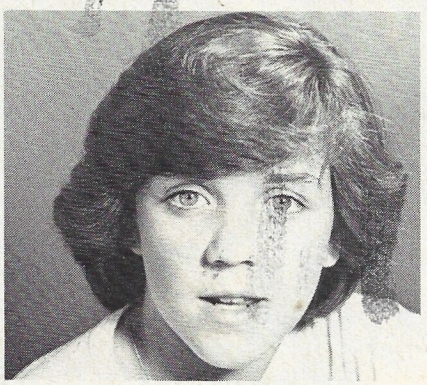
fragrance flashes



If you don't remember Andrea McArdle from the hit Broadway musical "Annie" (how can we forget!), she's the lovely 14-year-old that plays Judy Garland on NBC's "Rainbow." Young, energetic Andrea loves a fragrance frolic and tells with humor the time that she and a bunch of girlfriends went trooping off for a field day at the fragrance counter. They began spraying each other with the samples, and without realizing it they ended up at the men's fragrances. "We smelled so bad!" she recalled. When she's not kidding around Andrea wears a light fragrance in the daytime but prefers something stronger at night. She's been wearing fragrance since she turned 13. Why? "No special reason," she answered. "I'd just rather wear it than not!"

FRAGRANCE FORECAST

Is your scent sense affected by the stars? Check your zodiac sign and see if you're on the right fragrance frequency.

Aries

To find a scent that is uniquely hers, Aries will search through every cosmetic counter in town. Her preference leans toward very rich, full-bodied perfumes that she can dab on lightly.

Taurus

Nothing artificial for the Taurus girl! Freshly cut grass, flowers in bloom and refreshing ocean breezes are the smells she loves. Fragrances with simple floral or citrus notes are her favorites, naturally!

Gemini

It's not uncommon for Gemini to wear a light, modern fragrance in the daytime, then switch to a sultry, more sophisticated scent in the evening. Ever-changing Gemini is a mystery, even to herself!

Cancer

The harmonious Cancer girl looks for a fragrance that balances casual with sophisticated. She'll usually choose one of the more modern blends that carries several fragrance notes, perhaps a fruity/spicy scent.

Leo

Leo loves to be the center of attention and will usually choose a fragrance that expresses her outgoing personality. Full-bodied musk scents are her favorites.

Virgo

Versatile blends, usually floral, are Virgo's favorites. When she finds one she likes she's intensely loyal, and will often buy the entire line of lotions, shampoos and colognes that carry the same scent-sational smell.

Libra

Libra sees the advantage in owning all types of fragrances, but can usually balance her selections by having several scents on hand, like a warm musk for cool days and a light floral bouquet for hot weather.

Scorpio

The mysterious and glamorous Scorpio makes fragrance a necessary step in her daily beauty routine. Her dramatic personality can carry off full-bodied, smoky musks and warm, modern blends.

Sagittarius

The active, outspoken Sagittarius girl has cheerful, grassy-toned fragrances written in the stars. She can walk right up to the perfume counter and choose the perfect scent in a matter of moments.

Capricorn

Capricorn will search until she finds a scent that's as down-to-earth as she is. Natural, clean, woodsy scents suit her best, with an occasional splash of a floral blend when she feels daring.

Aquarius

Alive and adventurous, the Aquarius girl delights in free-spirited florals and warm musks. The modern floral blends are a good choice for her. They can combine cool with warm for a totally new scent-sation.

Pisces

Pisces is usually a "fragrance freak" and likes romantic, floral scents in the summer and warm, modern blends in the winter. When undecided she'll buy one of each, but she'll never go without!

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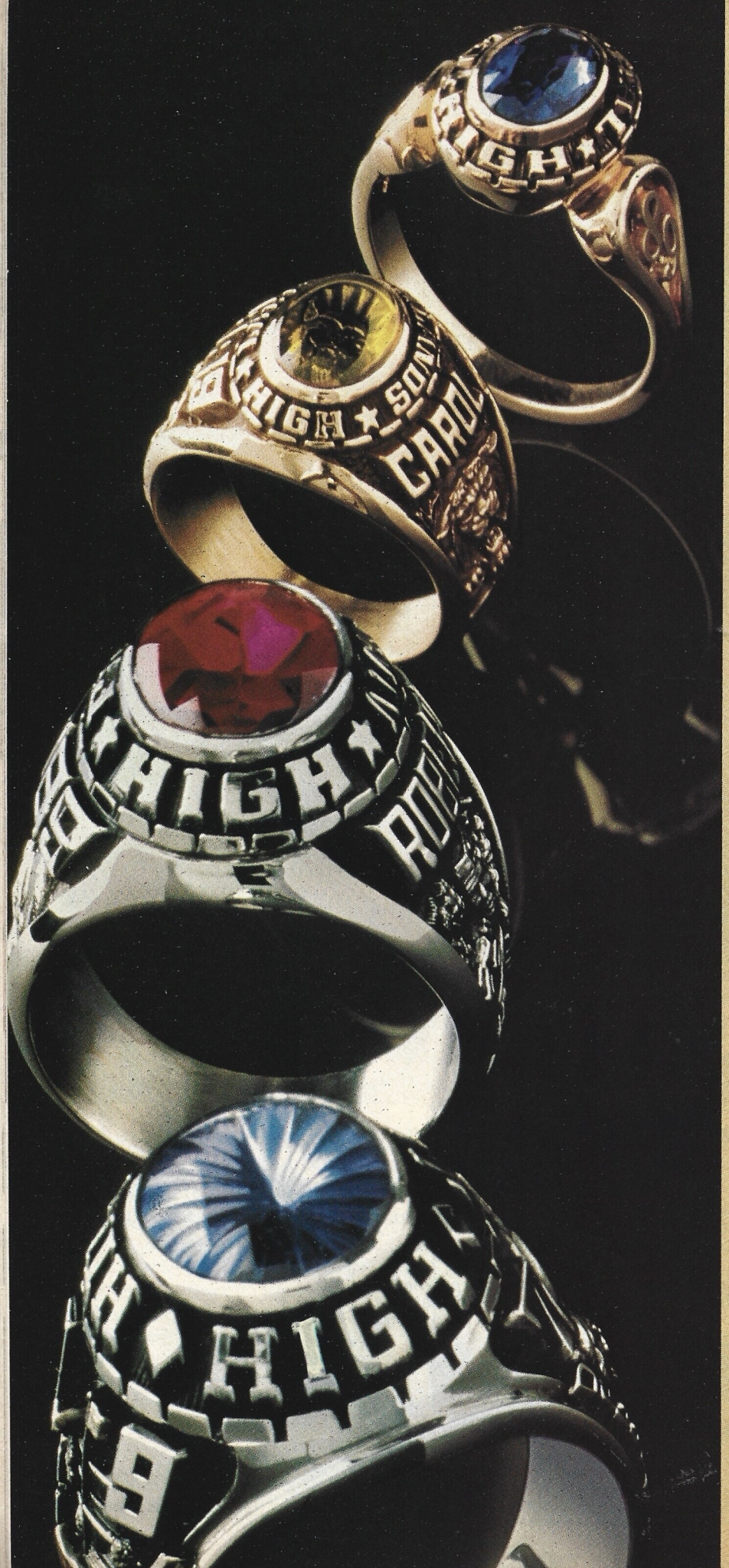

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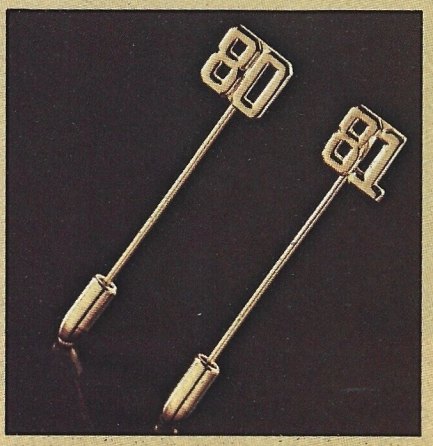

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by Judi Marks

The LONG and SHORT of it:

Gayle:

"I'm six feet tall in my stocking feet, and I've been that height since I was 14. I grew seven or eight inches in junior high, and got to be about 5'11". That was the roughest time, because girls grow so much faster than guys then anyway. And I was so acutely aware of it.

"When you're tall, you're always last in line, like for pictures. But at my junior high graduation, they lined up the tallest first to receive diplomas. I didn't want to be first, so I deliberately got sick that day. I didn't want to be known as the tallest person in the entire school!"

Pamela:

"I'm 4'11½". My whole body is small. My fingers are tiny. I notice being small when I'm in crowds. Everybody is way up high, and I'm looking at backs. But it's never bothered me.

"I think it bothered my father, though. I remember he used to measure me all the time, and he'd say, 'I know you're going to make 5'2"; I guarantee you'll be at least 5'2"!' Every time he measured me, the ruler would scoot up and the marks would get a little higher on the wall. And he'd say, 'Oh, you've grown!' I really hadn't. But I didn't care."

These two young ladies literally view life from two different perspectives—more than 12 inches apart! Yet they share some basic problems, fears and adjustments that most girls experience who are more than a few inches above or below "normal" height.

Average, for 18-year-old American women, according to the National Center for Health Statistics, is 5'4¼". That height is generally reached by the time a girl is 15 or 16 years old.

But long before that time there can be indications that a child isn't going to reach the "norm," or that she may rapidly surpass it. These very early signs usually reveal an extreme growth problem. They may point to a condition called acromegaly, also known as "giantism," which is due to hormone problems of the pituitary and hypothalamus glands. Or they may indicate achondroplasia, a genetic condition that causes dwarfs.

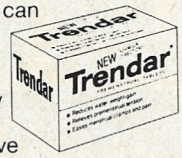
These two extremes, from well under five feet to over eight feet tall, are quite rare, according to Dr. Mark L. Saginor, specialist in internal medicine and endocrinology in Los Angeles. He says, "I've seen only one or two cases in general practice in ten years."

Short Stories, Tall Tales

QUESTIONS FOR KATE

Q: "I get so bloated before my period, I can hardly fasten my clothes. Will anything help?"

A: I recommend New Formula Trendar. Its special ingredient helps prevent uncomfortable water build-up that can bloat you out of shape and can make you feel tense and unhappy about yourself. Trendar helps relieve pain and cramps, too. Trendar gives more complete relief than the leading menstrual pain tablet. Take only as directed.



Q: "I'm shaving my legs twice a week, and I still have razor stubble. Isn't there a better way?"

A: Why don't you use Neet? Neet is pleasantly lemon scented, and it's so easy to use. In as little as 5 minutes, Neet removes hair beneath the skin line. So even days later, there's none of that ugly razor stubble.

Q: "Warts are no joke *to me*. How can I keep them from spreading?"

A: Warts should be taken seriously. They're caused by viruses and are infectious. So they can grow, spread, and develop into more warts. Get Compound W, a liquid that gets rid of warts in just days and so prevents spreading. Warts are no joke. Get Compound W at your drug store and get rid of them.

Q: "I cry myself to sleep over my acne. Is there a way to get help fast?"

A: Cheer up! A fast-acting acne medication, Dry and Clear, can give visible results in 5 days. Dry and Clear has an exfoliator recommended by dermatologists. It works to kill acne germs, flake away dead blemished skin layers, open clogged pores and reveal clearer skin. So smile. Now you can have visibly clearer skin in 5 days!

Kate

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That leaves the rest of us "normal" people who may range in height from a petite 4'11" like Pamela to a statuesque 6' like Gayle. But just because this range is considered medically normal doesn't mean it's easy to adjust to.

Though both young women we interviewed stress that they're satisfied with their stature, each expressed concern over the disadvantages her size brings.

Says Pamela, "Whenever I shop for clothes, I remember that I'm small, and I get really frustrated." With a size 4 shoe and a size 3 dress, a proper fit is hard to find, and the new longer styles can become tents for a tiny person. As Pamela suggests with some irritation, "With all the small people there are, it seems ridiculous to me that I can't find clothing!"

Gayle has experienced the same problem at the other end of the scale. She says, "With the fashions going long, it's easier now to shop for clothes. But when everything was mini-length, it was really hard." Gayle's solution? Home sewing, "so I could keep up with the fashions a lot more quickly," and shops that specialize in clothing and shoes for tall girls. The only problem now, says Gayle: "Tall-sized clothes are more expensive."

There are other height handicaps. In the career world, being short can shorten your list of prospective employers, especially if you want to break into a field newly available to women. For example, many fire and police departments have minimum height requirements. In Los Angeles it's 5'6". Less strict are the U.S. Army's new height requirement of 4'10", and the U.S. Navy's of 5'.

Traditionally female jobs, such as airline flight attendants, also have height standards, usually 5'2". That standard may not seem like a problem if you're 5'3", but if you're 5'1", that break-off point could cause you to break up over not reaching a cherished career goal.

Dr. Saginor, who teaches part-time at UCLA as an assistant clinical professor of medicine, says, "The predominant number of girls I deal with at UCLA want to be at least 5'6" It seems that their choice of ideal height is somewhere between 5'6" and 5'8", from a modeling or acting viewpoint." The word from modeling agencies backs up this statement. The general height requirement for fashion models is 5'7".

There aren't too many jobs that openly discriminate at the other end of the yardstick, but Gayle reveals a humorous story about her own early career aspirations:

"I love horses, and I wanted to become a jockey. In the sixth grade I was 5'3", just perfect. I was the tallest in the class, but it simply never occurred to me that I'd keep growing. At the time I thought I'd be just like Davy Jones of the Monkees. He was exactly 5'3" and used to be a jockey.

"But I kept on growing. So I thought maybe I'd be like Johnny Sellers, who's a 5'11" jockey.

"But I still grew. I gave up on becoming a jockey," she laughs.

Gayle is able to see the humor in her "growing pains," but often the disadvantages of your height can seem far from humorous, especially during adolescence.

Pamela recalls an incident about growing up short: "I'd go to a restaurant when I was, say, 15, and they'd give me a children's menu. I was so incensed! People think you're younger just because you're short."

Many short people suffer from the same misjudgments and frequently internalize them into negative self-images. Often, short people are seen as cute, child-like, less intelligent and less mature, simply on the basis of their height. Pamela, too, admits internalizing some of these values. She says, "When I was in high school, being with a girl a lot taller than I was made me feel young and 'goony' and sort of childish. It seemed that someone taller carried more space as a human being. And I'd just feel like less of a person."

Perhaps you enjoy the "cute" role your shortness thrusts you into, but others, like Pamela, don't. They prefer to be judged by who they are, not how tall they are. Nevertheless, such judgments are made all the time. Pamela reports being teased about her height, "but it wasn't malicious teasing, and it never bothered me." The report from the tall side is somewhat less encouraging.

Gayle says, "I was teased all through junior high and part of high school. There were three girls who used to station themselves throughout the school, and they'd call me 'Moose' every time I walked near them." Her reactions were understandable—anger and hurt feelings, often tears when she was alone.

The teasing didn't end with name-calling; it took a more physical form. "One of the girls came up behind me one day and yanked my ponytail! That tug just did it—that she had the nerve to do that. So I turned around and kicked her and yelled at her to cut it out. And she did from then on."

Gayle feels that taking the offense was sometimes the best defense against cruel and insensitive people. She says, "With those girls it was more a case of letting them do that to me, because I felt inhibited. But when you stop letting people put you down, you feel good about yourself."

Feeling good about yourself can be

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a bit more difficult in dealings with the opposite sex, however. Especially when you've met a cute guy at the snack shop and you stand up, up, up to say hello! Or when the top of your dance partner's head only comes up to your chin!

In those situations it's difficult to remember that the measure of a date isn't in inches anyway. But keep in mind that if your date's not self-conscious about your height, then you shouldn't be either.

Another suggestion for playing in the tall division of the teen dating game: look into the many tall social clubs springing up in cities across the country. The main organization is Tall Clubs International. They watch over the smaller local clubs and sponsor conventions, beauty pageants and social get-togethers. Though most of the clubs are "18 and over," some cities have teen tall clubs, too.

If yours doesn't, take heart. Most people find that the teasing and social cliques at school begin breaking up in tenth grade, and by college, height just doesn't matter at all.

On the short end of the dating yardstick, some young women find difficulty because their stature makes them seem younger than they are.

You may not be asked for dates as soon as you'd like because the boy next door thinks of you as the younger, rather than the shorter, sister. Or you may suffer from acute "crick-in-the-neck-itis" from dancing with your favorite guy.

But many short women have found their height to be an advantage in playing the dating game. One says simply, "Men like little women. It makes them feel masculine."

Even in a world striving for sexual equality, there are some mental hold-overs from a time when sex roles and images were more clearly defined. Most people still interpret large size to mean power, maturity and strength—traditionally masculine qualities. And small is thought to indicate docility, delicacy and helplessness—yesterday's version of feminine.

Though the images and realities are changing, many women at the extremes of the height scale are judged by those old standards. Pamela finds people's reactions to her interesting: "I think people feel you're less intimidating if you're small."

What can you do if you've "come up short" on the height chart? The same thing you do if you've outgrown it! Accept yourself as you are, and recognize that there's very little you can do to change it.

"Height," says endocrinologist Dr. Saginor, "is most frequently genetic, that is, based on hereditary factors. It's usually based on how tall your parents were or how tall your grandparents were."

His statement is especially true today since the national growth trend is leveling off. For about the past hundred years, each generation of children was taller than their parents, probably due to better nutrition and health care. Since 1960, however, the National Center for Health Statistics has studied teenagers and found that they no longer seem to be outdistancing their parents on the growth charts.

Dr. Saginor concludes, "Basically, if your parents are tall, you can pretty much count on being tall. I've seen some exceptions, but somehow that genetic information usually gets through."

Although your height might be just a quirk of fate or heredity, there are some scientific tests to determine just how tall (or short) you're going to be. Dr. Saginor uses x-rays of the patient's wrists (knees can be x-rayed, too). He says, "There are tables and graphs that can estimate how much potential bone growth is there, according to the x-rays. Based on the patient's current age and height, we can estimate how much further growth she will have."

If a girl's height seems unusual, Dr. Saginor recommends these wrist x-rays be taken when she's eight to ten years old, and then again when she's 11 or 12. That way the estimate of adult height is more accurate.

At either height extreme, there's very little that can be done medically to alter your growth. In the case of serious underdevelopment, research has been done using human growth hormone (HGH) extracted from the pituitary gland to increase height. But, says Dr. Saginor, "Getting HGH is extraordinarily difficult. This procedure is done only at major research centers. And even then its success seems to be self-limited by genetic problems."

For exceptionally tall girls, some doctors prescribe hormonal manipulation through the use of birth control pills to limit height. Dr. Saginor cautions, "It should be stated as a warning to young girls who haven't attained their full height that the estrogen in birth control pills can cause an initial growth spurt, yet prevent the long-term growth they might have expected." In other words, if you're 13 or 14 and measure 5'2", the use of birth control pills might restrict your growth to perhaps a half inch more, as opposed to the two or three inches you might otherwise have grown.

The reality, then, is that you may just have to accept yourself as you are. Sometimes it helps to see others in the same situation. Pick out your own height heroines—maybe petite Sally Struthers of TV's "All in the Family," or tiny, world-renowned gymnast Nadia Comaneci. Or how about the long and lovely Toni Tennille or the six-foot beauty Margaux Hemingway?

Another key is to "walk tall" no matter what your height. It says a lot about how you feel about yourself. And if you care about yourself, it shows!

If being awkward or self-conscious about your height slows you down, get into a sport that will help you. If you're tall, you might choose basketball. It can improve your agility and coordination. If you're short, how about gymnastics? Learning a graceful and difficult balance routine could make you feel ten feet tall!

Finally, listen to what others who've dealt with the problem have to say.

It all depends on your attitude. Small is smashing. And tall is terrific, too!

It doesn't matter how high you reach on that tape measure—in the short term or the long run you're great just the way you are!

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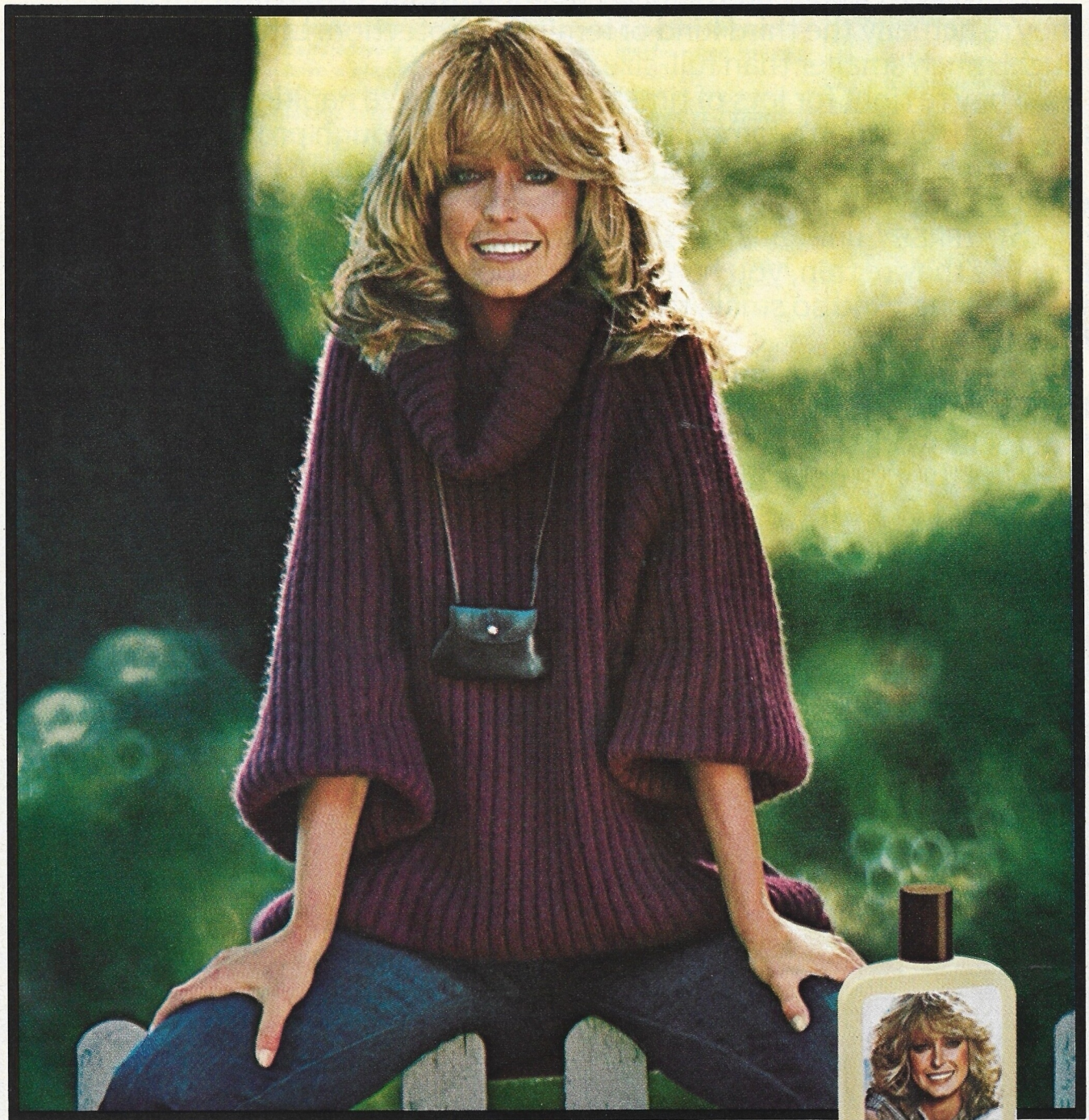

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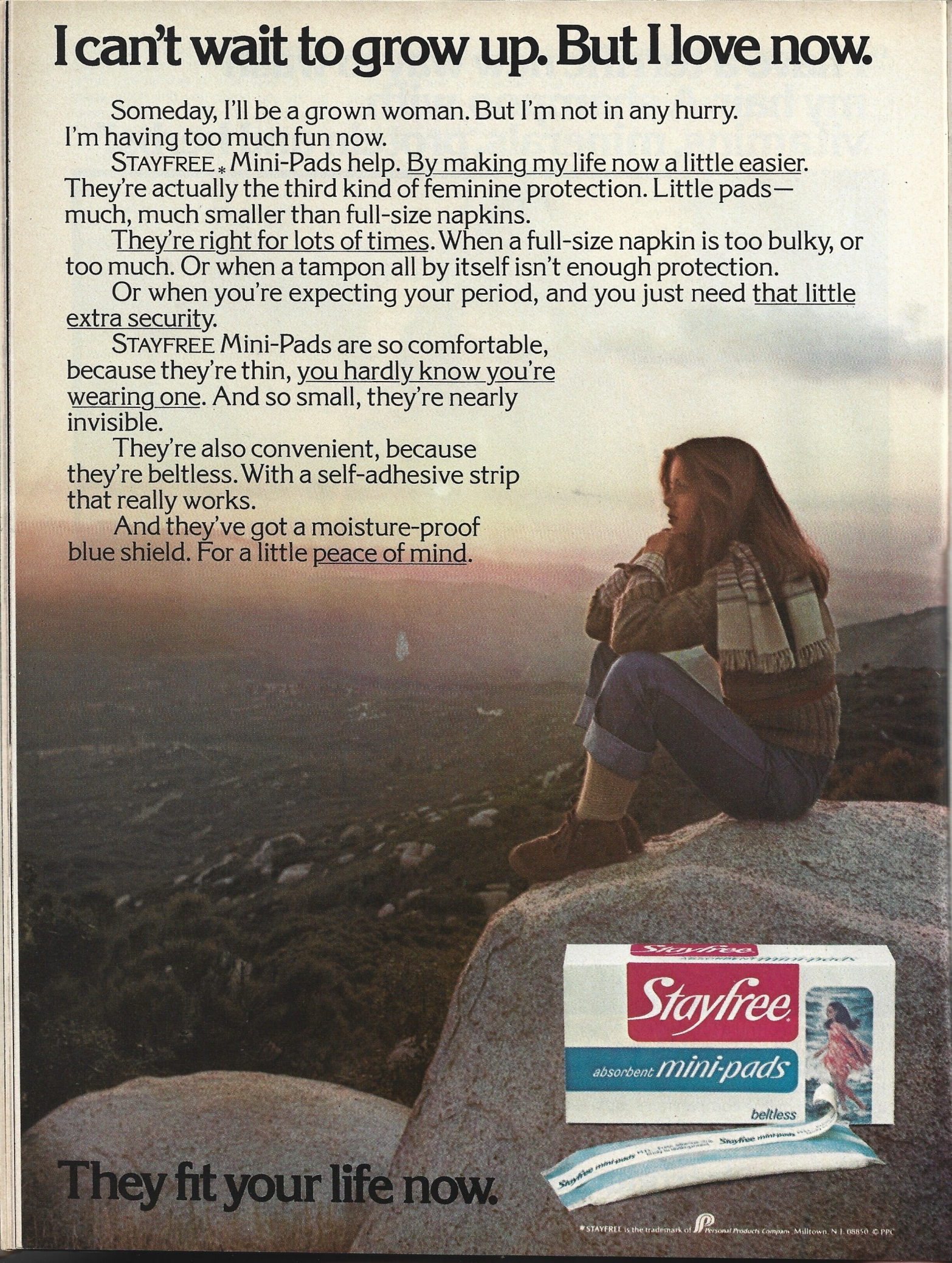

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dear jack

Dear Jack:
There's this guy on my track team (I'll call him Jeff) whom I like a lot. He would probably like me, too, except for one thing. You see, both of us are sprinters and we practice together after school. The problem is that I always beat him. The coach gets really upset if I let Jeff win, because I'm actually much better. When I win Jeff gets really upset and won't talk to me! What should I do? Should I keep losing or what?

Speedy

Dear Speedy:
Keep doing your best. Jeff would be even more upset if he found out that you were losing to him on purpose.

Unfortunately, it's sad but true that many guys don't like losing to a girl, especially when it comes to sports. However, there's a way you can get Jeff's attention and keep on winning.

Ask him to help you in a particular area of sprinting that he's very good at (even if you're good at it, too). This will boost his ego by giving him the opportunity to teach you something. It won't be long before the situation reverses itself—he'll be encouraging you to do your best and feeling a sense of accomplishment when you do!

Dear Jack:
My best girlfriend and I both work as Candy Stripers at our local hospital. My friend likes one of the guys who works there. She and he are both very shy so I end up talking to him a lot, mostly for her. The problem now is that I've started to like him. I have a feeling that if he knew I liked him, he would like me, too. But if he did like me, I'd lose my best girlfriend!

I've tried to forget him but it gets worse every time I see him. What should I do? Keep my friend or get the guy?

Don't Know What to Do

Dear Don't:
This is a very delicate situation and should be handled very carefully. You have a choice: keeping your girlfriend or risk losing her friendship for a guy you're really not that sure about.

If you want practical advice, I suggest that you give up on the guy, at least until you're sure that a relationship between him and your girlfriend would never work.

Wait until your girlfriend has found someone else before you approach the guy again, and before you do, tell your girlfriend. Don't tell her that you've liked him for a while or she might feel that you've betrayed her. Hopefully, once she's found someone else she won't be jealous, but at least she'll be glad you confided in her before making a move. It may take some time, but time and patience are your only practical, no-risk alternatives.

Dear Jack:
I need your help. I'm 18 and a senior in high school. My boyfriend is 17 and a junior. We really care for each other, but my friends and his think that the age difference is too big and that we should stop seeing each other.

I'll be leaving for college next year, but he won't start until a year later. We both plan on attending the same college. I don't want to lose him, but I don't want his friends to keep giving him a bad time about me. What should we do?

Confused in Illinois

Dear Confused:
In high school, a one-year age difference may seem like a lot, but you'd be surprised how little it means when you're in college and how truly insignificant it becomes later on. If the age difference really bothers you and your boyfriend now, it would probably be a good idea to split up and resume the relationship later, maybe when you're both in college.

If neither of you wants to split up, then you should either ignore your friends or explain to them that the age difference doesn't mean much to you. Just make sure you mean what you say, because if it does bother you, the pressure could get worse and spoil your relationship altogether.

Discuss the pros and cons with your boyfriend until you come up with an agreeable solution.

Dear Jack:
I date a lot of guys at school, but I don't want to get serious about anyone right now. Most of the guys I date want to get serious. What can I tell them without making them hate me?

A Friend

Dear Friend:
Tell them the truth! What you've just told me is sufficient. Just remember to set them straight at the beginning of your friendship, so they can't claim later that you led them on. Anyone who would hate you for this is too immature to worry about. Be friendly and honest; that's all you can do.

Dear Jack:
My mother and father won't let me do anything. They say I'm old enough to accept responsibility, but they won't give me any! Most of my friends' parents let them do a lot of things, but not mine. I can't drive the car alone at all, and they still won't let me stay out past midnight. I am seriously thinking of running away, because I'm starting to resent them and I really don't think they care about what happens to me. What do you suggest?

Leaving

Dear Leaving:
Proving that you're growing into a responsible adult takes time and patience. It's a big adjustment for both you and your parents to make, but running away isn't going to solve anything. This letter from another teen tells it all.

Dear Jack:
I am 16 years old and recently learned a valuable lesson that I would like to share with your readers.

There are so many teens who think running away from home is going to solve their problems, but believe me, it's not true. Running away only postpones them and can really mess up your life. When I ran away from home I had no idea of the pain I would be putting my friends and family through, not to mention some terrible experiences I had that will haunt me for the rest of my life.

Before I left I was a straight "A" student with privileges most girls my age didn't have, but I wanted my independence, so I ran. Now I have less freedom than before.

Readers, if you think you have problems, don't run—get help! There are always friends or counselors that will listen to you and help you with your problems at home. Don't ruin your life by running. You'll make everyone miserable, including yourself.

K.K., Kan.

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dear jill

Dear Jill:
My father just got married to a woman whose daughter I was seeing. We live in the same house now, and she and I would like to go out together.

My father doesn't know this, and he's always so busy I don't have a chance to talk to him. I don't think I could anyway.

I don't know if going out with her would work or not. Would it be wrong *not* to go out with her because she's my stepsister? What if we went out and then broke up? If that happened, I don't know how I'd feel when she went out with other people.

I care for her very much and would appreciate it if you'd help us with our problem.

Loving Stepbrother, N.Y.

Dear Loving:
Whether you talk to your dad or not, he'll find out sooner or later that you and your stepsister care for each other, so it would probably help to discuss it with him now. You might be surprised to find that he's not "always so busy" if you ask him for some private time to talk about a personal problem.

You're also right to consider the possible problems that may arise from dating your stepsister, such as breaking up and how it would feel afterward. That way, when and if a problem does come up, you'll be better prepared to cope with it because you've thought about it.

But remember, too, that anticipating trouble can be a problem in itself. It keeps you living in the future rather than the present. Instead, try to deal with the here and now—like talking to your dad and enjoying that date with your stepsister!

Dear Jill:
I have a big problem. My dad acts as if he doesn't like me. He never says anything nice to me. All he does is yell at me or say things in a loud, mean voice. I love my dad. Please try to help me.

Help, Calif.

Dear Help:
It's hard sometimes to see our parents as people, but they are—with many of the same problems, cares and fears as everyone else. Perhaps your dad is having trouble at work, or feeling an emotional or financial strain right now. Unfortunately, when we have problems we sometimes take them out on the people nearest and dearest to us. This may be true in your dad's case.

Or you may have reached a normal father-daughter barrier that seems to occur in many families when the daughter reaches adolescence. There's often a natural pulling away from each other when the girl begins to develop into young womanhood. (Read "Fathers and Daughters: The Problems No One Talks About" in this month's issue.)

One solution to your problem might be to sit down quietly and talk with your father when you're both feeling pretty good. Too often we only take time to talk to people when something's gone wrong. Why not share some pleasant talk with your dad—about school or friends or your interests? Hopefully he'll get the loving message you're trying to convey. Good luck!

Dear Jill:
I hope you'll answer this letter before something terrible happens. I have a niece, 3½, and a nephew, 2½, and their father beats them. He punches them very hard—I've witnessed this numerous times. I'm afraid he might seriously hurt them.

I can't intrude in their lives, but I'm afraid the kids will get hurt. I told my sister about it, but she thinks he's just slapping them hard. I don't want to report him, because it will hurt my sister, and she and I are very close. Please answer this before it's too late.

Concerned, N.Y.

Dear Concerned:
Since you and your sister are close, please express your feelings to her again. Maybe she can discuss the problem with her husband. Sometimes it's difficult to draw the line between physical punishment and actual child abuse. But if your sister and her husband feel they're crossing over that line, they might choose to contact Parents Anonymous (a toll-free number is listed in your phone book). P.A. is a self-help group and preventive program for parents who abuse their children and even for those who simply fear that they might.

If talking to your sister doesn't work, tell another responsible adult—perhaps your parents. If they think the problem is continuing and is as serious as you say, they may choose to talk to your sister or report any actual child abuse to the proper authorities.

Dear Jill:
I'm 15½ and haven't had my period. I have no bustline, but I started wearing a bra in the eighth grade. I don't think there's anything wrong with me, but I still find it hard to understand my body. Every morning I wake up depressed and stay that way all day. Why haven't I started developing? I'm so ashamed of my body.

Slow and Dumb, Idaho

Dear Slow:
Have you talked this problem over with your mother? Sharing your fears with her might ease your feelings of shame and depression.

Although most doctors say the average age of menarche (first menstrual period) is 11 or 12, some girls don't have their first period until 13, 14 or older. Most likely your body is still developing, so there's no reason to be alarmed. And there's no reason to be ashamed either. Many girls simply mature more slowly than others.

But I would suggest you visit your doctor after talking with your mother. The doctor will be better able to give you some definite answers about your body.

Dear Jill:
I have a best friend who's never looked pretty in her whole life, but she always has a boyfriend. Everyone says I'm pretty and she's ugly, but all the boys don't even know I exist. What should I do?

Hopeless, W.Va.

Dear Hopeless:
You need to worry less about the fact that your friend has something you don't, and spend more time watching how she interacts with other people!

As the saying goes, beauty is only skin deep. Most likely your friend has an inner beauty that attracts others. Being pretty doesn't always guarantee a boyfriend. But personality, kindness and friendliness might.

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Close-up gave me whiter teeth, fresh breath ...and a love poem from Patrick.

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I can honestly say Close-up made a big change in me. And it changed Patrick, too. He went from platonic to very poetic.

Whiter teeth, fresh breath, and Patrick. Not bad for a toothpaste.

dear doctor

BY ERIC COHEN, M.D.

Dear Doctor:
I'm 14. Once every two months I get a sort of attack—my heart starts beating really fast. This keeps up for about half an hour. What causes this, and what should I do about it?

Sue, Calif.

Dear Sue:
Attacks of this sort can be caused by anxiety. But to be extra sure that the heart muscle and its electrical conducting system are normal, you should see a doctor. He can check your heart and perform an electrocardiogram.

An "ECG" is a painless way for the doctor to see on paper how the electrical activity of your heart is functioning.

I might also add that the vast majority of attacks such as you describe are perfectly harmless, and you would be best off sitting down and relaxing during the attack.

Dear Doctor:
I'm 12. Last summer I burned my thighs with hot cooking oil. My legs have healed now but are scarred.

A friend invited me to her swimming party recently, but I told her I had a cold and couldn't come. The truth was I didn't want anyone to see my thighs. I've thought about skin grafts or plastic surgery. Cocoa butter isn't helping me. What should I do?

All Burned

Dear All:
Two things are important in discussing your problem. First, how large an area do the burns cover? If the area is extremely large, say more than half your total thigh area, then skin grafting would probably be impossible. Even if the area is smaller, and you did decide to have a skin graft, there would always be some difference in the appearance of the skin over your thighs.

Second, how do you feel about yourself? Forget for one moment your scarred legs, and ask yourself the following questions: Am I a good and worthwhile person? Do I have qualities that would make me valuable as a friend?

If you can answer these questions with a "yes," then I think you should step back from yourself. Look at your legs and say, "My thighs are a very small part of me. I am beautiful in many other ways."

Dear Doctor:
Help! I'm a nose-spray addict! I'm 16 now, and when I was 13, my nose was stopped up all the time, so I started using nose spray. From then on I've depended on it all the time, because I can't breathe without it. I really want to know how to get unhooked, because I'm tired of carrying nose spray everywhere I go!

Stopped Up, Ky.

Dear Stopped:
A problem like yours can develop so slowly that you don't even realize you have a problem until it's too late. Let me explain for a moment what's happened inside your nose from all that nose spray.

The chemicals in the spray cause the blood vessels in your nose to narrow. When this happens, the swelling in your nose eases, and you're able to breathe again. But the cells in the nose lining then get less blood when the vessels narrow and therefore receive less oxygen. So when the medicine eventually wears off, the blood vessels must not only open up to their previous size, but must open even wider to provide the oxygen the cells so badly need.

This complicates things, because as the vessels open wider, the swelling becomes even worse in your nose. So it becomes a vicious cycle.

Clearly, you must stop using the nose spray. You should buy antihistamine pills from your druggist and take them when the swelling gets intolerable. It's much easier to taper off oral medication than to taper off nose spray. It may also help to consult your doctor and have him check you as you decrease the oral antihistamines.

Dear Doctor:
I have a question about wearing tampons. My mother says I shouldn't wear them because they will break my "virgin layer of skin," as she calls it. Is this true?

I find myself feeling self-conscious about whether my pad is showing through my clothes. I'm 14 and have a medium flow during my period. Please help. I don't want to lose my virginity just because I'm a little self-conscious about my appearance.

Self-Conscious and Confused

Dear Self-Conscious:
Many women are self-conscious about wearing a pad during their period. The hymen, or "virgin layer," as your mother describes it, is in fact a ring of tissue rather than a solid covering of tissue. If it were a solid covering you wouldn't lose your blood flow at all during your period each month. More often than not there is enough of an opening in the hymen to allow easy insertion of a tampon or mini-tampon. With careful instruction by a qualified person, such as a nurse, nurse practitioner, physician or women's health care specialist, it should be easy to learn how to insert a tampon.

Using a tampon is simply a personal hygiene aid during menstruation. Tampons do not make you any less a virgin.

Dear Doctor:
Recently I heard that your dreams only last for one minute, then they just fade away or you wake up. I know dreams usually act as a caution, but could you please tell me more about them?

Curious Dreamer

Dear Curious:
Many books have been written about dreams. Sigmund Freud, the father of psychoanalysis, used dreams extensively in his work on emotional problems.

You can think of a dream as a flow of electrical information in your brain, representing various thoughts and emotions.

During the sleep state, when we reach a certain level of unconsciousness, we become aware of these dreams. Generally speaking, they represent issues which we haven't completely dealt with or resolved during the waking hours.

What you've heard about dreams lasting only a minute or so is true. Also, we rarely remember our dreams unless we're actually awakened during them. In addition, scientific studies have shown that people can become very irritable and anti-social if kept from dreaming for a long enough period.

However, I don't agree with you that dreams "act as a caution." They don't have any more predictive value than looking into a crystal ball or reading the palm of your hand.

Not to replace your doctor, but to obtain additional information, write to Dear Doctor, c/o 'TEEN Magazine, P.O. Box 3341, Hollywood, CA 90028. We can't answer letters personally, but we try to publish those that are of widest interest to our readers. You can also join 'TEEN's Research Gang (TRG) by enclosing a self-addressed, stamped envelope with your letter. On the back of it write "Send me a TRG card." 'TEEN will in turn send you a TRG card plus a questionnaire that you can doodle over, fill out and return at your option. The questions will relate to beauty, fashion, entertainment, products and all the things you'd like to read about in 'TEEN.

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Hurry Up and Love Me

BY RUTH ALLISON COATES

Laurie was sitting at her dressing table. It was early Saturday morning. She hadn't slept well. Dan was on her mind. And caps and gowns, graduation, the yearbook, the million good-byes. And Dan. Always Dan.

She picked up the gardenia corsage he had given her for last night's prom. It was wilting and turning brown. She should have put it in the refrigerator. But for what? A left-over corsage for church or whatever never seemed right to Laurie. These last few days of school were whirling to a close. There wasn't time to think. Just hurry, hurry, Laurie. Hurry, hurry, Dan and Laurie.

She sniffed the gardenias. Maybe she could still press the corsage and tape it, thick and lumpy, in Volume III of her scrapbooks. All the other scrapbooks—one for each year in Marten High—were thick and lumpy. A tassel here, a ribbon there and dog-eared programs jutting everywhere. Even a big Snoopy button. A precious shambles, every one.

Volume III was special because it held souvenirs of Dan. Dan had come into her life last September when school started. It was crazy. They happened to sit together at the opening football game. During the frenzy of the first Marten touchdown, Laurie and Dan grabbed hands, leaped to their feet and cheered like mad. As the shouting died, they looked at each other in surprise. They were still holding hands. They laughed. They were in love. In a twinkling it had happened. All during the rest of the game they kept turning to gaze at each other in delirious surprise. Didn't anybody notice?

Within the week Dan had asked, "Let's go steady, Laurie. Okay?" He had brown eyes, and lashes so thick you'd think his lids would be weighted. He was head and shoulders taller than Laurie. He was on the basketball team and vice-president of the senior class. He was going to be a chemical engineer.

"Yes." Laurie nearly died with joy. Dan gave her a gold locket and she wore it on a chain next to her heart. It was like an engagement ring. It meant that something more wonderful than what they had now was ahead for them. Somewhere. Sometime. Laurie felt it. Only what was it? Did Dan feel it too? He must have, for he walked home with her and waited places for her and looked for her when she wasn't there. He was always at her house, in between telephoning. They hungered for each other and were never filled. It was wonderful. It was frightening.

Laurie looked at her calendar in its neat pink frame and her eyes filled with tears. This was the first time she had cried, really cried. Monday Dan graduated. Tuesday he was moving to Chicago with his folks. She had long ago circled the awful date in black. Over the weeks she kept jabbing away at it with pins or making vicious doodles with more black ink, and once she smeared daggers of lip gloss over it. Each circle of her remorse kept spreading wider and wider till the whole month of June looked like a sea in turmoil. Well, it was!

She tore June off, crumpled it and threw it into the wastebasket. And June had just begun. But she couldn't bear to look at the date another day. She grabbed up the big photograph of Dan—he shouldn't be smiling, she wasn't—and held it to her and cried. "Oh, Dan! Don't move away!"

She looked at herself in the mirror. Ugh! She looked awful. And this was picnic day. After the prom and the midnight breakfast she and Dan had stood on her porch kissing goodnight in the waning moonlight.

"Hey, Laurie!" said Dan. "Let's go on a picnic tomorrow!"

"It is tomorrow, silly." She kissed him again.

"Okay." He kissed her back. "So let's go on a picnic today. A special picnic."

They kissed in agreement. Only how could a picnic be special, Laurie thought. Every moment with Dan was special. Every moment apart was anguish.

"I better go," he said. He did this more and more lately. Kissed, laughed, held her close, fondled her long blond hair. Then—bang—he turned himself off, about-face, as if something frightened him and he must run. Laurie understood. It frightened her too. They wanted each other. They wanted marriage now. How long could they endure, turning themselves off this way?

She'd have to use her cover stick for the shadows under her eyes. Her hair still looked nice, though. She took the brush and gave herself fifty stern strokes, admiring the

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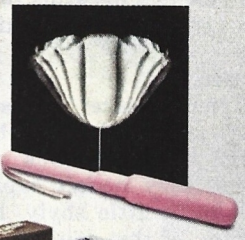

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An improvement you can really notice.

shimmering fall of natural ash blond close about her face. It was a slim, pensive face. Her nose was nice. She didn't mind the few freckles. A hot bath and her best cologne would reshape the rest of her. She went to the bathroom, filled the tub. She wanted to be beautiful for Dan always. Even when he was a million miles away in Chicago. He must never see what the misery of missing him did to her.

He had seen her cry once. When Meg died. Meg was their ten-year-old cocker. She was one of the family. A truck had struck her. Laurie huddled in Dan's arms and wept convulsively without stopping. Dan had held her close. "I can't stand to see you cry, Laurie." His own eyes brimmed with sympathetic tears. The comfort of his arms and his voice was something else. Soon after that they planned their lives.

Laurie would finish high school next year, then come to whatever university Dan was enrolled in. Then they'd get married. But it all seemed so far away. A dream.

Laurie put on her new jeans and started downstairs. She paused at her parents' room. Her mother had already made their bed. Her father had a standing golf date with Uncle Fred every Saturday morning. Laurie stood looking in at their room as if it might tell her something. She had stood here last night—no, this morning in the wee hours—when her mother heard her come in. Her mother had whispered sleepily through the dark, "Have a nice time?"

"Super," Laurie whispered back.

"I'm glad. 'Night, dear."

"'Night, Mom." She stood there a moment wanting to ask something. She wasn't sure what it was.

The kitchen was flooded with sunlight. It was yellow. Even on glum days it was sunny.

"Oh, good morning, dear," her mother said. She was baking brownies again. She liked Dan. He ate his weight in brownies every time he came. "I thought you'd sleep till noon."

"We're going on a picnic," said Laurie. *A special picnic, that's what Dan said. I think I know what he means. And I'm afraid. Is it all right to make love, just this once?*

"When are you going?"

"Going? Oh . . . noon. Dan has to help out all morning at the station." For two summers Dan had pumped gas. He had saved three hundred dollars toward school and built his own dune buggy from scratch. Laurie helped him paint it, green with gold swirls and swishes. Every time they took off they felt as if they were riding Pegasus and at any moment they would soar away and leave everyone and everything behind. If only they could.

Her mother spread the chocolate in a pan. "My, we're going to miss that boy around here. Tell me about the prom."

There was nothing to tell. She danced with Dan, she ate breakfast with Dan and Dan brought her home. "It was okay," she said, and moved to the window. The twins next door were playing in their sand pile. The rose bushes were beginning to bloom. Mr. Hedge was trimming his hedge. She and Dan had made a joke of that once; now the chuckles were gone.

Her mother slid the brownies into the oven. "I can't believe you're a senior now, Laurie. It'll be a good year. There'll be other young men, don't worry."

"But I don't want other young men," she said rather sharply, and was sorry. *I only want Dan.*

"I know," said her mother gently.

But she *didn't* know, thought Laurie. She had everything—Daddy, a three-bedroom house, a car of her own. She forgets how it is to have nothing if Dan isn't there.

"The brownies will be done for your picnic," her mother said. "There's a new loaf of cheese if you want to make cheese sandwiches."

Laurie rolled her eyes. Dumb, dumb! She had actually forgotten there was food to fix. A picnic without food, that's how it would have turned out if it had been left to her. Dan did this to her.

She made the sandwiches, found half a sack of potato chips, then iced the brownies when they were done. She spent half an hour trying to find her lost sneakers. They were under the lounge chair in the den. She worked a while on her needlepoint. She carried six volumes of the encyclopedia to her room and pressed the corsage between blotters. All the while she was waiting for Dan.

The phone rang. It was Dan. "Hi, favorite girl!"

"Hi!"

"Small problem. I've got to run an errand for my mom. I'll be twenty minutes late."

"That's all right."

"See you then, beautiful."

Her mother's eyebrows had raised. "It was Dan," Laurie explained. "He has to run an errand for his mother. He'll be twenty minutes late."

Her mother laughed. "And if Dan says twenty minutes, he means twenty minutes. I've never seen such a dependable boy."

Laurie turned sharply away, to the twins and Mr. Hedge and the rose bushes again. Her mother was humming over a casserole.

Why can't people close by hear you when you're crying inside for help? Laurie wondered.

Laurie bowed her head, suddenly remembering Gloria. Gloria was a sort of friend. They used to walk together between French and biology classes. A few times they had Cokes together. Had Gloria cried out to Laurie and Laurie not heard? Gloria had gotten pregnant and quit school and never came back. Laurie saw her once on the street and Gloria's cute scrubbed look and giggles were gone. The boy had finally married her.

Laurie carried the picnic basket and her sweater out to the front porch and sat waiting on the top step. She went back into the house to tell Mom good-bye. It seemed important. It was really good-bye to herself. She wouldn't be quite the same Laurie after today. She kept hoping her mother would hear her begging for advice. But if she *begged* so hard . . . didn't she already know the answer?

"I'll be going any minute," Laurie said and kissed her mother.

Her mother raised her head from the casserole and smiled in sweet surprise at the kiss. "Have a good time, dear. It's a beautiful day."

The bleat of Dan's car sent her running. He was standing in the grass. He held out his arms to her and she flew into them. He spun her in circles. He kissed her. "Hey, I did that last night."

"I forgot," she teased.

They loaded the picnic basket and set off. The open road was theirs. They lived in the suburbs so it wasn't far to the country. Dan liked the back roads. The hilly, curvy ones. The ones they hadn't explored yet. Laurie looked sidewise at him, a little shyly, hoping to find in his profile the meaning of this day. The courage for this day. She was going to give herself to Dan, no matter what the cost. For the first time since she began dating him, she felt alone. Apart. It was a cold feeling. Like a bleak November day. She'd rather have June back.

Dan smiled at her. She smiled too, and snuggled against him. He had always taken care of her. He would take care of her now. Now and forever. She closed her eyes and began to hum one of the Linda Ronstadt tunes they liked. Dan joined in. He had a nice voice.

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AZIZA DEMONSTRATES MASCARA WITH CONDITIONER. IT BEAUTIFIES EVEN AFTER IT'S OFF.

Sweep on this luscious mascara, and it will make your lashes look full and unusually luxurious. With a silky feel and luster that seem beautifully natural, never stiff or brittle. Because Aziza Mascara with Conditioner has a rich conditioner blended with a fine, long-lasting mascara formula.

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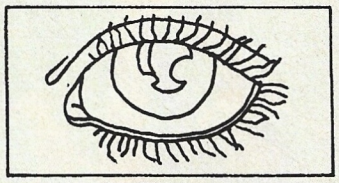
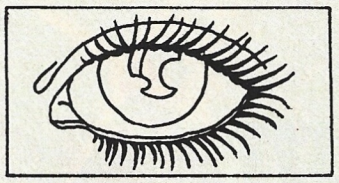


Lashes before Mascara with Conditioner.



Lashes after Mascara with Conditioner.

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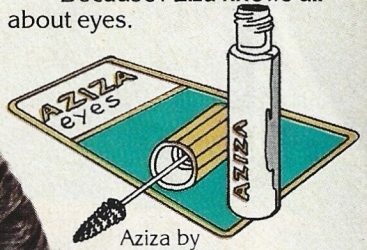

Aziza by
Prince Matchabelli.

BRACE YOURSELF FOR STRAIGHT teeth

If your teeth are out of line, crowded, crooked, gappy or protruding, you don't have to just grin and bear it, because wearing braces will realign your smile.

Whether you need braces or are already wearing them, here are some positive answers to help straighten out your toothy problems.

Why do I need braces?

If your teeth don't line up and are crooked or protruding they can ruin a pretty smile. This condition is known as malocclusion, which literally means a "bad bite."

Although it's often due to heredity, there are a lot of different reasons why teeth can be out of alignment.

The size of your teeth and jaws (both of which are hereditary) affect the position of your teeth. If your jaw is too small or your teeth are too large, the results can be overcrowding, crooked teeth and a bad bite.

An uneven lineup could also have been caused by your baby teeth. If these are lost too soon before your permanent teeth come in, or if they stay around too long, the line-up of your permanent teeth can be adversely affected.

Habits, like thumb sucking or continually pushing your teeth with your tongue at an early age, can also have an adverse effect.

Whatever the cause, if you're unhappy about the way your teeth line up, orthodontic treatment can help straighten things out.

What's an Orthodontist?

An orthodontist specializes in straightening and moving teeth into their correct position. Besides having four years of dental-school training, he or she has had two more years of special training in orthodontics.

When should I get braces?

Your dentist is usually the first person to see that your teeth are out of line, which is one reason why regular checkups are so important.

Generally, the type of problem you have determines when the best time is for braces. Some orthodontic work, to help reform bone structure, should start at an early age, sometimes even as young as eight years old.

Problems are usually most obvious when your permanent teeth start to come through, but an orthodontist may often wait until *all* your permanent teeth have made a complete showing before putting on braces. For girls, this is usually around age 11, but can be as late as age 14.

Having your tooth problems straightened out isn't a now-or-never situation, however. Even if you said goodbye to your baby teeth long ago, you can have your teeth straightened at almost any age. Remember, though, the longer you let your teeth go their own way, the harder it'll be to persuade them to go in the right direction.

How much does Orthodontic treatment cost?

Having braces is expensive, but the actual price varies according to how much work needs to be done and how long the treatment will take. There is usually an initial fee due when treatment is started, but the remainder of the cost can be paid in installments.

If your parents have a dental insurance plan, check to see if it will cover your orthodontic treatment. Also, if you have a part-time job you may be able to finance some of the treatment yourself.

What will happen on my first visit to the Orthodontist?

Nothing scary. The orthodontist will examine your teeth and the structure of your face and jaw, and will check your medical and dental records.

You may also have x-rays taken, your face measured and a plaster cast made of your teeth. However, these procedures vary from one orthodontist to another.

What are the different types of braces?

There are removable appliances available which are sometimes used for certain types of tooth realignment. In most cases, though, braces must be permanently fixed to the teeth in order to help straighten them.

Traditionally, braces consist of stainless steel bands which go around the teeth and are cemented into place. These are known as "banded" braces.

There are also braces with bonded brackets made of metal or plastic. Instead of bands that go around the teeth, the brackets that hold the wires are glued directly on to the teeth with a special adhesive.

The plastic bonded braces are nice because they are hardly visible, but they do tend to stain and break more easily. So they are usually only used in special circumstances (if the patient is an actress or model, for example), or if the braces only have to be on for a short period of time.

Can I choose the braces I want?

Not usually. This really must be left to the orthodontist and depends on the type of treatment you need.

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He can always spot the girl in Blue Jeans*
BLUE JEANS® cologne of course.
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TV VIOLENCE AND TEENAGE CRIME

ARE THEY LINKED?

BY SUE BROWN

Perched on the edge of your chair, tense with anxiety, you watch Starsky and Hutch make a flying leap into a car to chase a murderer speeding in a Jaguar up a mountainside.

The fleeing killer is apprehended, of course, but not before colliding with a school bus and taking a couple of punches in the stomach.

And what gets the adrenalin going like a scene in which everybody's favorite "Angel," blond and bouncy Kris, silences a burglar with a fast karate chop to the neck?

There's nothing as unsettling as an evening spent sitting in front of your TV set, horrified as the current heroes and heroines of the tube stab, shoot, stomp, strangle and otherwise mistreat each other.

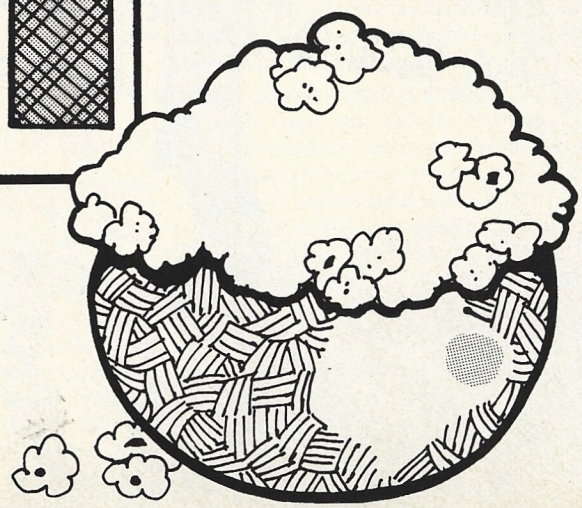
It's not such a calm, quiet life you lead in the living rooms of America. But it's all harmless fun, you say. Or is it?

Ronny Zamora, a 15-year-old Miami teen, would disagree. He's serving a life sentence at a juvenile correctional facility for killing a woman neighbor "just like he had seen a man kill a woman on *Kojak.*" His lawyer claimed the boy had committed the act while under the influence of "television intoxication."

The judge wasn't sympathetic. And unfortunately, Ronny's neighbor couldn't get up and walk away from the set once her "show" was over.

Ronny and his lawyer aren't the only ones who believe that TV intoxicates. In April, 1978, the parents of a nine-year-old California girl sued NBC and a San Francisco TV station when their daughter was assaulted by schoolmates four days after a similar crime was portrayed in a TV movie, *Born Innocent.* In August, a judge dismissed the lawsuit. But the court's decision is currently being appealed by the girl's parents, and the issue of TV violence has become one of the hottest topics in the nation.

There's a lot you can learn from tel-



evision. It's a unique medium which can entertain while imparting a quantity of knowledge. But beware, for some of this knowledge may be hazardous to your health . . . or fatal for those around you.

The community of scientific experts—including doctors, psychologists and sociologists—has not yet conclusively proved television violence can be directly related to teens' and others' acts of aggression. But the American Medical Association (AMA), the National Congress of Parents and Teachers (PTA), and a vast group of psychologists, sociologists, and leaders of government and industry (many of whom are TV advertisers) organized nationwide in 1976 to attempt to discourage rampant televised violence.

Their efforts are supported by the work of William Belson, a prominent British researcher from the Survey Research Centre of the London School of Economics. He conducted an extensive study which resulted, he reports, in "evidence very strongly supportive of the hypothesis that long-term exposure to violence increases the degree to which boys engage in violence of a serious kind."

Many experts agree that Belson's research points a conclusive finger at televised violence as a contributor to youth crime. (His work is now being published in London as a book entitled *Television Violence and the Adolescent Boy.)*

Other testimony was presented February, 1977, at a PTA regional hearing on TV violence, by Dr. Rogers J. Smith, a Portland physician and Vice Chairman of the AMA Council on Scientific Affairs. He stated, "By the time the average American child finishes high school, he or she has watched 15,000 hours of television. This compares with just 11,000 hours of formal classroom instruction."

Dr. Smith also reported AMA estimates that the average American child has witnessed 18,000 TV "murders" during his or her formative years. He then openly expressed his fear that TV programming, which consists largely of violent content, can distort young people's perceptions of the real world and adversely affect their psychological development.

Speaking in behalf of the AMA, Dr. Smith stated, "We of the American Medical Association believe that the weight of the scientific evidence points to a relationship between TV violence and increased aggressive behavior in some youthful viewers."

Justice Jerome M. Becker, Judge of the Family Court of the State of New York and former Commissioner for New York City's Youth Board, faces hundreds of troubled teens in his courtroom every week. He, too, supports this pessimistic view of TV violence.

During an interview in his chambers within Manhattan's imposing family court building, he said, "About 46 per cent of the crime in New York City is committed by youths. I'm convinced many of these young people are trying to emulate the kind of 'anti-hero' activity so often made popular by television."

Judge Becker believes troubled youths, especially those from "depressed areas" of the city, are impressed with the glamorous life so often portrayed by criminal characters on TV.

"Flashy cars, beautiful penthouse apartments and a street-wise macho image promoted by television 'tough guys' appeal to some young men—and women—especially when they come from families who can't afford such luxuries," he said. "When the time comes for the movie *Pretty Baby* to be shown on television, even teen-aged prostitution could take on a glamorous aura for these kids.

"When verbal and physical aggression are shown on television as effective ways of resolving problems—the old 'might is right' principle—impres-

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New Lip Treat Flavor Gloss By Chap Stick!

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It was a day for firsts. A new white skating skirt. And the first time I ever used a napkin without a belt.

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She told me they had an adhesive strip that makes the pad stick right onto your underpants. No more belts or pins? I just couldn't believe it.

The package said they had a moisture-proof shield that covers the bottom and sides of the napkin to repel moisture and prevent staining.

I guess that's why they're more absorbent than belted napkins.

Anyway, I decided to try them. And was I glad I did! I felt more comfortable and secure than ever.

STAYFREE Maxi-Pads really made a big hit that day. Of course, my little white skating skirt wasn't bad either.

For active women. Like you.

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ENTERTAINMENT

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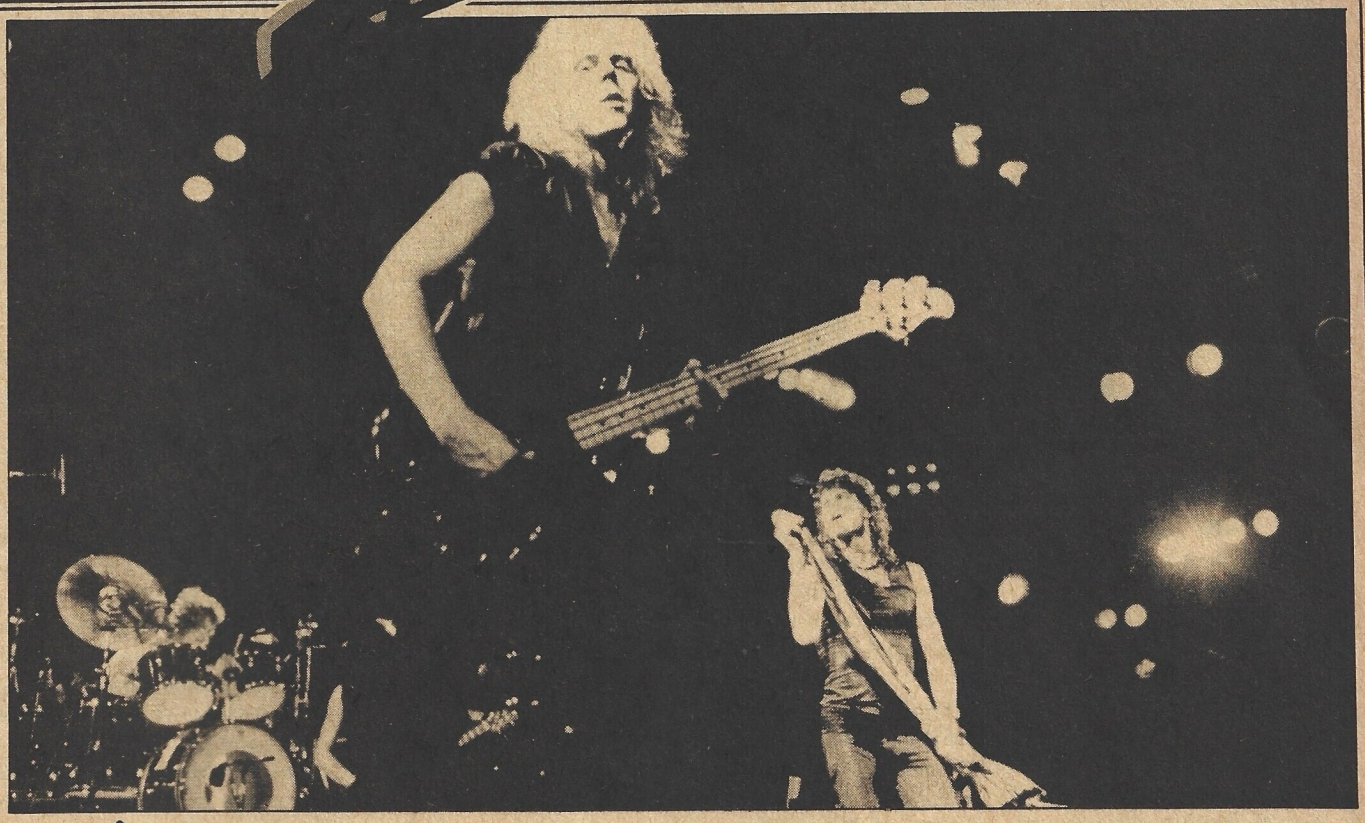
VOLUME 6 NUMBER 11



Aerosmith

On Top and Soaring

The critics and skeptics were still trying to pass them off as just another band rehashing typical power chords, slashing through cliched riffs, screaming predictable vocals and prancing around in regulation rock-star style, when the fans finally put their collective foot down. Something had become very obvious. Aerosmith had climbed to the top of the rock 'n roll mountain as America's foremost hard-rock band—taking with them a vow never to let down the massive following that had put them there.

In 1978, among innumerable other concerts and festivals, Aerosmith headlined the two biggest shows of their life, California Jam 2 (207,000 people) and the Texxas World Music Festival (180,000 people). Earlier in the year, they did a "thank-you" tour of relatively small, 1,500-4,000 seat venues, which they recorded for their recently released live album. The group made history when they played the Starwood nightclub in Los Angeles, surprising 900 lucky fans who lined up at midnight to see "Dr. Jones and the Interns," alias

PHOTOGRAPHY/YOSHI OHARA

Two of America's truest rockers, Steven Tyler and Joe Perry.

Aerosmith. Add to this their fabulous appearance as the villains in *Sgt. Pepper's Lonely Hearts Club Band,* and it's hard to deny their well-deserved ranking as one of the top rock bands in the world.

'TEEN stayed close on the band's trail the past few months, checking them out in such diverse locations as Los Angeles, Dallas and Rapid City, South Dakota. The one thing immediately apparent about Steven Tyler, Joe Perry, Tom Hamilton, Brad Whitford and Joey Kramer is that these guys don't just look and play rock 'n roll, they live and breathe it every step along the way.

"I think we've been one of the biggest bands in the country for the last couple of years," drummer Joey told us backstage at a concert in Rapid City. "It's taken people a long time to realize exactly what we are, for some reason, and there are a lot of people who really love to put us down. In Boston, our home town, for instance, we've never gotten good press. But now the whole industry is starting to realize just how big this thing is." Rhythm guitarist Brad had said earlier that "With us, it was never publicity or hype that made us. It was just word of mouth that spread right across the country."

It was never an easy road for the band members. They got together as Aerosmith in Boston in the summer of 1970, and lived together in a seven-room basement flat while trying to get the group off the ground. They played every little club and high school around, trying to make enough money to keep from starving.

"We would play Rolling Stones songs, Faces songs, Yardbirds and Led Zeppelin songs and *always* a lot of our own stuff," Brad recalled. "Right from the start, there was always original Aerosmith music—an Aerosmith sound." Tom added, "After we had been in Boston for about a year and a half, all of a sudden we had no gigs and no place to rehearse. Everyone in Boston was playing the blues, and we sounded more like an English rock band than a Cambridge blues band.

"The rent kept going up every month, and we were really going on the skids. Finally, one guy who really liked us decided to let us rehearse in his theater for free," Tom continued. "Then he went and got his friend, who was a big promoter. His friend said he wanted to manage us, and he called up our present management, Leber and Krebs, and asked them if they wanted to co-manage. They said, 'Sure, let's see the band,' and within two months they offered us a deal."

"We were going to have to leave our apartment," lead guitarist Joe interrupted. "We literally had the eviction notice in one hand and a contract in the other. We didn't know anything about signing contracts, but we weren't working, had no money and no food, and they were about to knock down our door, when just in time we had that piece of paper in our hands."

Of course they signed, and soon went on to sign a recording contract with Columbia. Their first album,

Joe Perry and Steven Tyler are joined on stage by heavy metal master Ted Nugent.

Brad Whitford and Tom Hamilton in action.

Aerosmith, was released in 1973. It didn't do very well at first, but two years and two albums down the road, sales picked up with the popular-demand release of the single, "Dream On." Only then did the band really start building a following.

By this time the group had a couple of years experience in touring behind them, and it was evident that their live act was the best thing they had going for them.

"Aerosmith albums are just advertising for our live show," Joe suggested, with a grin.

Joey added, "I think for the most part we're reasonably happy with our albums, but you can't make a fair judgement of Aerosmith just by listening to the records, because you haven't encountered the biggest aspect of the band. You have to come and see us."

"That does seem to be the essence of the band," proposed Brad. "We feel so high on stage, naturally high."

"You have to love playing to deal with the road," Tom interjected. "When you're on the road, the only thing there is to look forward to is the show. That time on stage is nirvana, no problems at all, nothing to think about except rock 'n roll. Then the next thing you know, you're sitting back in the hotel room with the TV, looking forward to the next gig."

The joy Aerosmith finds in performing is almost completely dependent on the response of the audience, which is why they chose to play more intimate places.

"For years and years we've been playing the gigantic hockey rinks, and we were getting a bit disillusioned with them," admitted Joe. "We really wanted to get back with the kids in the smaller halls and stand toe to toe with them, so that with every sound that came out of our amplifiers we could see the kids in the front row react. In those gigantic places it feels like there's a big glass partition separating us from the audience, but in a small place, when the crowd is with you, you can feel the stage shake."

Then Steven added, "It's a good rush for the band to play those kinds of gigs. It brings us back to the old days when we only played small clubs."

In their live album, Aerosmith has managed to put their best feature on vinyl, capturing the "rush" for everyone to feel at home.

"Most bands do a live album after their third studio album, but we've done five studio albums already," Joey informed us.

"I like the first few albums," Joe added, "but they're dated, and those songs which have become favorites have been brought up to date. We've really tried to make ours a little better and a little more honest than the average live album."

"When most people do a live album, they use the drum track, the bass track and the applause from the actual concert, then they go in the studio and redo everything else," said Joey, "but we didn't do that. For the most part, our album is straight-ahead live. So if some of the songs don't sound quite as polished, maybe a little cruder than other bands, that's what's really happening on stage. This is the real thing."

Honesty has been one of the brightest qualities of the band, and it's evident not only on their live album but in their new-found movie career as well.

"I'd been offered scripts before *Sgt. Pepper,*" Steven noted, "but I didn't feel good about them. But this *Sgt. Pepper* thing was really right," he concluded, flashing a fiery glance.

Tom said, "If the right offer came along, we'd do another film. We've got to be careful, though, not to get overexposed or water ourselves down."

At which point Joe assured us, "There's no way we would compromise the band. We're not going to play on clear plastic instruments or wear funny clothes. In *Sgt. Pepper,* originally Peter Frampton was going to kill Steven directly, but we had it changed to an accident, because we didn't want a direct conflict like that."

Before the group takes a second stab at the silver screen, a new studio album is planned, and the thought of it is on everybody's mind.

"I don't know how anything is going to go, but I can already hear it," Tom claimed. "It's going to be a real rocker, and it's going to sound great—a lot more in focus than our last album, *Draw the Line.*"

Their energy is overwhelming, and no matter how far it's already carried them, it seems they're ready to go even farther.

"We just want to be the best rock 'n roll band, no matter how long it takes. Let everybody else fall by the wayside, and we'll still be there," promised Brad.

Steven summed up, "It's just rock 'n roll, but we love it, and we're really doing it. It's not wrong, it ain't bad . . . and it's definitely healthy."

We're not complaining! (T)

Donny and Marie break into their famous smiles when they talk about their new movie, *Goin' Coconuts.*

Kooky Professor Kruse (played by Kenneth Mars) reaches for Marie's mysterious necklace. What makes it so valuable? The answer is in the movie.

Donny and Marie wind up a great song during a nightclub sequence, unaware that the villains are chasing them.

The dynamic duo keep the action rolling. Here they elude a gang of bad guys on the winding road to Honolulu's Mount Tantalus

Hawaiian Hit for Osmonds

They're at it again! It seems Donny and Marie Osmond can't do anything without doing it well. This time it's *Goin' Coconuts,* the first major film for the delightful duo.

The talented Osmonds play themselves in an action-packed comedy/mystery shot in Hawaii, where the surf, sun and fun run high. The story begins when Donny and Marie arrive for a gala concert. A mysterious shell necklace is given to Marie and becomes a magnet for every zany criminal imaginable.

"It's the first time we've ever done anything quite this off-the-wall," admits Marie.

"Or had so much fun, especially in the stunts," adds Donny, who lost his footing on a rope ladder during a helicopter rescue scene and dangled some eighty feet over the breakers. The production crew was aghast, but Donny quickly regained his footing.

"They said I should have been scared," Donny recalls. "But I was too busy concentrating on the action. I didn't want to do any retakes!"

Besides all the action, there's plenty of singing in *Goin' Coconuts.* In fact, three of the songs were written by Donny—"Falling in Love Again," "Sunshine" and "Doctor Dancing" —while others are island hits like "Little Grass Shack" and "Love Song of Kahlua."

Word got around fast that an admission-free concert was being shot for the movie, and thousands lined up to be part of the 400 that were admitted. During one of Donny and Marie's musical routines, Marie amazed everyone by keeping a pair of "poi-balls" (a cross between a paddle ball and a boomerang) swinging after just one day's rehearsal. That's a stunt most Hawaiian performers begin practicing in childhood.

Donny and Marie both agree that *Goin' Coconuts* is the "something different and unexpected" they've been wanting to do for a long, long time. Many scripts were read and rejected until this one, the right one, came along.

"We jumped at it," Donny recalls. "We couldn't wait to make this movie!"

We can hardly wait to see it. Ⓣ

First Aid Expertise Puts Alfred in First Place

Alfred Piombino demonstrates a basic first aid technique to one of his former students

He's been working hard at what he loves, and we're proud of him.

We're talking about 15-year-old Alfred Piombino of Poughkeepsie, New York, who has been chosen as the recipient of the 1978 Johnson and Johnson First Aid Award. Presented annually, the award spotlights outstanding student achievement in the field of health care.

Alfred has certainly shown a sincere and professional attitude toward first aid. He devotes about 40 hours a week to working at several first aid stations and serving on general stand-by for local emergencies. He is fully certified to administer and teach a variety of basic first aid procedures and has compiled his own manual to use as part of a course he teaches to fifth graders.

As this year's winner, the sophomore from Poughkeepsie High School will receive a $500 scholarship, which he plans to use to further his education in the health care field.

The runners-up, Alan D. Yoder of Wilton, Conn., Eileen Marie McGregor of Anaheim, Calif., and Steve P. Shelita of Sepulveda, Calif., will also receive scholarships in recognition of their efforts.

Keep up the good work! (T)

Checking Out Nick Lowe's Game

It's not that he's going to give Shaun Cassidy competition in the 'TEEN crush-appeal department, or worry Dan Fogelberg and Jackson Browne with an equal knack for sensitivity, or give Van Halen's thunder and lightning a run for its money. He doesn't have to.

Nick Lowe has initiated his own brand of some of the most enjoyable music around and is heading up an ever-lengthening roster of followers and imitators. The name of that brand just happens to be the title of his first American solo album release, *Pure Pop For Now People.*

Originally known as a member of the legendery British groups, Kippington Lodge and Brinsley Schwartz, Nick (Basher to his close friends) has gone on to be one of the hottest young producers in the world, claiming Elvis Costello, the Damned, Graham Parker and the Rumour and Dr. Feelgood as a few of his projects. He has charmed listeners everywhere with his own catchy tunes and unusual lyrics in songs like "Nutted By Reality," "So It Goes," "I Love the Sound of Breaking Glass" and "Marie Provost."

During a Los Angeles stopover on the historical Elvis Costello, Mink DeVille and Nick Lowe tour this past summer, 'TEEN got together with the Prince of Pop to suss out the details of his pleasant musical personality.

When we arrived at his homey hotel bungalow, we discovered Nick to be just as "pop" in real life as his songs would have you believe. A Cheap Trick tape was blaring out of his cassette machine and the checker set laid out on the coffee table matched his black slacks, red shirt and Nick Lowe tie perfectly. He was finishing his last few bites of Shredded Wheat as he made an open invitation for anyone to join him in a few rounds of checkers while we proceeded with the interview.

Games seemed to be on Nick's mind that morning. We asked him how he felt about the surge of attention and recognition he was currently receiving and, after jumping two of our men, he replied, "I think of the whole music business as a big board game. I've got this piece called Nick Lowe that I manipulate around the board. The squares we land on say things like 'Go on the Midnight Special,' 'Meet Wolfman Jack,' or 'Album gets rated number one in Kearney, Nebraska. Move ahead three.' It's fascinating to watch it all happen without being involved enough to get disappointed," he coolly explained.

It wouldn't seem as though the fellow has to worry about being disappointed with the outcome, as critics everywhere have agreed that whether he's performing, writing or producing, Nick's been winning every game he's entered. But he doesn't take it for granted.

"I don't feel totally comfortable performing on stage yet, and songwriting is something I have no control over," Nick informed us. "I don't know where the tunes come from—they just seem to turn up, as if somebody else wrote them. As for producing, it's something I fell into a few years ago."

It's not beginner's luck that has Nick playing in the professional leagues. The guy's a skilled player, and headed for the championship.

He can't lose. (T)

"Champagne" Bubbles Over

PHOTOGRAPHY/PETER GUY

"Champagne" is a perfect nickname for her. Evelyn "Champagne" King is one of the bubbliest young singers we've ever met, and in the past six months her career has exploded. A hit single called "Shame," from her debut album, *Smooth Talk,* has been her lucky key to success, and now it looks like the 18-year-old Philadelphian has earned a long-term position as a disco fave and on the record charts.

"It all started when my parents and my sister worked at Gamble, Huff and Bell Studios, and sometimes I'd come in and work with them," Evelyn told us one afternoon while she was in Los Angeles taping some TV shows. "One day, my sister was sick and I was working with my mother. We were the cleaning women, and I was in the bathroom at the studio, cleaning and singing. T. Life, one of Philadelphia International Records' producers and artists, happened to walk by, and hearing me, asked my mother who was singing. I was 16 at the time, and when I came out, my mom told me he wanted to interview and audition me.

"He said," Evelyn continued, "that he thought I sounded great. Then he told me, 'One day, I'm going to make you a star.' "

T. Life's promise was eventually fulfilled, but first he spent a couple of years helping her groom her talent. Not that Evelyn was new to singing—"I have five little brothers and one older sister, and when I was about five, we would have our own Amateur Hour," she explained. "We would make music with everything from tin cans and bottles to ashtrays, and imitate entertainers that we had seen on stage," she remembers. Every once in a while, Evelyn's uncle, Avon Long (one of the several musical talents in the family), would join the kids' Amateur Hour, giving some pointers on singing and choreography.

Although she never had any formal lessons or training, soon after the King family moved from New York to Philadelphia, Evelyn joined a local singing group called Volume I and began performing around town.

"We all knew that one of us was going to go somewhere one day, but I never thought I would be the one they'd pick out of the crowd," she recalled quietly. "When T. Life told me we were going in the studio to record, I couldn't believe it, and when I was there, I *still* couldn't. I'm still asking, 'Why me?'

"I love it, though, especially being able to meet so many different people and seeing people smile because of something I do for them. That's really the very best part," she concluded.

We think she's absolutely right. 'T

SNAIL: Speeding Up Its Pace

It couldn't have been more than a coincidence, because early in its career Snail just happened to be branded with its name. At that point, the group never imagined it would take ten years to move out of its local Santa Cruz, California, area and spread its combination of blues, soul and rock across America.

On a national level, it may seem like a slow start, but in their home territory, the band went through innumerable personnel changes before eventually becoming the hottest band in town.

Just before their first national tour to promote their debut album, *Snail,* 'TEEN went to San Francisco to check them out.

Bob O'Neill and Ken Kraft have been together nine years of the group's ten-year history, and though the group's direction has taken many musical turns, the two of them have developed a superb sense of style and balance between their voices and guitar playing. Bass player Jack Register entered the Snail scene three years ago, and drummer Jimmy Norris joined in the beginning of this year.

One fine song that was penned by Bob, "Freedom in the Country," is a laid-back piece that has been receiving lots of airplay and persuading listeners around the country to lend an ear.

At the rate they're going, this is one Snail that's already stopped crawling and is ready to charge at the speed of sound. 'T

GENE SIMMONS:
A Thousand Faces, a Thousand Fantasies

Just when the absence of a summer tour had us thinking that Kiss's fire-flaunting rock 'n roll fantasy had cooled, along came sign after sign that the flames haven't even begun to die down.

A TV movie, the second Kiss comic book, the beginning of the foursome's mass-merchandising campaign (making everything from Kiss garbage pails to notebooks available to fan-atics), not to mention the back-to-school shipment of five million *solo* Kiss albums by the individual band members, all get across the message that Kiss is not about to flicker and dim.

"It became pretty much a necessity to do those albums," bass player Gene Simmons told us one afternoon in a surprisingly normal manner, and without his characteristic demonic makeup. "I had a book full of hundreds of songs that I could never do in Kiss, because of the restrictions we placed on ourselves. So about a year ago I said to the rest of the guys that the obvious thing to do was to put some solo albums out. Everyone tried to warn us against the idea, because solo albums are usually the death knell of groups—but we're going to prove otherwise.

"We figured," Gene continued, "that if any of the solo albums appeared individually, people might get the impression that Kiss is breaking up, and that's far from the case. So we all agreed to release our albums on the same day, as four Kiss albums rather than as four solo projects. By Christmas, in fact, there should be a special leather-bound set of the four released. There are a lot of things that all of us can do, and want to do, that people aren't aware of. Kiss can do anything Kiss wants to do," he summed up, moment by moment seeming more like the ultra-confident personality he's known as on stage.

Gene's solo venture is primarily autobiographical—an attempt to retrace the steps he's taken in his illustrious career. Friends like Bob Seger, Joe Perry, Cher, Helen Reddy, Janis Ian, Donna Summer, Michael Des Barres, Jeff Baxter and Cheap Trick's Rick Nielsen dropped by to lend their support, but the essence of the album is a glimpse of the real Gene Simmons.

In his song, "Man of 1,000 Faces," he confides, "For years I've lived inside my dreams. Somehow I've made them real, it seems. I make my own rules, because I'm the man of 1,000 faces."

Apparently, Kiss has been the ultimate vehicle for making fantasies and dreams come true—not just for Gene, but for Paul Stanley, Ace Freheley and Peter Criss, too.

"Kiss is the kind of band we personally have always wanted to see on stage, and the way everything has worked out has been my dream come true," Gene admitted. "It's all turned out exactly the way we wanted it, and we haven't even scratched the surface of what we're going to do now. We're going to start putting out the kind of fantasy we've felt should have been put out all along. We're going to be doing everything

Helen Reddy shows off her official T-shirt.

Gene's boot in hand, Rick Nielsen does his best Kiss imitation.

a rock 'n roll band is not supposed to do—because we're more than just a rock band."

Their debut movie project, *Kiss Meets the Phantom of the Park,* was probably the most expensive single-segment TV project ever made. In January, the quartet will be finalizing their plans for an eight-million-dollar feature film.

"It's a science-fiction fantasy with the same basic concept as the Kiss comic books," Gene informed us. "Each of us has powers far beyond Kiss the rock 'n roll band. I can fly, breathe fire and smash through walls. Paul can shoot a laser beam from his eye. Peter has nine lives and can climb walls, and Ace can fade everyone into hyperspace and make them reappear with a flick of his thumb. It's an extension of the same kind of fantasy we've always been involved in."

With all these new projects, we wondered if the public would be getting a peek at the *real* people under the bizarre makeup.

"No!" Gene emphatically responded. "Why ruin the magic? Who I am, without makeup or anything," he continued, "is not that important. Everybody's like me. There are lots of guys uglier and lots of guys prettier. The special thing about me and the rest of Kiss is imagination. That's the most special thing about everybody."

We love you for it, Gene. ⓉⓉ

SGT. PEPPER'S LONELY HEARTS CLUB BAND:
A Magical Musical Movie

The Bee Gees

Peter Frampton and Sandy Farina

Group together 30 of the Beatles' most memorable songs, add a heaping helping of wild fun and far-out fantasy, pour on a measure of magical madness and top it off with a cast that offers more stars than a clear summer night, and you've got *Sgt. Pepper's Lonely Hearts Club Band,* quite possibly the most delightful movie musical of the decade.

For many years now, rock music's dynamic sorcerer, Robert Stigwood, has been hard at work conjuring up grand-scale productions that unite the industries of film and music. Sgt. Pepper is his latest effort in a long line of successes that includes "Tommy," "Saturday Night Fever," and "Grease."

The fun-filled story, written by pop- and music-scene reporter Henry Edwards, is decorated with one of the most diverse and colorful casts ever seen in the history of film. Joining Peter Frampton and the Bee Gees in the musical world of make-believe is 82-year-old George Burns, comedian Steve Martin, rock singer Paul Nicholas, actor Frankie Howerd, Donald Pleasence, Sandy Farina, Dianne Steinberg, and special guest stars Aerosmith, Alice Cooper, Earth, Wind and Fire, Billy Preston and Stargard.

The all-singing musical film follows the rise to stardom of the new Lonely Hearts Club Band, consisting of golden-haired Billy Shears (played by Peter Frampton) and his friends, the Hendersons (played by Bee Gees Barry, Robin and Maurice Gibb).

When the band leaves their home town of Heartland, U.S.A. in search of fame and fortune, mean Mr. Mustard schemes to take over Heartland and eliminate all love and joy from the world. Beautiful and innocent Strawberry Fields leaves her home to search for her true love, Billy, who is caught up first by success and then by the battle to fight the evil schemes of Mr. Mustard. Although the town's mayor (played by George Burns) is doing his best to hold the fort, in the end only music can lead the way back to happiness.

A smash success, *Sgt. Pepper* has sold out theaters all over the U.S. almost as quickly as the soundtrack album has sold out from well-stocked shelves in record stores. Prompted by that and your numerous letters of requests, 'TEEN's behind-the-scene reporters went to work to find out what went on behind the one-million-dollar Heartland set where much of the movie was filmed.

We quickly learned that the impressive closing scene was really a super Hollywood party thrown by Robert Stigwood for hundreds of guests during the actual filming of the movie. The party was held on the one-and-a-half-acre Heartland set, consisting of more than 20 full-scale buildings and houses.

Over one hundred of the world's top names in music were brought together to join Peter Frampton, the Bee Gees and George Burns in a spirited chorus of the movie's title song. The celebrity guests, ranging from the old to the young, were flown to Hollywood, checked into the famed Beverly Wilshire Hotel and provided with private limousines. Each guest also received a solid gold *Sgt. Pepper* medallion and a director's chair appliquéd with his or her name.

When the 12-hour party began the guests took their places on Stage 16, in front of the backdrop of the Heartland City Hall. Peter Frampton and the Bee Gees, dressed in their official *Sgt. Pepper* uniforms, headed the group, and the scene was complete—a déjà vu of the original *Sgt. Pepper* album cover showing the colorfully-dressed Beatles backed by hundreds of show biz notables.

The group members all raised their voices to sing the theme song, and after the last note was held for 13 seconds, the movie was over and the real party began. Celebrities wined, dined and danced on a disco dance floor under the lights that lit up the sky over MGM.

The next event to take place was a *Sgt. Pepper* press conference held in Hollywood. 'TEEN's roving reporters were there to take their places among the many members of the international press to hear comments from the movie's all-star cast.

"We always admired the Beatles," Barry Gibb told the press when

l. to r.—Robin Gibb, Peter Frampton, George Burns, Maurice and Barry Gibb

Billy Preston as Sgt. Pepper

Paul Nicholas

Earth, Wind and Fire

questioned about his initial reaction to the Beatles' *Sgt. Pepper* album. "I think in those days every group in existence was influenced by the Beatles," Barry continued. "I know there wasn't a group in 1967 that didn't copy the Beatles, and we were just like the others. We're from the same part of England the Beatles are from, but we're brothers and have a very close harmony. When they came out, it made us want to experiment more."

Did they stay loyal to the original *Sgt. Pepper* concept?

Robin piped up immediately. "Nothing is different except that we brought some new things out, because this is 1978. George Martin (the producer of both *Sgt. Pepper* albums) did stay loyal to the original version . . . very loyal, in fact."

"And," Barry added, "George Martin did send copy tapes to the Beatles and got their approval."

Did they find acting difficult?

"We weren't really acting in the sense of acting," Barry explained. "It's very hard to act and not say anything in a scene. Michael Schultz (the director), being the expert, chose the best way to act. It was a very easy situation."

For Peter Frampton, the role of Billy Shears came naturally. "Peter had a great time playing a character that was a lot like himself," said Robert Stigwood. "He has a sincere optimism, love of music and faith in people, and that had to shine through in the part."

"He was a little tight the first week," added Michael Schultz, "and then he just blossomed."

The role of Strawberry Fields was played by Sandy Farina, the 23-year-old singing star who was the result of one of the widest talent searches in the history of recent movie making. When we chatted with her over the phone one afternoon, Sandy explained how she won the role.

"A friend of mine who worked at a gas station in New York met some of the casting agents of the film and played them my demo tapes," Sandy told us excitedly. "A few weeks later I flew to Los Angeles for a screen test. The hardest part was waiting," Sandy confided. "I went home and waited for about three weeks, the longest wait in my life. Then they called me and told me I had the part!

"I can't tell you how excited I was," Sandy said enthusiastically. "I was also sick to my stomach with nerves. I couldn't eat anything. I'd never acted before in my life. I guess the hardest part was getting used to being in front of the cameras. After I got over that, the rest was pretty easy.

"Everyone thinks making the movie was like one big party," she continued. "It was a lot of fun, but it was also a lot of hard work."

Steve Martin

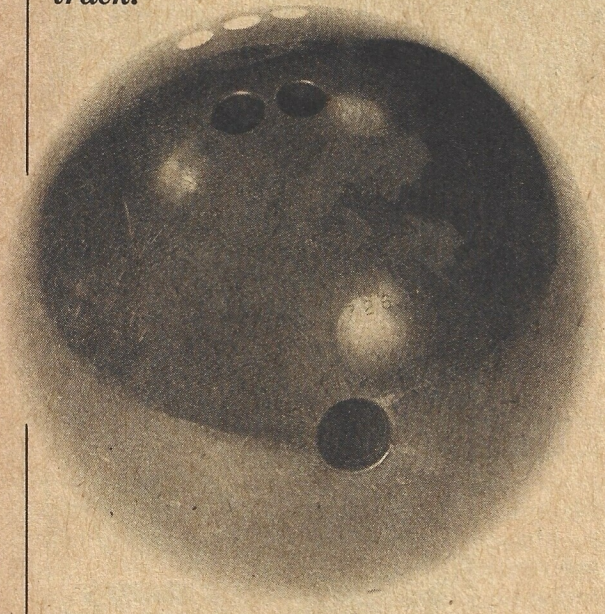
When asked about her future, Sandy explained, "Singing has always been a part of my life, and I feel it always will be. I guess it was just something I was born with. I've been singing ever since I can remember. I may be doing another movie next year, too. Doing *Sgt. Pepper* was a real honor," Sandy said seriously. "It was a real learning experience."

What we learned is that all the excitement over *Sgt. Pepper's Lonely Hearts Club Band* is not just promotional hype. Like the original Beatles album, the movie is a work of art that will be remembered for a long time to come. (T)

CELEBRITY BOWLING

BY PAMELA TOURANGEAU

Here's how to score big points. In this game you'll need to think of the groups of letters below as your "pins." Unscramble the letters to form one word and you score a "strike." To score a "spare," find two hidden words in the scrambled letters, leaving no letters left over. Remember to use your clues to keep you on the right track.



1. J E R H
   O R I
   N T
   T

STRIKE _____
The son of a country singer now starring in his own series.
SPARE_____an instrument
The_____bug, an old dance

2. S W R D
   R T T
   E O
   A

STRIKE _____
English "mod" rocker.
SPARE_____in the direction of
_____take time out

Give yourself 20 points for a "strike," and for each "spare" you get another 10 points.

A score of 200 points will put you in the top league. A score of 190 to 110 points shows you're headed up the right alley. If you scored below 100 points don't dis-spare. You didn't strike out, you simply need to brush up on your bowling form.

3. Y F L S
   I A E
   D L
   L

STRIKE _____
Female star of "Smokey and the Bandit."
SPARE_____a road sign
_____tumbles

4. A T E B
   H E L
   T S
   E

STRIKE _____
A famous rock group of the '60s.
SPARE_____a type of fur
_____part of your mouth

5. I G S N
   O R R
   T A
   R

STRIKE _____
The name of an ex-Beatle.
SPARE_____a lion's call
_____thin rope

Answers: 1. STRIKE: John Ritter SPARE: horn, jitter. 2. STRIKE: Rod Stewart SPARE: toward, rest. 3. STRIKE: Sally Field SPARE: yield, falls. 4. STRIKE: The Beatles SPARE: sable, teeth. 5. STRIKE: Ringo Starr SPARE: roar, string.

Lassie Comes Home to Silver Screen

Lassie practices one of the songs from the film with young co-star Michael Sharrett.

For 35 years she's stood proudly, wisely and affectionately as the most famous dog in show business, and now she's back on the silver screen in *The Magic of Lassie.* This is the gifted collie's first appearance since the cancellation in 1970 of her 19-year-old TV series, the longest-running half-hour dramatic series in history.

Actually, the Lassie of today is the great-great-great-granddaughter of the original classy canine, who first appeared with Elizabeth Taylor and Roddy McDowall in *Lassie Come Home* in 1943. The original Lassie went on to star in six other movies before becoming a TV celebrity in 1951. During the course of the show, Lassie the second, third, fourth and fifth stepped into line, carrying on the fine family tradition of being America's pet.

The current Lassie is two and a half years old, and, judging from her theatrical debut, can look forward to an illustrious career. On the set, Lassie has all the comforts of a human star, including a self-contained van for living quarters, complete with bed, dishes, Lassie-monogrammed towels, special shampoos and a dryer.

Co-starring with her in *The Magic of Lassie* are James Stewart, Mickey Rooney, Alice Faye, Pernell Roberts, Stephanie Zimbalist, Michael Sharrett and Mike Mazurki.

This should be one of the season's very best—don't miss it. T

VIRGIN: America's New Number One?

BY PAMELA TOURANGEAU

Virgin and Shaun Cassidy celebrate a successful tour. Left to right: Gary, Steve, Tommy, Shaun, Dirk and Chuck.

Over a million concert goers saw them play this year as they opened for Shaun Cassidy on a sold-out tour of the country. Now they're back with a debut album that is pointing to Virgin as the premiere teen attention-getter everywhere in America.

"There's a big difference between teen-rock and teenybop," pointed out the band's sparkling lead singer, Dirk Etienne. "We've shown that difference. We were a bit mellower and boppier on the tour than we are on the album, but those were the first times we ever went out and played as a band, and now we're really establishing our own identity."

Virgin's history dates back to December, 1976, when most of the guys were still in high school and would get together after class and on vacation to jam at Cherokee Studios in Los Angeles. Eventually Dirk, Tommy Moody, Gary Van Dyke, Chuck Billings and Steve Kramer's musical ramblings jelled into a fine sound, and Virgin was born.

Shaun heard about the group and personally invited them to get their start on his tour. Soon music fans everywhere were Virgin fans, too.

"Musically," Gary noted, "everybody grew so much on the tour."

Tommy added, "Now we're also used to each other as people and are getting along well."

Who are these good-looking people? 'TEEN can tell you . . .

Dirk: Besides being a good singer and songwriter, the rest of the band agrees that this 19-year-old native of Carmel, California, is unpredictable, funny and persistent about anything he feels is important.

Steve: Certainly the humorist of the group, this Los Angeles-born-and-bred chap is only fifteen years old and already plays a hot guitar. The others claim he's goofy.

Tommy: He's been playing guitar since he was five years old, at home in Midland, Michigan. Now 19 years old, he's still playing but has earned a reputation of being rather wild. Have no fear, though, his friends always stick up for him and say he's absolutely charming.

Chuck: Like Dirk, the man behind the drums is known to be persistent and in every sense an activist. He hails from San Francisco, California, but for most of his 18 years grew up in Malibu and Topanga, California.

Gary: The ever-smiling 19-year-old bass player is well known as one of the most honest people in show business. So we believe him when he tells us he has lived in Los Angeles since he was three years old and his family relocated from Rochester, New York.

We're honored to introduce you to them, because soon Virgin and its five members won't need introductions anywhere.

Just watch. T

HOLLYWOOD BUZ

CAPTURED LIVE

As **Jethro Tull** plows through their *Heavy Horses* American tour of over 35 major cities, a Tull first has been released throughout the land. *Jethro Tull Live, Bursting Out!* is the band's very first authorized live album, containing tons of their great material. "Aqualung," "Songs From the Wood," and "Too Old to Rock 'n Roll, Too Young to Die," are just a few tasty tracks to spin on your turntable.

STARWOOD SEES STRANGLERS

Don't panic—there's no crime here, other than the madness and manic good times those British imports, the **Stranglers,** can bring to a crowd. In fact, while performing at the Starwood to a packed audience, guitarist/singer **Hugh Cornwell** fell victim to the music of their opening act, **Leila and the Snakes**, and flew up to San Francisco following the show to produce a demo tape of his new-found favorites. I wonder if the snakebite had anything to do with it?

ALL IN THE VINYL

The latest craze in record pressing is picture discs—full color art laid underneath clear vinyl. Back in the late '60s and early '70s there were a few experiments with artsy records, and lately many DJ and promotional records have been creating quite a stir with inlaid pictures. **Warren Zevon's** werewolf face pressed into a 12-inch "Werewolves of London" disc (unavailable to the public) helped generate excitement for special editions of limited-number pic discs. One of the most beautiful forerunners of this spinning derby was the *Sergeant Pepper's Lonely Hearts Club Band* album by the **Beatles.**

UFO LANDING

Intergalactic foul play was suspected when blond, blue-eyed **Michael Schenker** disappeared in the middle of **UFO's** first national tour. Contrary to several sightings, the commander in question was reported to be kidnapped by evil aliens. Fortunately, this rumor was proved false when Michael reappeared just as mysteriously as he had vanished, and no one was the wiser.

Later, we saw UFO rockin' the roof off the Forum as they tantalized the audience with some of the best heavy-metal licks to come this way since **Led Zeppelin.** Songs from their latest creation, *Obsession,* fill the airwaves, along with their incredible anthem, "Too Hot to Handle." Stay tuned for further reports, and watch out for suspicious aliens! Over and out!

IT'S CHEESECAKE

It's Dr. Jones and the Interns, but it's not the **Rolling Stones.** You can't imagine the buzz circulating around L.A. when fans realized this was one of the last stops on the Rolling Stones' whirlwind two-month tour. Rumors ran rampant when odd names starting circulating at all of the local clubs, right when the Stones were due to stroll into town. Banking on their past unannounced shows, the whispers soon turned into shouts and people everywhere were checking out anything that sounded the least bit suspicious, in hope of the Stones sneaking in and performing at a small club.

The first panic button was pushed when a group calling themselves "Cheesecake" made an abrupt announcement that they would perform at the Roxy. Well, close call number one turned out to be none other than **Bruce Springsteen,** who had played earlier that week at the Forum. The Roxy concert was broadcast live over the airwaves, and some of the more notable people in the audience included **Gene Simmons, Cher, Paul Stanley** and **Jackson Browne.**

The tension was even higher when a late addition to the Starwood marquee said: "Dr. Jones and the Interns." Hundreds of people milled outside the club, desperately trying to get inside. This pseudonym turned out to be Jagger lookalike **Steven Tyler** and **Aerosmith.** Though Stones fans were somewhat disillusioned, it was certainly a fantastic consolation prize to experience Aerosmith at such close quarters. They practically blew the roof off the Starwood with classic songs such as "Draw the Line," "Lord of the Thighs," and a most impressive version of "Train Kept A-Rollin'."

Excitement reached a peak one night later at the Starwood, where **Peter Tosh,** Rolling Stones Records' latest signing, was to play for two nights. Every show was sold out within hours of the box office opening. Rumor has it that the Stones did actually drive up in their silver limo, but there were too many fans outside the club for the car to get safely into the parking lot.

All of this proves that the Rolling Stones are still the greatest rock 'n roll band in the world. Some girls should know!

ZZ ZZZ

JAWS STRIKES AGAIN

No, no, no, it's not another sequel featuring that carnivorous, man-eating shark, but rather the return of that steel-dentured, 7'2" madman called "Jaws" in the James Bond flick, *The Spy Who Loved Me.* Just when you thought he was gone, the "man-mountain" villain comes back to life in a new Bond film called *Moonraker.* It's a bite worse than a bark to hero James Bond, alias **Roger Moore,** and his lovely leading lady **Lois Chiles.** Good luck, Bond!

ROCKY MONSTER HIGH

It's not the fighter we're talking about, but rather the superhuman creation of Dr. Frank N. Furter, who was portrayed by **Kim Milford** in the original play of *The Rocky Horror Show.* Since the days of playing the semi-monster, Kim has shed his waist-length golden locks and is currently the villain in *Corvette Summer.* So keep your eyes open and your car keys in your pocket, because this is just the beginning for a star who will win your hearts whether he's good, evil or just plain monstrous.

HERE COMES PRISM

Following their impressive L.A. debut, **Prism** returned to play at the Whisky, where they were joined backstage by press, friends and fans. Pictured here are a couple of their more noteworthy cohorts, **John Waite** of the **Babys** and **Thomas Trask** of the **David Johansen Group.** With their second hot album out, *See Forever Eyes,* we should be seeing more of Prism in the future.

LET'S TAKE A TRIP

"Do you want to go to heaven tonight?" **Cheap Trick** sends that enticing invitation on their most recent album. They certainly had the audience on cloud nine when they stole everyone's heart at a recent Santa Monica Civic show. In fact, the crowd couldn't stop themselves from standing on their chairs during most of the performance, as those zany boys belted out some of their very best material, such as "Southern Girls" and their current chartmaker, "Surrender."

Rick Nielsen kept diverting the audience from the good looks of singer Robin Zander and bassist Tom Petersson as he scurried to and fro onstage, tossing out personalized guitar picks to those fortunate enough to be in close range. Circulating through the audience were T-shirts, hats, bowties and even underwear sporting the Cheap Trick logo. Some of their biggest fans are rumored to be **Kiss, Elvis Costello** and **Virgin.**

FUNKY, FUNKY AND TRES CHIC

Nearly four years after the disbanding of one of the most outrageous and outspoken bands of the early '70s, the **New York Dolls,** lead singer **David Johansen** has returned. Although his clothing isn't quite as flamboyant as it used to be, the charismatic blond bombshell has put together a group of very New-York-lookin' boys, straight from his hometown of Staten Island, and appropriately named the **David Johansen Group.** Los Angelenos got their first taste of the new sound when the group blew the roof off the Whisky for two nights and then, by popular demand, were asked to play for yet another few nights.

The members of the band look like they might have just walked off the set of *Grease,* with their straight-legged pants, slicked-back hair and pointed shoes. A high-energy rapport between the band members and the audience (David likes to croon to the girls in the audience) gives an added impact to the hard rockin' sound they transmit through material like "Funky But Chic," "Lonely Tenement" and "Girls." With all the excitement this group stirs up, it won't be long before Johansen is a household word. (T)

PETER GABRIEL/ ROBERT FRIPP:
Meeting of the Masters

Peter and producer Robert consider a new melody.

With all the talk of the new wave in music, new ideas and new worlds of sound, it's reassuring to find two long-term members of the music scene whose creative enthusiasm has never fallen into the smug traps of commercial comfort. In fact, Peter Gabriel and Robert Fripp are probably two of the most interesting and talented individuals you could ever hope to meet.

That's what 'TEEN discovered when we had the opportunity to talk to the two of them separately when they were in Los Angeles for the same reason, to promote Peter's most recent solo album, *Peter Gabriel.* It's the second album Peter has put out under the same title, but the first that Robert Fripp has produced for him.

Peter became well known as the lead singer of Genesis, a position he held from the time he formed the band until he left it 10 years later, in 1975.

While Peter was busy reorienting himself musically and trying some projects in audio-video, Robert Fripp, the mysterious, guitar-playing force behind King Crimson, had also left his band and become involved with a variety of different projects. In 1976 their professional lives began to intertwine when Robert consented to play on the first *Peter Gabriel.*

When it was time for album number two, it was decided that Robert would produce it. Although the album wasn't an easy task for Robert, it seems much closer to portraying the *real* Peter on vinyl than anything he has recorded before.

For Robert, Peter's album is part of an important trio of works in which he's had a hand, including a soon-to-be-released album he did with Daryl Hall (of Hall and Oates) and his own first solo longplayer.

Both Peter and Robert keep a watchful eye on and an involved hand in the infant projects of the constantly rejuvenated music scene, where enthusiasm sometimes outweighs musical prowess.

They haven't forgotten where the heart of it lies. 'T

Three Cheers for Three Charmers

Left to right: Bobby, Andy and Billy.

Everyone was all smiles when Andy Gibb invited that singing pair of twins, Bobby and Billy Alessi, to accompany him on the second half of his summer/fall tour.

The two acts had already spent several weeks on the road together, delighting audiences across America with one of the hottest double bills of the season.

Alessi fans take note: the duo's third album, *Driftin',* is finally out, and we at 'TEEN agree it's their very best yet. 'T

LEIF AND KRISTY:
TV's Hottest Young Couple

They've both been floating on the high tide of 'TEEN popularity polls for the past year, and now they're receiving a double dose of attention together.

Playing Zack, Kristy McNichol's boyfriend on "Family," Leif Garrett will be seen regularly on the top-rated show. TV exposure may be just what he needs to break open the hit parade in America the way he has in the rest of the world.

Last summer, shortly after it was agreed that they would be on-the-tube sweethearts, Kristy and Leif attended a "Save the Hollywood Sign" party at Hugh Hefner's Playboy Mansion, where our photographer snapped them arm-in-arm. 'T

Enter'TEENment

MAILBAG

BIG ON BURT

I just saw the movie *Hooper* and thought Burt Reynolds was great. Could you tell me more about him and where I can write to him?

Marcella Gower, Rivesville, W.Va.

Dear Marcella:

Burt Reynolds was born in Georgia and raised in Palm Beach, Florida. He attended Florida State University where he was an honor student and played a lot of football. In fact, Burt had a contract to play professionally for the Baltimore Colts, but an automobile accident forced him to make other plans.

He turned to the theater and studied in New York and at a junior college back home in Palm Beach. He won the 1958 Florida Drama Award in the college's production of "Outward Bound," and the rest is history.

Burt has a small house in Hollywood but considers his 180-acre ranch in Jupiter, Florida, his home. There he spends his time tending cattle, horses, eight goats and four cats.

You can write to Burt c/o Elaine Geller, 3300 Warner Blvd., Burbank, CA 91510.

VIVACIOUS VIRGIN

I really like the new group called Virgin. Could you tell me how they got started and where I could write to them?

Roxane Kohl, Oregon City, Ore.

Dear Roxane:

Kiss manager Bill Aucoin and producer Kenny Kerner wanted to put together the ultimate all-American teenage band. They auditioned many young guys to form a group that would not only play well together, but look good, too! The results were sensational. Handsome 19-year-old Dirk Etienne from California was chosen as lead singer. He was joined by dynamic 18-year-old drummer Chuck Billings from San Francisco, 15-year-old guitarist Stevie Kramer, 19-year-old bass player Gary Van Dyke from New York, and 19-year-old guitarist Tom Moody from Michigan. You can write to Virgin at P.O. Box 24059, Los Angeles, CA 90024.

JUST A KISS AWAY

I think Paul Stanley of Kiss is great. I love the whole group, but I absolutely flip over Paul. Where does he come from, and where can I write to him?

Pilar Ashcraft, Canal Fulton, Ohio

Dear Pilar:

Paul Stanley and Gene Simmons are the group's founding members. They were both tired of the other groups they were playing in, so they decided to branch out on their own back in 1973. Paul is the one that thought up the name Kiss. He lives in a luxurious apartment in New York's East Side. You can write to him c/o The Kiss Army, 7949 Deering, Canoga Park, CA 91304.

Send your letters to Enter'TEENment Mailbag, c/o 'TEEN Magazine, P.O. Box 3341, Hollywood, CA 90028. We can't answer letters personally, but we try to publish those that are of widest interest to our readers. Don't forget to include a clear snapshot of yourself. You can also join 'TEEN's Research Gang (TRG) by enclosing a self-addressed, stamped envelope with your letter. On the back of it write "Send me a TRG Card." 'TEEN will in turn send you a TRG Card plus a questionnaire that you can doodle over, fill out and return at your option. The questions will relate to beauty, fashion, entertainment, products and all the things you'd like to read about in 'TEEN.

Has Hollywood Taken the Roller Out of Les?

It was just a month before the Bay City Rollers were scheduled to leave for a Japanese tour, and a major decision had to be made.

The band had been in Los Angeles for four months taping "The Krofft Superstar Hour," when Derek Longmuir, Eric Faulkner and Stuart (Woody) Wood mutually decided they were sick and tired of the attitudes lead singer Leslie McKeown had acquired in "tinsel town," and sent him home to get Hollywood out of his system—or else he'd be kicked out of the Rollers.

The guys felt that Les had "gone Hollywood" almost immediately after arriving in star city, showing more interest in partying than in meeting professional obligations, and causing problems on the set by challenging scripts, making demands for a private dressing room, and so on.

If Les does not return to the group, the other four—Alan, Derek, Woody and Eric—will rehearse and go to Japan minus a member. "It's something we have to do, with or without him. Without him it will be very difficult," Derek commented.

Alan added, "We hope he'll be there when the Japanese tour comes around; in fact, we hope he's back next week. The decision is as much his as ours, because it's the real Les McKeown we want, not the Hollywood Les he became."

Only time will tell.

rapping on records

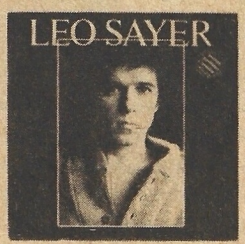
BY JOANNE JERI RUSSO

Which of 'TEEN's choices for the top ten albums of the month would you choose as No. 1? Play the Rapping on Records game and you may win your pick!

HERE'S HOW TO ENTER: Rate these albums 1 through 10 (1 = tops and 10 = worst) in the boxes below. Five winners will be chosen at random from those rating each of the albums below as No. 1 (50 albums will be given as prizes each month). Hurry and enter! P.S. Who would you like to see featured in 'TEEN in a special in-depth story?

Prizes offered courtesy of Capitol, Casablanca, Columbia, Curb, Epic, Polydor, Rocket and Warner Bros. record companies.

☐Shaun Cassidy may profess to be **UNDER WRAPS,** but lately his every move is under the attentive eyes and ears of teenage America. Another hit for the TV and recording star, this album is sure to meet the expectations of his fan following. "Taxi Dancer" and "Right Before Your Skies" are but two of the album's many high points. Warner Bros.



☐Leo Sayer has made a complete turnaround from his glossy, disco-dominated albums and come up with a volume that's him at his best. Simply called **LEO SAYER,** it offers "Stormy Weather" and "Raining in My Heart" as two well-tempered choices. His version of Jackson Browne's "Something Fine" sums up the entire project. Warner Bros.

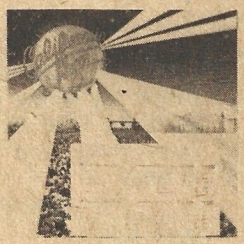
☐**POWER IN THE DARKNESS** is coming to light with the Tom Robinson Band. This is one of the few groups of the late 1970s with forceful messages of political and social change, and with enough talent to really activate listeners. "Long Hot Summer" and "Up Against the Wall" are sure to become anthems of new consciousness. Capitol.

☐Colin Blunstone is no newcomer to the music world. His smooth vocal sound started making waves when he was the lead singer of the hit '60s group, the Zombies. **NEVER EVEN THOUGHT** finds him as pleasant as ever on a mellow album featuring "Photograph," "Who's That Knocking On My Door" and "Do Magnolia Do." Nice one. Rocket.

☐She isn't your everyday candy-and-roses female vocalist, this Marshall Chapman. She's the first to admit it on "Why Can't I Be Like Other Girls?" from her **JADED VIRGIN** longplayer. She's got a lot of soul and a strong sense of country without a glimmer of corniness. She's got a lot of rock 'n roll, but really has a style all her own—and it's hot. Epic.

☐Those stylish rogues from Birmingham, England are at it again—better than ever. The Steve Gibbons Band has developed a unique musical personality, and on **DOWN IN THE BUNKER** the members have managed to express it with their most skill yet. "Eddy Vortex" and "Chelita" are some fine examples of this underrated group. Polydor.

☐**MIDSTREAM** is Debby Boone's second album to carry her through the mainstream of popular musical tastes. The young songstress has emerged as one of the finest in years, and this record guarantees that her starring position is here to stay. "When You're Loved" from the movie *The Magic of Lassie* is a surefire success. Warner-Curb.



☐Massive summer rock festivals have become part of the rock 'n roll life, and **CALIFORNIA JAM 2** was one of the biggest of 1978. Although the album doesn't feature the very best hits of the artists included, it's a sunshiny sampling of concert faves like Ted Nugent, Heart, Aerosmith, Dave Mason, Santana and Mahogany Rush. Columbia.

☐Moon Martin is a spacy name for an apparently low-key, down-to-earth kind of guy who's firing **SHOTS FROM A COLD NIGHTMARE.** With his unusual, yet comfortable vocal quality and a guest rhythm section of Gary Valentine and Phil Seymour, the fellow should be proud of songs like "Bad Case of Lovin' You" and "She's A Pretender." Capitol.

☐The Sylvers are growing up and are taking their music with them. With a new record label, the talented family seems to have reached a new level artistically. Surely more sophisticated, they haven't lost one bit of their all-in-fun feeling. "Don't Stop, Get Off" is a bouncy disco number, and the title cut, **FOREVER YOURS,** is a good-listening ballad. Casablanca.

SEND YOUR RECORD BALLOT OR REASONABLE FACSIMILE TO NOVEMBER—RAPPING ON RECORDS, c/o 'TEEN Magazine, P.O. Box 3341, Hollywood, CA 90028. No purchase necessary. Void where prohibited by law. Balloting not open to employees of Petersen Publishing Co. or their families. All material submitted becomes the property of 'TEEN Magazine. No correspondence will be entered into with the entrants. Decision of the judges is final. No substitutions will be made for prizes offered.

Name _____ Age _____

Address _____

City _____ State _____ Zip _____

PLEASE DO A STORY ON _____

Step right up and hop on the fashion bandwagon.

Left: Be definitely feminine in menswear separates styled in houndstooth velour. Tunic, $30, trousers, $28, and weskit-styled vest, $20. All, sizes 5/6-15/16 by Mushroom. Tie by Glentex. Mini-bag and suspenders by Ruza. Hanky by Desco.
Right: Tailored just for you, are a tiered dress, $24, tweed spencer jacket, $45, and paisley shirt, $10. All, 5-15. All sportswear and accessories available through the Sears Fall Catalog. Suede ballet shoes available through Sears Christmas Catalog. Photographed at Ringling Bros. and Barnum & Bailey Circus. PHOTOGRAPHY/SANDY KAPLAN

Be Positive

Turn the page and you'll find some absolutely first-rate ideas for fall.

There are big-top sweaters to knit up and keep you in stitches, bright ready-to-wear outfits for clowning around, and super sew-ables to get the sew on the road.

There are also sure-fire tips on how to cope when the weather takes a turn for the worse, a positive way to organize your beauty routine, plus a scent-sational fragrance guide for definite scents-appeal. So read on and find some positively good moves to get things going in the right direction.

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Advertising Offices
New York: 437 Madison Ave., New York, NY 10022. Phone: (212) 935-9150.

ROBERT BROWN, *Associate Publisher & Advertising Director*
WILLIAM McCUSKER, *Eastern Manager*
Chicago: John Hancock Center, 875 N. Michigan Ave., Suite 3131, Chicago, IL 60611. Phone: (312) 222-1920.
NANCY REE PHILLIPS
Los Angeles: 8490 Sunset Blvd., Los Angeles, CA 90069. Phone: (213) 657-5100.

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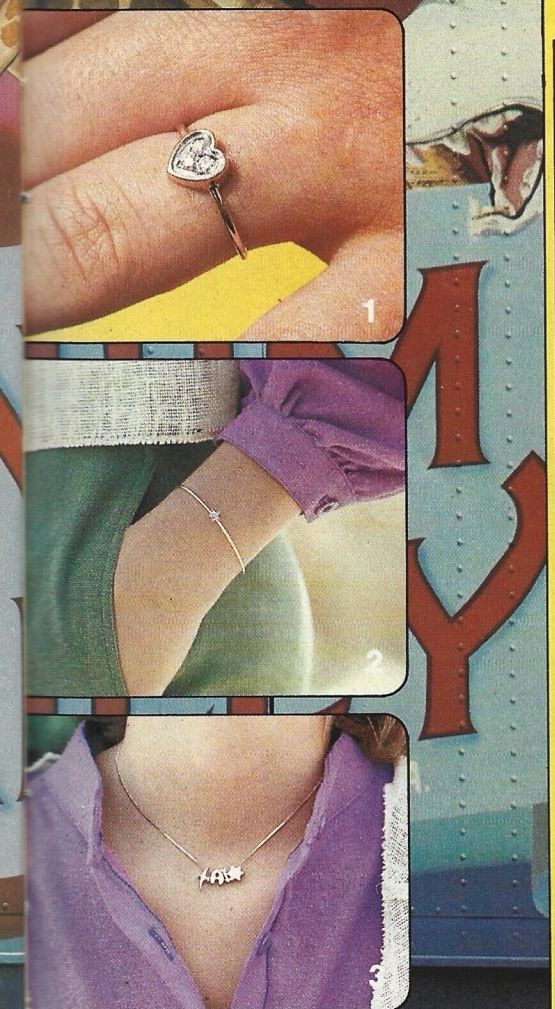
Great Performances

Clown around in bright circus separates.

The Ringling Bros. and Barnum & Bailey Circus clowns show our models a good time under the big top. The spotlight will shine on you in these winning numbers. **Left:** Bright green straight-leg trousers, 5-15, $22, purple roll-sleeve shirt, 5-15, $25, and burlap boxy vest, SML, $16, are all by Peggy Hadden for Moody's Goose. Western tie by Schiffer. Belt by Elegant. Riding boots from Sears. **Center:** Grape chenille unconstructed jacket, SML, $32, banana chenille vest, SML, $26, pepper green shirt, 5-15, $26, white wool trousers, 5-15, $26, all by Peggy Hadden for Moody's Goose. Pins by Carolee. Belt by Elegant. Riding boots from Sears. **Right:** Pink weskit vest, $10.99, and purple billowy circle skirt, $16.99, are both sized PSML in the Family Fashions Catalog by Avon. (See mail-order story on page 92 for mailing information.) White tuxedo shirt with bowtie, SML, $18, by St. Michel. Hanky by Desco. Shoestring necklace by Glenn Mitchell. Barrettes by Riviera. Riding boots from Sears. PHOTOGRAPHY/SANDY KAPLAN

Dress Rehearsals

To emphasize your fashion statement . . . accessorize! These gold and diamond pieces will razzle and dazzle everyone.



Have a heart. Gold pavé diamond ring will outshine 'em all, $125. 2. Twinkle, twinkle little star, on a delightful gold wire bangle, $125. 3. Try a nifty necklace strung-out with gold collectables. Gold S chain, $50. Collectables, $32.50 each. 4. Play cat and mouse with this whimsical pair. Each stickpin has a diamond chip and looks purr-fect. $62.50 each. All prices subject to change.

JEWELRY AVAILABLE AT MOST ZALES STORES.

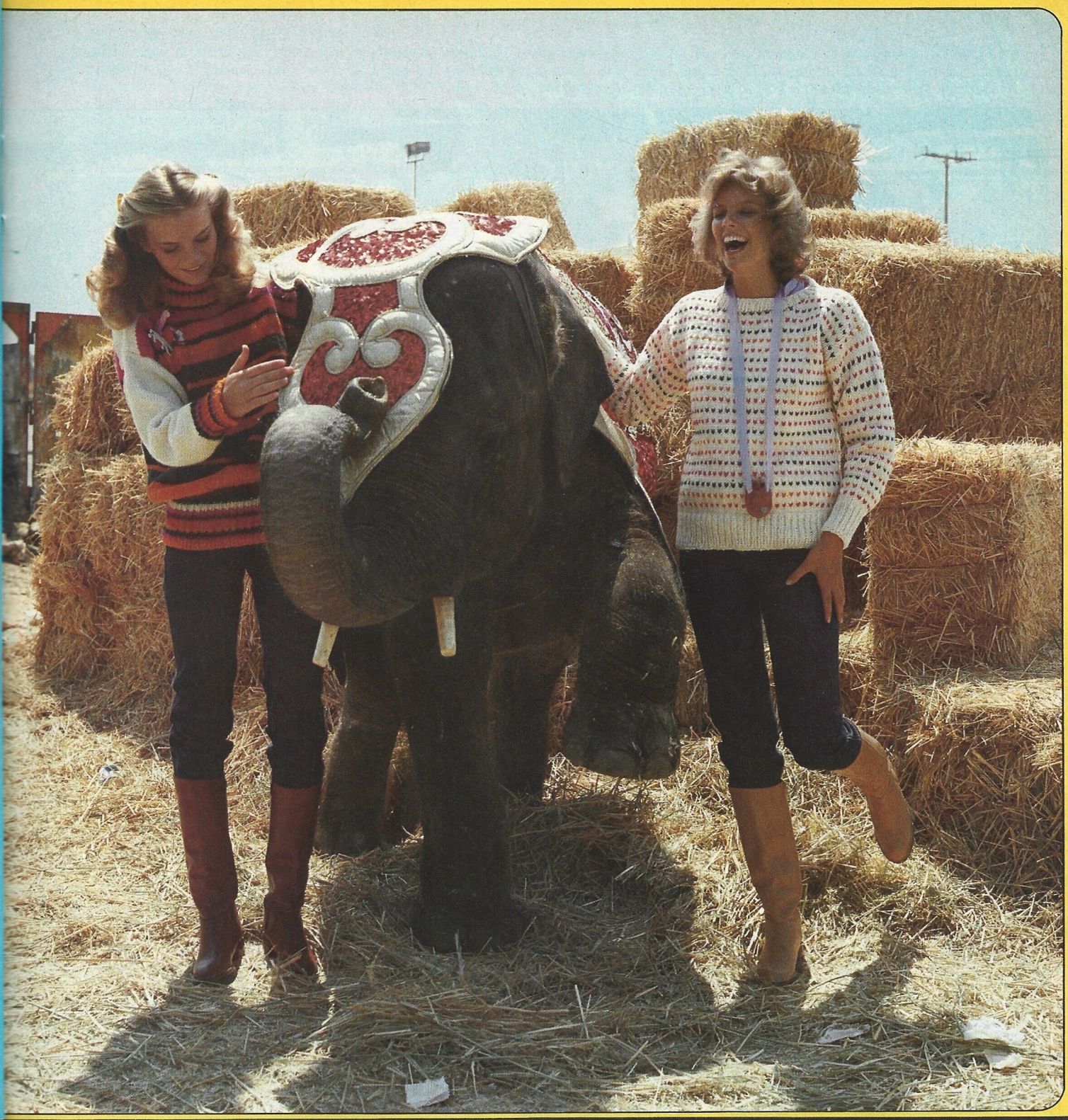
The show must go on.

Left: Check out a red and black buffalo-check shirt, 5-15, $12. Skirt, 5-13, $27, and creme chenille V-neck pullover, SML, $20. All by Turtle Bax. Bag by Toni. Red patent boots by Seven Star. **Right:** All eyes are on you in this lumberjack plaid schoolgirl dress, 5/6-13/14, $34, by Galinda. Tie by Sally Gee. Ruza beret. Belt and Western boots from Sears.

To keep your lips positively yummy-looking, try Kissing Stick Super Flavored Stick Gloss by Maybelline in Shoutin' Sherbert.

Left: Another great performer is the oversized cable-knit turtleneck. Menswear tie by Sally Gee. Hat by Kangol. Parrot pin by Carolee. **Right:** Double up and take a ribbing in a tweedy V-neck and matching menswear vest. Pin by Carolee. Cap by Sally Gee. Bowtie by CaroLaurie. All three sweaters made of Columbia-Minerva's Berber Yarn. Jeans from Turtle Bax. Riding boots from Sears. Photographed at Ringling Bros. and Barnum & Bailey Circus.

Your hair looks and smells great. Of course, it's "Gee, Your Hair Smells Terrific" conditioner.



Left: Charlie the elephant keeps you in stitches in a big, bulky, bright-striped pullover. Assorted pins by Carolee. **Right:** The big top is tops in sweaters, and this crewneck is long on good looks. Both sweaters made from Columbia-Minerva's "Great Ideas" Yarn. Necklace by Angelique. Jeans by Turtle Bax. Riding boots from Sears.

PHOTOGRAPHY/SANDY KAPLAN

To keep your skin feeling silky-soft under these bulkies, fluff on Love's Misty Body Powder.

Under the Big Tops

Perform some special tricks of your own with a little yarn, a little know-how and a special group of big blousy sweaters made just for 'TEEN. We wouldn't needle you. All these sweaters are made of Columbia-Minerva's yarn of 100% Acrilan® acrylic. The yarn is Wear-Dated® by Monsanto.

For instructions on how to make these knitted sweaters, send a self-addressed, stamped, standard-size business envelope to: Monsanto, Dept. T, 1114 Avenue of the Americas, New York, NY 10036.

The sew must go on!

Sew off some colorful separates at the circus.

Left: Step right up in cuffed trousers and a bib front tuxedo shirt, Simplicity pattern #8800. Pants, 40% wool/30% polyester/30% acrylic, $7 per yd. by Ernest Einiger. Solid shirting, 100% cotton, $3.50 per yd. by Logantex. Print bib, 65% polyester/35% cotton, $2.59 per yd. by Ameritex. Ribbon tie by Offray. Suspenders by Ruza. **Right:** Can you spot the kewpie doll in her wrap pants and boxy vest? Pants, Simplicity pattern #8799, and vest, pattern #8685, are 100% polyester, $4 per yd. from Loomtex. Menswear shirt, pattern #8799, is 50% polyester/50% rayon, $3.75 per yd. from Manes Fabrics. Bowtie by CaroLaurie. Shoes this page by Seven Star. Socks by Electric Sok. Jewelry by Red Cobra. PHOTOGRAPHY/SANDY KAPLAN

Jackets are the next attraction.

Left: Layers of shirts are getting lots of attention, especially when they're topping off the new straighter, cuffed pants, all Simplicity pattern #8683. Jacket, 100% wool, $13 per yd. by Hamilton Adams. Shirt, 65% polyester/35% cotton, $3.50 per yd. by United Merchants. Corduroy pants, 50% polyester/50% cotton, $4.50 per yd. by Crompton. Bowtie by Lecour-Johnson. Belt by Elegant. Loafers by Bass. **Right:** Another way to steal the show is with Simplicity's unconstructed blazer, pattern #8689. Fabric is 70% wool/20% nylon/10% angora, $16 per yd. Skirt, pattern #8700, is 70% wool/30% polyester, $12 per yd. Both fabrics by Ernest Einiger. Shirt, pattern #8715, is 100% cotton, $2.69 per yd. by Marcus. Tie by Sally Gee and pin by Lecour-Johnson. Hanky by Desco. Bag by Ruza. Socks by Hot Sox with shoes from Sears. Photographed at Ringling Bros. and Barnum & Bailey Circus.

Stay dry under all those layers with Super Dry Soft & Dri Anti-Perspirant.

POSITIVELY Scent-sational

Get on the right scent with these fascinating fragrance facts. Increase your scent-sory perception and be a definite scent-sation. Make a scent-sible investment with a collection of fragrances to suit your every mood.

Don't judge a fragrance just by sniffing the bottle—you'll only be able to smell the top note, not the true scent. For a fresh, young, go-anywhere fragrance, be sure to put Smitty by Coty on your try-out list.

● Although you may like a perfume on someone else, don't buy it without testing it on yourself first. No perfume smells exactly the same on any two people, because each person's body oils have a different effect on fragrance.

● Since your scent-sory perception is less acute in the morning and early afternoon, the best time to shop for fragrance is in the evening.

Your nose will get confused and you won't be able to tell the difference between fragrances if you test more than three at a time.

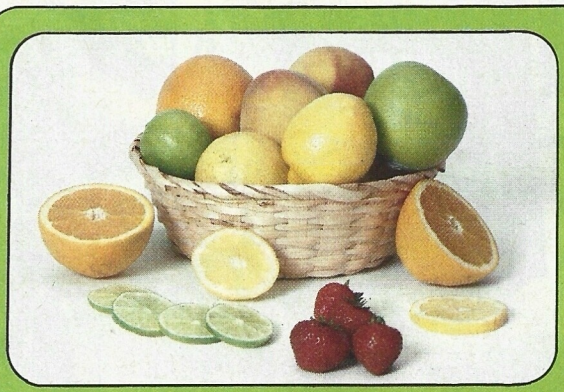
● Get on the right scent by applying each fragrance with a different finger. Apply one on the inside of each wrist and one in the crook of your elbow.

Oriental:

Warm, intense, sophisticated fragrances made from musk, civet, ambergris and other exotic ingredients.

Floral Bouquet:

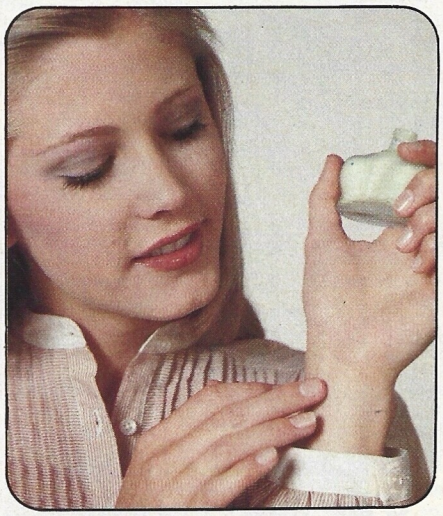
Romantic fragrances that come into bloom with a mixture of several floral scents.



Fruity:

Fresh, clean-smelling fragrances. These often have a citrus base, but can also contain mellower notes of apple, peach, strawberry and apricot.

For a new scent-sation, try using fragrance in a spray can like Love's Fun Flavor Fragrances in Fresh Coconut, Wild Strawberry and Very Vanilla.



When testing fragrance, don't just dab and sniff immediately. Wait at least ten minutes before making the sniff test. That way the perfume has time to blend with your skin's natural oils. For a great scent-sation that'll last for hours, try Wind Song Creme Perfume by Prince Matchabelli.

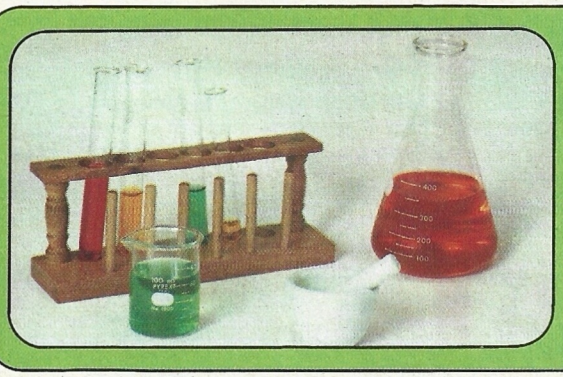
● Make a scent-sible investment by choosing a small bottle of a new fragrance at first. Then, when you're positive it's right for you, splash out on a larger bottle.

Single Floral:

Sweet and simple perfumes that capture the scent of one single flower: rose, lily of the valley, gardenia or honeysuckle, for example.

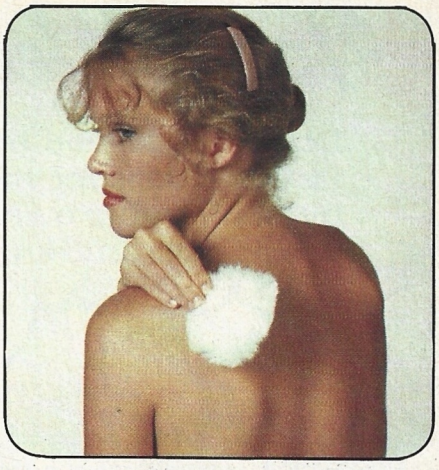
Spicy:

Exotic fragrances made from spicy ingredients like cinnamon, cloves, ginger, vanilla and spicy smelling flowers like carnations.



Modern:

These are created in the laboratory with special ingredients that make them brisk, sparkling and totally unique.



Boost your perfume potential by layering fragrance. Match your cologne to talcum powder, scented body lotion or soap. However, avoid the temptation to layer on different fragrances, since one can cancel out the other. For a positive fragrance effect try Jōvan Eau Fresh Perfumed Dusting Powder, Hand & Body Moisturizing Lotion and Cologne/ Afterbath Splash.

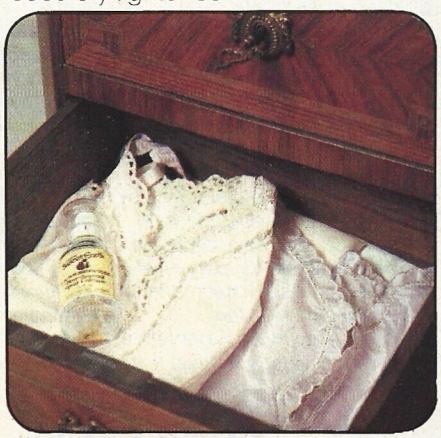
- Don't try to save fragrance just for special occasions. Once a scent has been opened it starts to evaporate, and in time the fragrance will change
- Perfume will spoil if exposed to heat and light, so store your fragrance in a cool dark place with the top securely tightened.

Since one dab of perfume won't last all day, be sure to reapply it every three or four hours. One fragrance that's a definite plus to carry with you is Avon Sweet Honesty Cream Sachet.

- Perfume needs time to "set" and the big outdoors can whisk scent away, so it's a good idea to apply your fragrance at least 20 minutes before going out.
- Change scents occasionally. If you always wear the same perfume, your nose will suffer from fragrance fatigue and your perfume will seem less potent.
- To increase your perfume power, apply fragrance on your pulse points: behind ears, on temples, at the base of the throat, on the inside of wrists, the crook of elbows, behind knees and on ankles. Your body temperature is higher in these places and the heat helps turn fragrance on.

Using an atomizer or aerosol sprays to apply perfume makes scent sense. These break the fragrance into tiny droplets and diffuse the alcohol, allowing just the essence to remain. For a fresh, cool, spicy fragrance, try a spritz of Blue Jeans Cologne.

- Dry skins don't hold fragrance as long as oily skins. If you have dry skin, apply fragrance more often and more generously. Also, try using a perfumed bath oil or smoothing on a body lotion before applying your fragrance.



When you've used up all your fragrance, save the empty bottle and put it in your lingerie drawer to lightly scent your underwear.

Woodsy:

Fresh, green scents that capture the elements of the big outdoors with ferns, mosses, herbs, and woods like balsam, cedar and sandalwood.

Lingerie by Barbizon Tops from Tom Boy PHOTOGRAPHY/TEKE

Foul Weather / Fair Beauty

Don't let bad weather dampen your looks this season. Although the forecast calls for showers, you can chase away those storm clouds by casting your own sunny glow. You'll look positive-ly sensational if you apply a little know-how.

Hair

Don't let your hairdo give you the blues in dismal weather. The rainy season causes frizzies if your hair is curly and the straights if your hair lacks body. Now's the time to get your hair into A-okay shape before the first frost hits.

● Rev up your locks by pouring on a good hair conditioner after every shampoo. Agree Creme Rinse & Conditioner is a must to keep your hair manageable and bouncy.

● If your hair really goes haywire in wet weather, give yourself a soft body perm such as Toni Silkwave in the Gentle Formula. Try experimenting with combs and barrettes. They're great hair accessories for saving droopy dos.

● Does your hairstyle get bent out of shape after being in windy weather? Don't despair, repair—with a quick spritz of hair spray on your styling brush. As you brush your hair, the spray will smooth stray ends and put your style back in shape.

Skin

Even though cold weather puts a rosy blush on your cheeks, the chilly winds can do a real number on tender skin.

● Save your face by adding a protective layer of moisturizer to buffer those wicked winds. Bonne Bell Good Nature All-Over Moisturizer will help keep your skin positive-ly soft and smooth.

● The biting cold can make your lips dry and sore. Protect them against chapping and cracking by using a lip balm every time you venture outdoors. Reapply when you come indoors for extra relief.

● No long soaks in a hot tub for you if your skin registers "parched." Too much water tends to dry your skin, so you must learn to make a quick exit each time you enter the tub. Apply a moisturizing lotion all over as soon as you step out of the tub, while your skin is still damp. That way you'll get a head start on protecting your skin against the drying effects of cold weather.

● When shaving weather-dried legs, use a body lotion instead of soap or shaving cream. Johnson's Baby Lotion will give you a velvety-smooth shave and help eliminate nicks. The lotion will act as a weatherproofer too, to guard your legs against dehydration.

Hands

There's no excuse for getting caught red-handed! To prevent chapping and soreness, follow these hand-y tips.

● Cold temperatures can strip the skin of moisture, so you must renew all the moisture that gets lost. Skin Quencher Moisturizing Hand & Body Lotion by Chap Stick is a yes-yes for protecting hands (and body, too).

● Keep your hands warm and protected by wearing gloves whenever you're out-of-doors. Wear gloves with a fleece lining for extra warmth.

● Fingernails can do the splits when exposed to cold air. Splitting, breaking and cracking can be prevented if you condition your nails and cuticles regularly. Jovan Hot Oil Treatment can come to the rescue of sorry-looking nails.

● Hands may feel stiff and numb after being overexposed to cold, dry air. Try this quick exercise to get them back in circulation. Shake your hands vigorously. Now rotate your wrists very slowly, keeping your fingers still as you rotate. Repeat.

Feet

Do you get cold feet just thinking about venturing out in wet weather? About 50 percent of total body heat can escape through your feet, so you must keep them warm and dry in order to keep walking happily.

● In very damp weather, wear two pairs of socks inside your rain-boots. First put on a pair of cotton socks (anklets are good), then pull on a pair of knee-socks over them. The double layers will give you extra protection.

● The insides of your shoes can become breeding grounds for foot infections and odors since they contain moisture and germs. Treat your feet kindly by dusting them with a generous supply of talcum powder after each bath or shower.

● Check the bottoms of your boots periodically for wear and tear. Tiny holes can let water seep in and give you soggy feet.

Eyes

Cold weather can make eyes look less than eye-deal. A few precautions will keep yours sparkling and shining.

● Redness and puffiness are very common symptoms this time of year. Always keep eyedrops with you to help get your eyes out of the red.

● Rain and cold can put your eye makeup on the run, so it's a wise eye-dea to try a waterproof mascara. Maybelline Fresh Lash 24-Hour Mascara is smudgeproof and smearproof to keep your lashes looking great all day long.

● Coming from the damp and cold outdoors to the hot and dry indoors can create a beauty hazard to those who wear eyeglasses. The sudden change in environment can cause your specs to fog up and cut your vision short. Ask your doctor about contact lenses. If you can wear lenses, you'll clearly see a difference, since they eliminate this fogging hazard.

Don't let the season's gloomy weather get you down. We've given you some positive beauty tips to help make you look great. Now we'd like to share some positive ideas to help make you feel great, too!

It's a fact that as the temperature drops, most everyone's energy level goes up. Take advantage of the cooler, invigorating weather and tackle some projects that will make you feel positive-ly terrific.

● Use your free time to do volunteer work at a local hospital. Many hospitals need young people to help run errands for patients, such as distributing newspapers, flowers, magazines, etc.

● Go to the public library and see what interesting books are available that might keep you busy indoors. Pick up a book on quilt-making or fashion history, for example.

● On a rainy Saturday afternoon, give your clothes closet the once-over. Throw away unused items and reorganize all your essentials.

● If bad weather keeps you in the house, volunteer to help your mom make a special dessert for dinner.

Opposite page: In a sudden downpour, put your best face forward. Here, Oil-Control Make-Up in Cream Beige and Fingertip Powder Blush in Pink puts on a rainy-day glow. Eyes come into focus with Automatic Cream-On Shadow in Whisper Brown and Fresh Lash 24-Hour Mascara in Brownish-Black. A slick of Super Shiny Automatic Lipcolor in CoralShine gives lips pretty protection from the elements. All makeup by Maybelline. Polan, Katz umbrella. Slicker by Betmar.

PHOTOGRAPHY/TEKE

If you follow these positive suggestions, you'll be walking on the sunny side of the street, weather or not the forecast calls for rain!

PHOTOGRAPHY / TEKE. *Medicine cabinet available through Sears catalog.*

PHOTOGRAPHY/TEKE *Medicine cabinet available through Sears catalog.*

Rx for positive beauty

Stock up on the basic beauty essentials and get the right prescription for positive good looks. Take an inventory of your beauty supplies to make sure you have everything you need to give your looks a definite boost.

Starting from Scratch

Begin your good-looks formula by putting your medicine cabinet in order. Give old makeup and creams a check-up. If they're dried out or if you haven't used them in months, you'll probably never use them again! Don't let these dispensable items take up precious space—throw them away to make room for your basic necessities.

After the big clean-out, check to see what beauty supplies you're missing and restock according to this checklist to make sure you have everything you need.

☐ Cotton balls, cotton swabs, and tissues.
☐ Cleanser, toner and moisturizer to suit your skin type.
☐ A face mask to suit your skin type.
☐ A special eye makeup remover.
☐ Bathtime essentials like soap, bubble bath, bath oil and talcum powder.
☐ Sponge or washcloth.
☐ Nail brush.
☐ An antiperspirant.
☐ Tampons or sanitary napkins.
☐ Hand and body lotion.
☐ Fragrance, in whichever form you prefer.
☐ A razor and/or depilatory.
☐ Wax or bleach for facial hair.
☐ Toothbrush, toothpaste and dental floss.
☐ Cuticle cream and cuticle remover.
☐ Nail polish and nail polish remover.
☐ Makeup: foundation, cover stick, powder, eye shadows, eye pencils, mascara, blusher and lip gloss.
☐ Shampoo and conditioner for your hair type.
☐ A hairbrush and comb.

Tools of the Trade

Tool up with handy helpers that'll make sure-fire additions to your beauty line-up.

- Makeup brushes. These should include lip, eye shadow and blusher brushes.
- Tweezers.
- Eyelash curler.
- Pumice stone.
- A hand mirror with a magnifying side.
- Hair dryer.
- Heated curlers or curling iron.
- Manicure set with emery boards, nail scissors and orangewood sticks.

Keep it Clean

Take care of your beauty supplies so that they're always clean, germ-free and ready to use.

- Rather than continually putting your fingers in creams and liquid makeups, try using a small, clean plastic spoon or a fresh cotton swab to take out just the amount you need.
- Make sure that the necks of bottles and jars are clean and the tops are securely tightened.
- If you have to dampen makeup, be sure to use tap water, not saliva!
- Wash your brush and comb every time you wash your hair. Also, be sure brush bristles are in good shape and your comb has no broken teeth.
- Throw away worn-out emery boards, since these will snag and encourage your nails to split.
- After shaving, rinse your razor with hot water, shake and allow it to dry. Don't wipe it dry with a towel, as this can dull the blade.
- Have two toothbrushes, so one's always dry and ready for use. Remember, your toothbrush will probably need replacing every three or four months, so don't wait till the bristles are worn out before you make the exchange.

Work Out a Definite Routine

Once you've got all the basic necessities, don't leave them in the cupboard! Put them to work with this beauty schedule and get on the right timetable for great beauty results.

Daily Do's

For an effective good-grooming prescription, follow this list of daily chores.

Do take a daily bath or shower, so you're fresh and clean all over.
Do use an antiperspirant every morning to keep you feeling cool and dry. For best results, wait about 15 minutes after your bath or shower before applying your antiperspirant.
Do cleanse your face regularly. If you have normal to dry skin, cleanse in the morning and at night. Oily skin needs cleansing more often to help mop up excess oil.
Do brush your teeth in the morning, at night and after meals.
Do fight cold weather conditions with a slick of lip protector, and if your skin is dry use a light moisturizer.
Do check your makeup from the side as well as the front to see that it's properly blended.
Do work out a daily ten-minute exercise routine to keep you in shape.
Do follow a balanced diet and stay away from junk foods and between-meal snacks.
Do make sure you get enough sleep every night. Too little sleep can leave you feeling tired and irritable, as well as spoil your looks.

Daily Checkups

These are things that you may not need to do every day, but they probably call for more than once-a-week attention and should be checked daily.

- Be sure that underarms and legs are defuzzed regularly.
- Check your nail polish for any chips and repolish when necessary.
- Check eyebrows for any stray hairs below the browline and tweeze them away.
- Depending on your hair type, you may need to shampoo your hair every day or every two or three days.

Weekly Workouts

- Weigh in every week. Try to make it the same day each week and around the same time. It's best not to weigh in daily, since weight naturally fluctuates, and this can be discouraging if you're trying to lose.
- Give your skin a face mask to help deep-cleanse and refine pores.
- If you have normal to oily skin, try steam-cleaning your face. Make sure, though, that you don't use extremely hot water. Heat a pan of water to boiling, then take it off the burner and allow the water to cool slightly before steaming your face.
- Give yourself a complete manicure and pedicure.
- Remove any rough skin from the soles of your feet with a pumice stone.

Monthly Musts

- If you have dry to normal hair, try giving it a deep conditioning treatment.
- Check your supply of tampons or sanitary napkins to make sure you're not down to the bottom of the box.
- If you wax or bleach facial hair, it will probably need redoing about once a month.
- Try experimenting with a different makeup look or a new way to wear your hair.
- About every four to six weeks, have your hair trimmed to keep the style in shape.

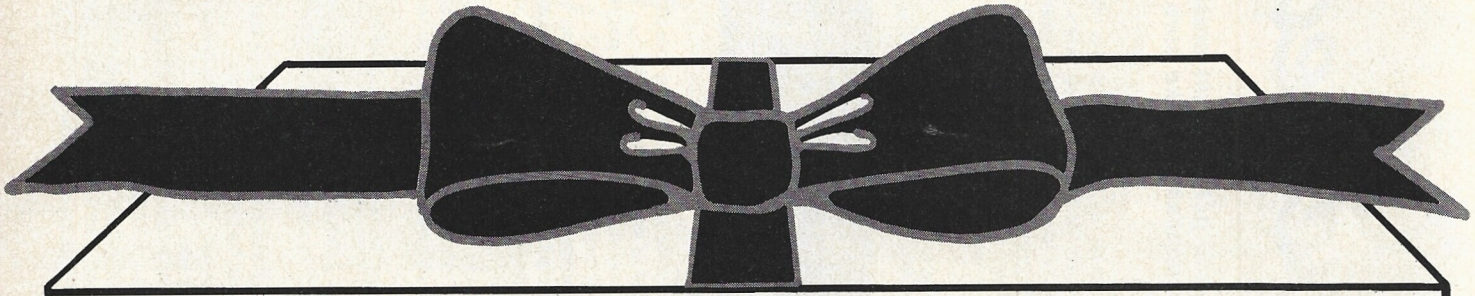
Although most people think of picnics and warm weather as natural go-togethers, we say be creative and plan a packable, totable meal for the cool, crisp days of autumn. Take advantage of the great outdoors and round up three couples to party at a football game, the zoo or even the circus if it's in town.

If you're handy, you and your friends can take ordinary shoeboxes and turn them into bright and cheery picnic carriers filled with everything from soup to nuts. Before you look into our take-along treats, here's a list of helpful hints to make your picnic a positive success:

- **Pack foods carefully to avoid a "sticky" situation later.**
- **Don't forget lots of extra napkins (a few Wash 'n Dri's are always a good idea).**
- **Make sure foods that need to be eaten while still warm are packed in extra-strength aluminum foil to hold in the heat.**
- **Think ahead and plan on using pretty containers to pack all your special goodies.**
- **Label the boxes with your names so there's no confusion later.**

And just for you:

- **Wear comfortable clothes so you'll be at ease in any surroundings.**
- **Carry a blanket or covering to sit on or to spread the food on.**
- **Bring along an extra bulky sweater in case the weather gets cooler.**
- **Last of all, be positive, and your cool-weather picnic will be perfect.**



PACKABLE, PORTABLE PIZZAS

1 can (10¾ ounces) Campbell's Condensed Tomato Soup
1 small clove garlic, minced
2 teaspoons oregano leaves, crushed
6 small individual pita breads
1 cup thinly sliced pepperoni, quartered
1 cup shredded sharp Cheddar cheese

To make sauce, combine soup and seasonings in saucepan. Bring to boil; reduce heat. Simmer a few minutes to blend flavors. Split pita bread in half lengthwise; spread about 2 tablespoons sauce on each half. Top with pepperoni; sprinkle with cheese. Arrange on baking sheet. Bake at 400°F. for 10 minutes or until hot. Makes 12 mini-pizzas (6 servings).

BEEFY CIDER SIPPER

2 cans (10½ ounces each) Campbell's Condensed Beef Broth
2 soup cans apple cider
¼ cup packed brown sugar
1 cinnamon stick (1½ inch)
Orange slices, cut in half

In saucepan, combine all ingredients except orange slices. Bring to boil; reduce heat. Simmer 5 minutes. Remove cinnamon stick; garnish with orange slices. Makes about 5 cups.

(Note: Recipe doubled for photograph.)

ROSY FRUIT BARS

1½ cups all-purpose flour
1 teaspoon ground allspice
½ teaspoon baking powder
1 can (10¾ ounces) Campbell's Condensed Tomato Soup
⅓ cup shortening
1 egg
1 cup firmly packed brown sugar
1 teaspoon vanilla extract
1 cup all bran
1 cup chopped dried dates
½ cup raisins
½ cup shredded coconut
½ cup chopped pecans

Preheat oven to 350°F. Grease and flour an oblong baking pan (13"x9"x2"). In large bowl of electric mixer, sift flour, allspice and baking powder. Add soup, shortening, egg, sugar and vanilla extract. Beat at medium speed for 2 minutes, scraping sides and bottom of bowl often. Stir in remaining ingredients. Spread evenly in baking pan. Bake 25 minutes or until done; cool. Glaze with Lemon Icing; garnish with additional shredded coconut. Makes 24 bars.

LEMON ICING

2 cups confectioners' sugar
2 tablespoons water
1 tablespoon lemon juice

In a bowl, combine ingredients and beat until smooth. Makes about ¾ cup.

CREAMY DILLED VEGETABLE DIP

1 can (10¾ ounces) Campbell's Condensed Cream of Celery Soup
1 package (8 ounces) cream cheese, softened
½ cup chopped cucumber
2 tablespoons finely chopped onion
¼ teaspoon dried dill weed, crushed
⅛ teaspoon hot pepper sauce
Assorted fresh vegetables

With electric mixer or hand rotary beater, gradually blend soup into cream cheese. Beat just until smooth (over-beating makes dip thin). Add cucumber, onion, dill and hot pepper sauce; chill. Serve with vegetables. Makes about 2 cups.

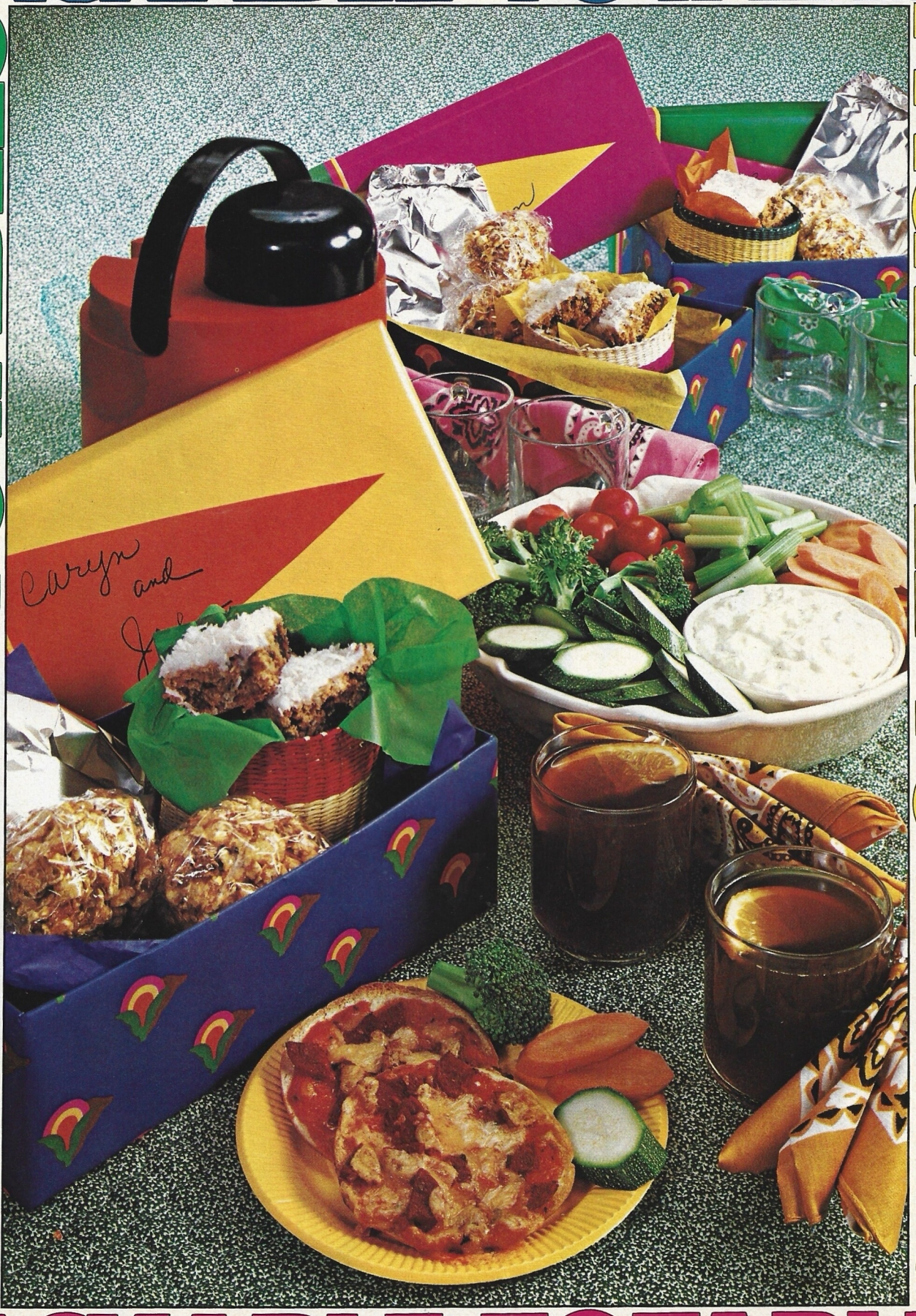
CHEWY CARAMEL POPCORN BALLS

1 can (11 ounces) Campbell's Condensed Cheddar Cheese Soup
1 bag (14 ounces) caramels
½ teaspoon almond extract
12 quarts popped corn

In saucepan, combine soup, caramels and almond extract. Heat, stirring until caramels melt and sauce is smooth. In large pan, pour caramel mixture in thin stream over popped corn, lightly tossing until coated. Moisten hands with cold water; shape popped corn into balls (about 1 cup each). Place on waxed paper; cool. Makes 18 balls.

PHOTOGRAPHY/BILL MARGERIN
FOOD STYLIST/ANN HELLER

PACKABLE TOTABLES



PACKABLE TOTABLES

PACKABLE TOTABLES

PACKABLE TOTABLES

Cindy's Something
NO DOUBT ABOUT IT!

Cindy Adlesh has the positive good looks that are really moving her in the right direction—from pretty schoolgirl to 'TEEN model and cover girl.

Many young girls dream of glamorous modeling careers, and pretty Cindy Adlesh was no exception.

Last year, when she was 17 and a junior in high school, Cindy's dream began to materialize when a girlfriend talked her into having her picture taken for the 'TEEN Model Search (see the results in the February 1978 issue). Cindy had always been camera shy, but this time she and the camera really clicked!

Thousands took part in the search, but it didn't take the judges long to pick Cindy as the winner. "I didn't think I had a chance," she told us later. "There were so many girls there and they were all so pretty."

Two 'TEEN covers (June and September 1978) and many photo sessions later, the camera has become a familiar part of Cindy's life. "I still can't believe it when I see my picture on the magazine racks at the store," she told us.

Cindy was a little skeptical at first about how her friends would react to her sudden success. "I was so afraid they'd be jealous, but they weren't at all. Instead, everyone was really happy for me," she reports. Her parents were especially curious to see how Cindy would take it, but they relaxed once they saw she wasn't going to let success go to her head.

She still loves spending her time around the house, reading romantic novels and rearranging her ceramic doll collection. Her social life hasn't changed much. "I still go to the movies or to the beach with my friends," she said, "but my career plans have really changed.

"Originally I had planned to study dentistry in college," she explained, "but now I think I'd like to study a lot of different subjects, including theater arts and dancing." Cindy feels that these subjects can help her in her new modeling career, especially in TV commercials.

"It only took one modeling session, and then I knew it was the kind of work I would like to do for a while," she said. Less than a year after her first session she signed up with a top Los Angeles modeling agency.

Cindy quickly found out that, along with the glamour and fun, modeling can also be a lot of hard work. Changing makeup and clothes repeatedly can be exhausting. It also takes time to perfect the art of looking good in shoes that are too tight and in clothes that don't fit.

Models know the camera can be unfair, seeming to add as much as ten pounds to your figure. Cindy admits she's never had a weight problem, but she works hard to make sure she never will.

"It's not always easy," she sighed. "My little brother is always eating something tempting, and my mother is an excellent cook." She does make sure that her day begins with a nourishing breakfast like a poached egg or hot cereal. A sandwich plus some fresh fruit is usually enough for lunch, and there's always a gourmet dinner waiting at home.

Staying in shape is no chore because Cindy loves sports, especially racquetball, which she began playing about two years ago. She still plays about three times a week, usually with her boyfriend. She sighed hopelessly when we asked her who wins. "He does," she replied. "But I'm still trying!"

Cindy was surprised at how a photograph can enlarge and focus on even the smallest imperfections. She quickly learned to compensate for an uneven jawline by using a dark blusher for shading. Tiny lines around her eyes are hidden with a light cover stick.

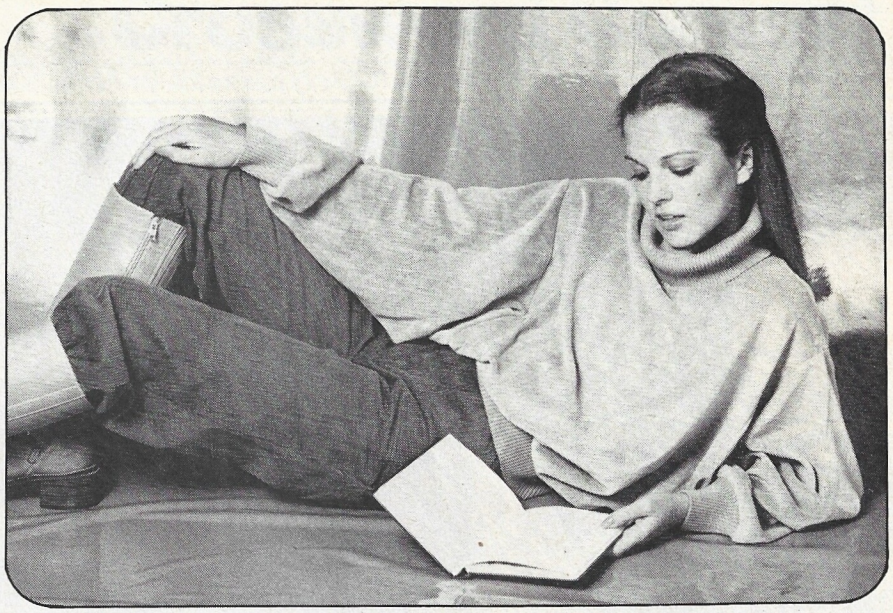
Cindy's beauty time is mostly spent taking care of her long, fine and dry hair. She washes it every other day with a mild shampoo and uses a deep conditioner to keep it soft and tangle-free. Her wavy hair straightens out with a blow-dryer and brush, and she keeps the ends from doing the splits with a monthly trim. In between shampoos she curls the ends with heated rollers.

When it comes to skin care, she sticks to basics. "I get the best results with just plain soap and water," she explained, adding, "unless I have a lot of makeup on, like right after modeling. Then I use a cleansing cream." Cindy likes to finish up with an astringent to remove any lingering traces of soap or cream, and she applies a moisturizer at night and in the morning to keep her dry skin moist and soft.

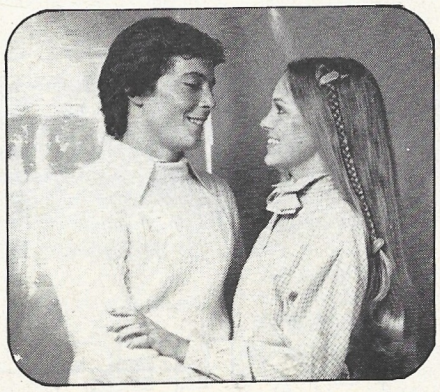
Cindy has mixed emotions when she talks about modeling as a lifelong career. "It's really short-lived. It only lasts while you're young," she told us. "That's why I feel college is so important. I'd like something to fall back on."

English and speech were always her favorite subjects in high school, but she's not quite sure that she'll pursue them in college.

"I'd like to try a lot of different subjects before I choose one to major in," she told us. "It's really hard to say what I'll be doing at this point." Cindy has plenty of time to decide, since it looks like her modeling career will last a long time . . . no doubt about that!



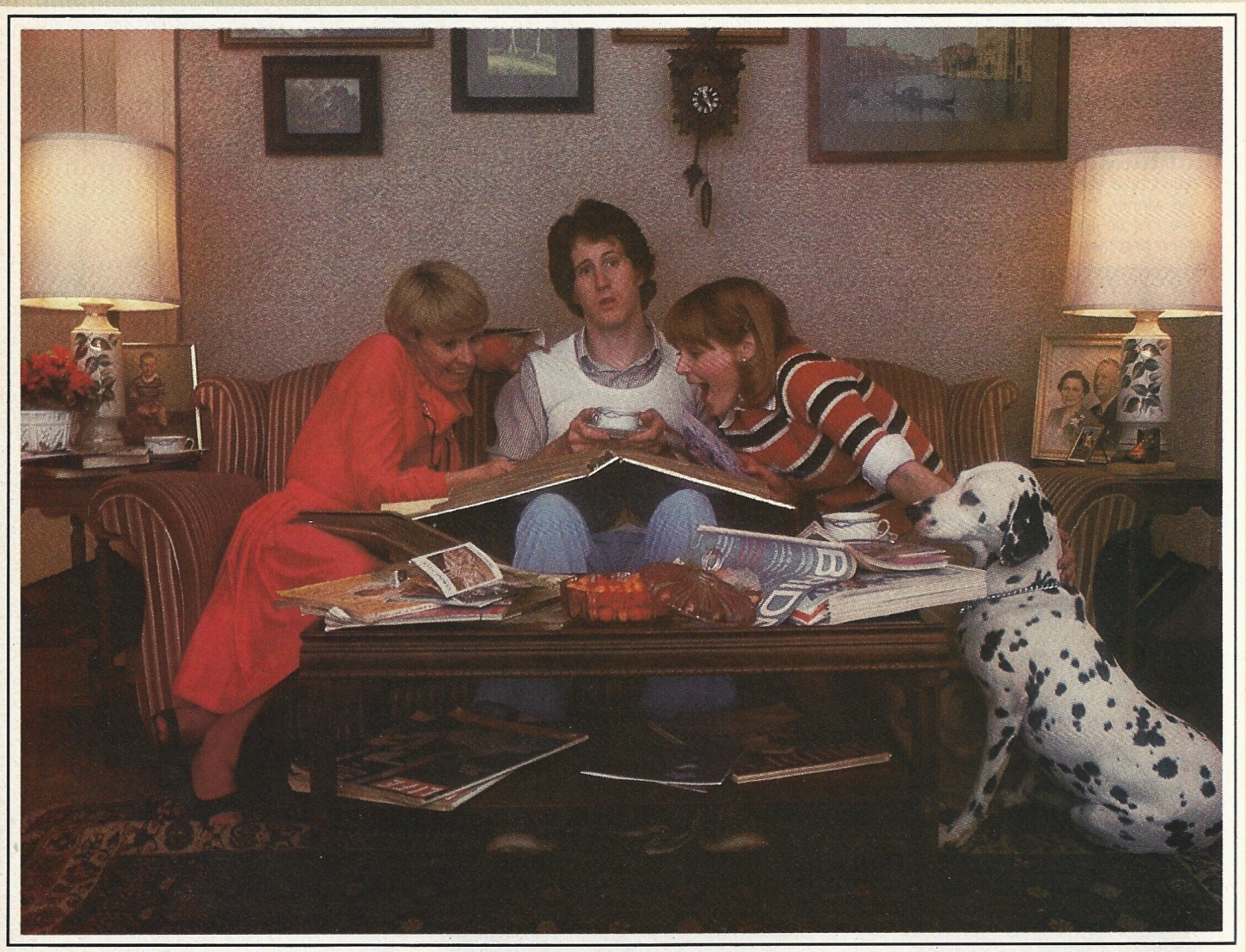
Cindy loves to relax with a good book, especially a romantic novel. Clothes by Moody's Goose.



There's always time in Cindy's busy schedule for her boyfriend, Glen. They both enjoy playing racquetball, watching movies and going to the beach.

Opposite page: *Cindy swings into good looks that can really stir up a racquet. She uses Oil-Free Liquid Makeup in Fresh Color Fair to even out skin tones, then Oil-Free Cheekblush in Jolly Berry for a natural glow. Her lips light up with Supershine Lip Gloss in Candy-Apple and her eyes make a strong play with Lasting Color Eyeshadow in Flirty Violet on the eyelid and Shy Pink as a highlighter on the browbone. Her lashes make it big with Lashes, Lashes Mascara in Brown/Black. All makeup by Avon Colorworks. Sportswear by Lightning Bolt for Gals. Cindy's hair stays healthy and tangle-free with Wella Balsam Instant Conditioner.*

DECISIONS, DECISIONS, DECISIONS.



AT LEAST WE CAN MAKE ONE OF YOUR DECISIONS BEAUTIFULLY SIMPLE.

ZALES
THE DIAMOND STORE.

For a free poster of the above photograph and a booklet of bridal tips, write Zales Jewelers, Box 222219, Dallas, TX 75222.
Or call toll-free 1-800-527-7040 (in Texas 1-800-492-5590) for the Zales store nearest you.

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Co-sponsored by the Diamond Information Center and Zales—the Diamond Store.

First Prize: $500 worth of diamond jewelry from Zales.
Second Prize: A Zales 7-diamond cluster ring.
Third, Fourth and Fifth Prizes: A Zales class ring with a diamond center.

ACROSS

1 "_____are a girl's best friend"
6 "_____the World Turns"
7 No_____diamonds are alike
10 To comment
12 Either
13 Japanese sash
15 Fian_____; engaged woman
16 Type of cloth
17 Suffix for clean or polish
18 Understand: slang, 2 words
20 Doctor: Abbr.
21 Star_____
23 Roman 4
24 Easter fasting period
26 A diamond has 58 polished faces called_____
29 Seventh note of music scale
30 Correct a manuscript
31 Movie starring John Travolta

DOWN

2 At home
3 "Diamond Lil" West
4 Donny or Marie
5 "A diamond is_____"
8 Sorrow
9 Single diamond
10 In 1477 Mary of Burgundy received the first diamond engagement_____
11 Term used to describe uncut diamonds
14 Storage box
15 Only a diamond can_____a diamond
19 Measure of weight for diamonds
20 Dos and_____
22 Otherwise
25 Bind
26 Hi-_____
27 For example: Abbr.
28 Initials of 26th President

CLUES

Since the time a rough diamond was first unearthed in India somewhere between 800 and 600 B.C., the diamond has come to symbolize love and luck. While traditions topple around us, the diamond engagement ring lives on for millions of young couples every year. This tradition started in 1477 when Maximilian of Austria gave Mary of Burgundy a diamond ring and asked her to be his bride.

Fashions in diamonds do change, although the diamond itself—the hardest substance known to man—is said to last forever. The current favorite of engaged couples is the diamond solitaire, a single stone. If you want to choose a diamond for yourself, how should you go about it? First of all, you have to consider the four C's: cut, clarity, carat, and color.

CUT refers to a number of standard diamond shapes—round, emerald, pear, marquise, oval and heart. It also relates to the "make" of a diamond. For maximum brilliance, it must be cut to an exact proportion and have 58 polished facets which are accurate to within a half degree.

CLARITY describes the presence or absence of flaws or blemishes in a diamond. A stone is considered flawless if an imperfection cannot be detected under 10-power magnification.

COLOR involves slight variations found in nearly all diamonds. Completely colorless diamonds are very rare and are priced accordingly. Most diamonds have a slight tinge of color—sometimes yellow or blue—which adds warmth to a diamond's "personality"

What is it that makes the diamond so special? Perhaps it's the fact that only a diamond can cut a diamond. Or knowing that no two diamonds in the world are exactly alike.

CARAT is the unit by which a diamond's weight is measured. There are 100 points in one carat.

RULES

- The WIN A DIAMOND Crossword Contest is open to all U.S.A. resident students between the ages of 12-18, except employees of Zales and 'TEEN and their families.
- To enter you must complete the WIN A DIAMOND crossword puzzle. No purchase necessary. Xeroxes of the entry form will be accepted. Other official entry blanks may be obtained at your local Zales store. To have a chance to win a diamond prize, all diamond answers must be correct. Enter as many times as you like (only one entry per envelope)—just bring your entry to the nearest Zales store or send your entries to the address shown below before November 30, 1978:
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  'TEEN Magazine
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- Odds determined by number of correct entries received. All contest entries will be put in a bin and the first puzzle drawn with correct answers wins the grand prize Zales diamond wardrobe. The second correct puzzle will win a Zales 7-diamond cluster ring and the third, fourth and fifth correct puzzles will win a Zales class ring with a diamond center.
- Winners will be notified by mail. Prizes will be awarded at the Zales store nearest each winner's hometown.
- Contest void in the state of Missouri, outside the U.S., and wherever restricted or prohibited by law.
- Decision of judges is final.
- No cash equivalent or substitute prizes are offered. Prizes are not transferrable.
- Winners are responsible for all local, state and federal taxes.
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- I have read and agreed to the rules of the WIN A DIAMOND Crossword Contest.

Name Susan Farrington
Address Box 341 Ivey Rd. Graham, NC 27253
Telephone 228-1904 (919)
School Graham High School

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Will braces hurt?

There may be some pain when the braces first go on and occasionally during treatment when the braces are being tightened. Your teeth may also "ache" now and then because they are being moved in your jaw, but you shouldn't experience a great deal of pain. If you do find your braces painful, tell your orthodontist—he's there to help you and certainly doesn't want to cause you pain.

Will I have to have teeth pulled out?

This is not always necessary, but it may be needed in order to make room for teeth to straighten out in an overcrowded mouth. Don't worry, though—you won't be left with gaps, because the remaining teeth will be moved to fill in the spaces.

What is headgear and why do you have to wear it?

Headgear is sometimes needed in addition to braces. This enables the orthodontist to realign bone structure as well as teeth and encourages growth in certain directions. Headgear consists of a strap which goes over your head or around the base of your neck, depending on the direction of force the orthodontist needs to apply.

Headgear usually has to be worn 14 to 18 hours a day. If you have to wear headgear, be sure to wear it for the amount of time your orthodontist suggests. Wearing it for only half the daily requirement won't necessarily mean you'll have to wear it for twice as long in terms of months or years—it could mean treatment will take up to four times as long!

Does wearing braces mean I have to take special care of my teeth?

Looking after your teeth is always important. When you wear braces you should spend extra effort on your daily brushing routine. Keeping your teeth clean will help treatment go faster. Also, if you don't clean your teeth properly, food can collect around and under the braces, which could lead to staining and decay.

Your orthodontist will give you special instructions on how to clean your teeth and take care of your braces when they are put on.

Is there anything else I should be aware of when wearing braces?

You shouldn't chew on ice, hard candy, peanuts, pizza crust, sourdough bread or other crunchies, because these can dislodge your braces and prolong treatment.

When will my braces come off?

This is the most common question asked of an orthodontist, and the answer usually is "when they're ready to come off." It does depend on how far out of line your teeth are, but braces are generally worn for 20 to 24 months. However, if you cooperate well, wear your headgear (if necessary), make sure your braces don't get loosened, keep your appointments, clean your teeth well and notify your orthodontist of any problems, treatment time can sometimes be cut down to 16 to 18 months. If, on the other hand, you don't follow instructions, treatment can last for 30 to 40 months, so it pays to cooperate.

What happens if I don't get braces?

Teeth that are crowded and overlap can be difficult to clean, which can lead to plaque build-up and tooth decay. But, more important is how you feel about yourself if you don't straighten out toothy problems. If you cover your mouth with your hand or hate to smile because you don't want to show your teeth, you could be missing out on one of the best beauty assets—a pretty smile.

Will braces lock together if I kiss a boy who also wears braces?

No, this is only a rumor! Just like the one about being able to pick up radio signals on your braces.

What are retainers?

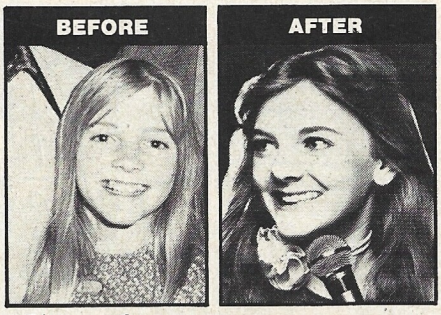
After your braces are taken off, you'll have to wear a retainer to help keep your teeth in place and to make sure they don't go back to their old habits. Be sure to wear the retainer for as long as your orthodontist advises, or your teeth could wind up back where they started.

This article was prepared with the assistance of Mark Collons, D.D.S., a specialist in adolescent and adult orthodontics in Los Angeles, California.

Is It Worth It?

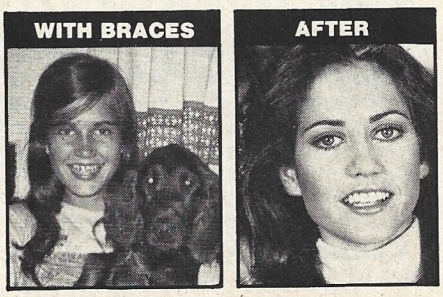
While you're wearing braces, those two years or so may seem like an eternity. Nicknames like "tinsel teeth" or "metal mouth" don't help, either! Remember, though, braces will reward you with straight teeth for the rest of your life.

You're not alone, either, because 50% of teens need some orthodontic treatment, and even some of the girls you've seen on TV or in 'TEEN Magazine have worn braces.



Alison Arngrim

"I wore braces for three years. My problem was that I had big teeth in a small jaw. There wasn't room for my eyeteeth, so they started to come down on top of my other teeth. This made me look like Dracula! I had plastic brackets on my front teeth which were taken off during the couple of months when we filmed 'Little House on the Prairie.' I had to cover the back braces with orthodontic wax so they wouldn't show. I was glad when they came off, but they really did work, and I have incredibly straight teeth now."



Maria Kelly

"My teeth used to be very crooked, and the front ones stuck out. When I wore braces I hated to smile, and the

continued on page 96

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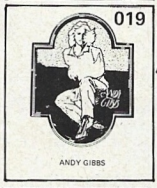

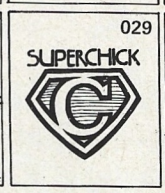

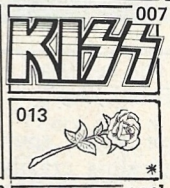

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Nervous is getting your hair cut... and cut... and cut....

HURRY UP & LOVE ME

continued from page 38

They mounted little knolls, dropped over them, spun down smooth gravel stretches, the dust spiraling crazily behind them. Dan was a good driver. His eyes rarely left the road. His hands were always on the wheel. She was safe with Dan. The wind tousled their hair and whistled in their ears.

"Work hard this morning?" she asked him.

"Not much," he said.

"Getting hungry?" she asked.

"Not yet," he said.

She laughed. "That's rare for you. Not hungry."

"I'm a rare guy," he said.

"I know," she said. "I know, I know, I know. That's why I love you."

He grinned at her. "Mutual."

They found a woods by a creek behind an old-fashioned rail fence. Dan steered his car off the road into the grass. "How's this?"

"Super," said Laurie, jumping from the dune buggy. There wasn't a farmhouse or an interstate in sight. Just a few cattle grazing on the far hillside. And birds singing.

He helped her over the fence and they went hunting for a place to spread the blanket and deposit the food. They found it under a beech tree that stood towering over them. Laurie threw her arms about the giant gray trunk and looked up into the mass of leaves and branches that seemed to touch heaven. "Oh! I love you!"

"Hey, I'm jealous," called Dan. "Even of trees." He spread the blanket and put the picnic basket in the center. He came and stood beside Laurie. He touched her hair. He took her hand. "Laurie, I'm beginning to hurt inside. It's only three days now till we move."

She clenched her eyes and pressed her face against his chest. "I know! I hurt too. What are we going to do?"

"Well," said Dan, limply. "Soon as we get moved you're coming to Chicago to visit us, that's for sure."

"But that's not enough."

"I know," he said, disconsolately.

They began to walk through the woods, arm in arm. There were no answers anywhere, not under the trees or in the carpet of wild flowers or the birdsong.

"I want to make love to you, Laurie. I never have with any girl."

She turned again into his arms. He held her close. She fought back the tears. She had never been so afraid. So filled with love. So helpless.

She lifted her face and smiled bravely at him. "I want you to make love to me, Dan."

"You do? You really do? You're not scared?"

"Oh, I'm scared, all right," she said. "But I'm more in love than scared."

He nodded. "I wonder if it's right—being so scared?"

"Maybe the first time always is."

He nodded again. "I don't want to hurt you, Laurie."

"You've never hurt me, Dan. You won't hurt me now."

"How will we know—till it's too late?"

She had never seen Dan clumsy, afraid, unsure of himself. She was filled with compassion. A kind of hidden strength flowed through her. It was like becoming a woman, before you really were a woman. She loved Dan so much that if she became pregnant she would go away and never tell him. Never take his freedom from him. Never destroy him.

Her senses throbbed. Joy and anguish were tumbling within her at the same time. She stood mute as a statue. Waiting. Waiting for Dan.

Dan touched her cheek. "I can't, Laurie! I can't! I want to, but I can't!"

She began to cry softly. "I guess I can't either," she said.

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"Don't cry, Laurie," he said, and stumbled over to lean head and arms against the beech tree. "Please don't cry." He looked like a small boy playing hide-and-seek. Laurie shook her hair wildly and ran her fingers through it, then lifted her face a moment to the sun to dry her cheeks.

They were still shy, clumsy, light-headed. Tipsy with bewilderment. They clasped hands, needing to hold fast to each other while they recovered. Laurie didn't feel alone any more. "Dan," she said. "I keep hearing voices. And music."

"Me too," he said. "Let's find it. Want to?"

She nodded. They set off through the woods and up over a hill, following the sound. There in the valley below them lay a farmhouse, a barn and a silo, gray and dilapidated with age. There was also a tent. People milled about.

"What is it?" asked Laurie.

"A country auction?" guessed Dan. "Want to go?"

"Oh, yes! Let's!" said Laurie.

They both felt the need to be with people just now, to get their bearings, even though they remained apart in their own private world that was still shimmering and fragile.

It was an auction, scheduled to start in an hour. All the possessions of some dead farmer and his wife were spread about under the tent and the trees. Everything they had owned—from nutmeg-graters to brass beds—was being touched, lifted or examined by the crowd. The music had come from a scratchy old Victrola.

Laurie picked up a china doll with lace-trimmed pantaloons and a velvet dress. It lay in a handmade cradle. "Isn't she adorable, Dan?" But she put it back quickly. There was a sadness in the place and the sadness seemed to rub off on her fingers as she touched the precious possessions of other people.

Dan found a table of old brown photographs. They were piled high and tumbled about like autumn leaves. He lifted one picture. "Look, Laurie," he said.

Faces hardly bigger than thumbnails gazed up at them. There was a farmer and his wife, and seven solemn children. Even a solemn dog. The dresses were long, the shoes high-buttoned. The man had a long beard and a wide-brimmed hat. They stood there, from another time and another place, alive, their eyes locking with Laurie's and Dan's eyes. They asked questions of each other and none of them could answer.

An old man without a tooth in his head shuffled by and paused to lay a bony finger on the farmer's chest in the photograph Dan was holding. "I knew them," he said. "They was my neighbors. Fine folks. They lived together fifty-nine years, him and his wife. Yes, sir, fifty-nine years."

They smiled at the old man. Dan laid the photograph back in the pile. He felt the sadness too. He took Laurie's hand again. "Love really takes a long time, doesn't it?"

Laurie nodded. They turned and walked away, leaving the sad old farmhouse behind them. But it would stay in their memory like the souvenirs in her scrapbooks. It would remind them of the day they grew up. The day they became stronger, wiser, closer.

They would possess each other someday. They would have children . . . and nutmeg-graters and beds. But if they had hurried with love today, they might have lost it.

"Will our things be like that someday?" asked Laurie. "Under a tent and trees for sale?"

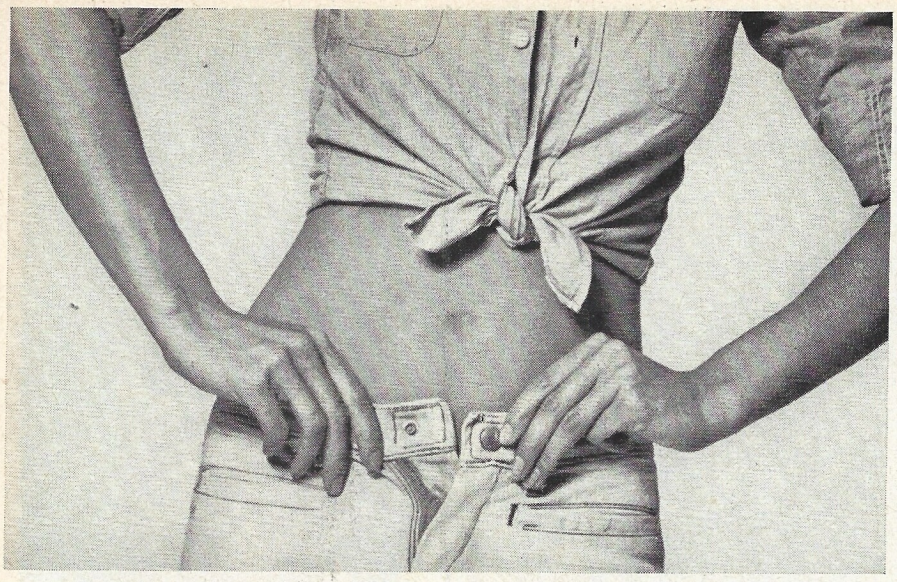
"Could be," said Dan. "And a photograph of you and me and our seven children and our dog."

"Dan, I love you!" Laurie said. Happiness billowed through her.

Dan kissed her. "Mutual!" he said. "Hey! The picnic! I'm hungry!"

"Me too!" she said.

They grabbed hands and went running through the wild flowers. ⓣ



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TV VIOLENCE
continued from page 43

sionable youngsters accept this code of ethics as their own," he said. "I've found some young people who are actually proud to serve time for a crime they've committed. They believe this is the way to earn the respect of their peers. And in many depressed areas of the city, this *is* actually the way to win social approval."

The modern phenomenon worrying psychologists—many teens' apathy and desensitization to violence—concerns Judge Becker as well. He believes young people now see so much shoving, stabbing and shooting on TV screens that they learn to accept such antisocial behavior as a way of life, and even develop a cold insensitivity to the victims of these aggressive acts. In extreme cases, teens may adopt this televised behavior as a means of "getting what they're owed."

And what is it they think society owes them? Judge Becker believes it's the possessions and lifestyles stolen money can buy, as TV shows frequently imply.

Judge Becker recalled, "During New York's 'blackout' in the summer of '77, it was obvious that the thousands of young people who rioted and looted their neighborhood stores were quite certain they were only getting what life owed them.

"Aggression is actually sensationalized on television programs and news broadcasts so that the act itself has become an art form," continued Judge Becker. "For instance, scenes of violence produced in full color and slow motion now seem to be a fad among television directors."

The visualization of so much aggression has generated a widespread insecurity and fear of victimization, as well as the inclination by some to take advantage of the fears of others. This has led to what Dr. Smith, Judge Becker and others have described as the generalized paranoia of the '70s.

In truth, what you see on your TV screen is a distortion of reality. Violence is not glamorous, and the price to be paid for acts of crime and aggression are often much worse than depicted.

This can lead to some very sad scenes in a New York City courtroom, but as Judge Becker said, "Television intoxication still isn't an adequate defense for a teen in trouble with the law. In the end, when a young person is facing the front of a courtroom, the responsibility for his or her act still remains with the individual alone."

It may be too late for Ronny Zamora and other young people whose lives perhaps have been irreparably damaged by emulation of their violence-prone TV heroes.

In the end, there are the victims. A woman in Florida is dead; a young California girl may be severely traumatized as a result of her classmates' need to experiment with TV-type torture.

There are still many people who aren't convinced televised aggression is a substantial contributing factor to the motivation behind these tragic events. But the case against TV violence seems to be gaining momentum—and supporters—every day. In fact, *you* can become an influential spokesperson against potentially dangerous programming.

If you're offended by a TV show which you believe exploits violence, write and tell the network executives or station managers responsible. Better still, note the sponsors of the program. Write to the presidents of the companies involved and tell them how you feel. Your powers of persuasion could even include boycotting their products, if you feel that strongly about it.

Finally, the most effective means of protesting TV violence is the simplest. Next time your eyes start to glaze at the sight of a particularly vicious murder or assault scene, just rise immediately from your chair, advance a few steps and switch off your set.

It's easy . . . and it works. When you refuse to watch offensive programming, television executives will give you the tasteful entertainment you want. 'TEEN

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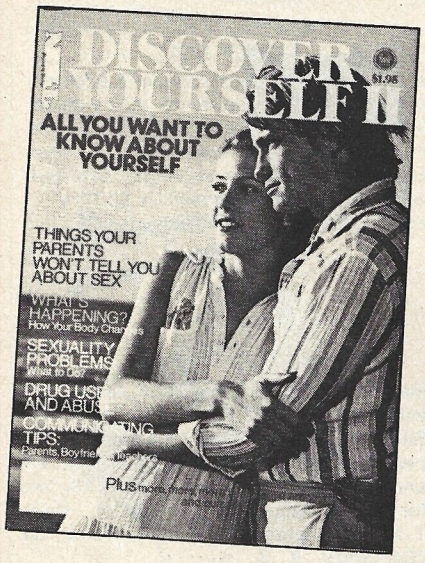

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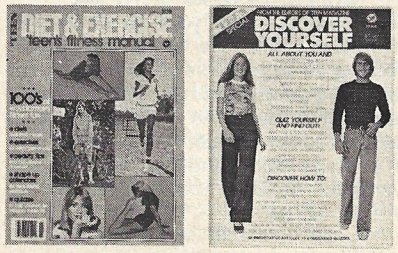

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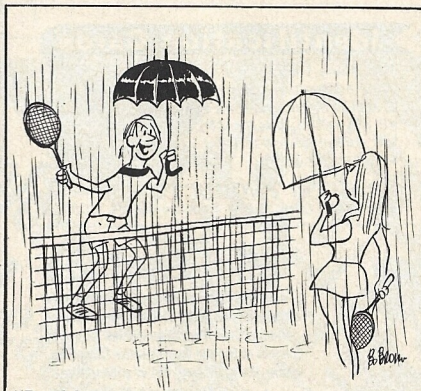

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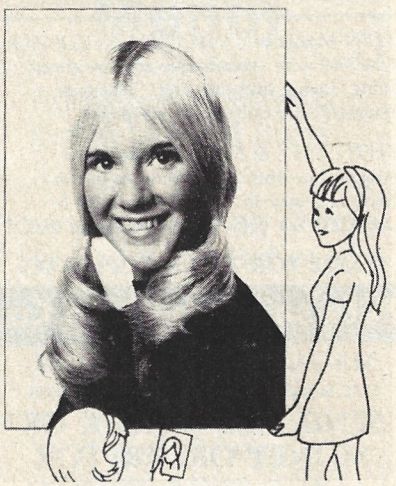

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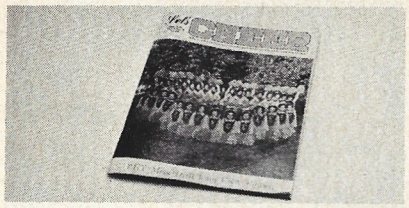

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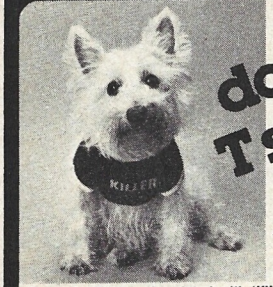

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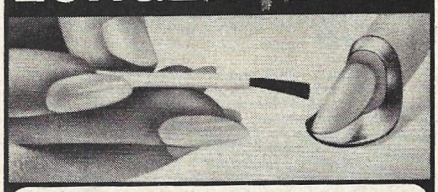

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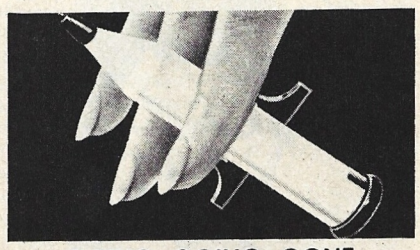

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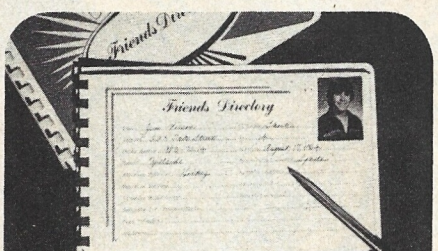

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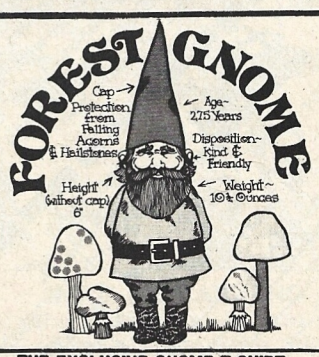
FRIENDS DIRECTORY is a fun-filled book for recording everything special about schoolmates, friends, relatives. Start with a photo and log in address, phone number, hobbies, favorite colors and more! Hours of pleasure now — great for future reference. Enjoy it year around as it becomes a treasured keepsake. Spiral bound, 41 multi-colored pages, 5½"x 8¾". Not available in stores. Prompt delivery. $3.75 plus 60¢ post. Order extras for gifts! The Linn Co., 2100 Peralta Blvd., Dept. TM, Fremont, CA 94536.



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HOW TO ORDER

1. Send a check or money order to the address listed with the item you wish to buy.
2. Include your name and address, size and color choice.
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4. Returns are accepted on all merchandise featured in Flea Mart, except on personalized articles.

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Next Month

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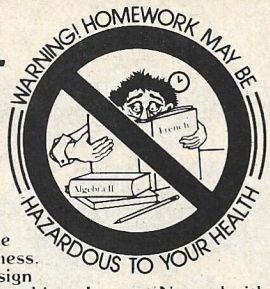
Crafty Giveaways

Sweets for the Sweet

The Homework Shirt



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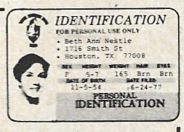

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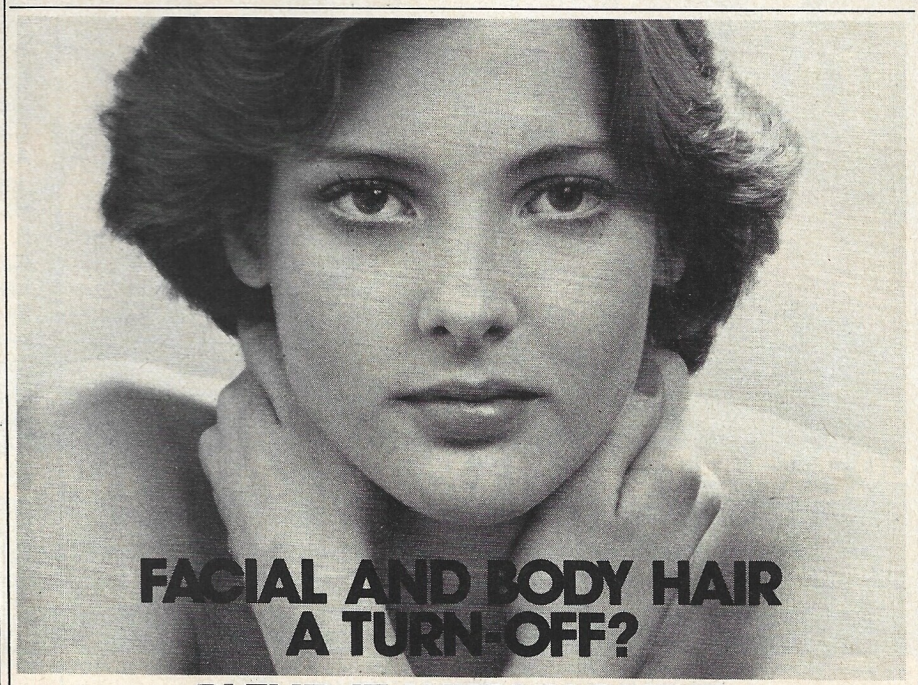

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SUN-SATIONAL WINNERS

Congratulations to the lucky winners of 'TEEN's Sunny Disposition Contest (May 1978)! These super-sun-sational scribes set off fireworks with their replies to our question: where would you like to be at noon on July 4, 1978? Each of the 15 first-place prize-winners will receive a Coppertone beach bag stuffed with a week's wardrobe of Foster Grant sunglasses, a summer's supply of Coppertone sun products and a Thermos Even-Up Tanning Blanket.

Three of our favorite prize-winning entries were:

On July 4th . . .

I'd like to be
where the sun
shines on a sparkling sea
laughing brightly
with a guy
coppery as me,
celebrating summer endlessly.
Laura I. Hatfield, 16, Tabor, N.J.

I want to be at a sunny beach,
basking in the knowledge of the
precious gift living in the
United States has given me—freedom.
Louisa Tompkins, 16, Austin, Texas

Our feet in the white sand,
Where the sea
Touches the land.
This day is one of a kind,
Leaving nothing but footprints behind.
Lanay Merrill, 15, Titusville, Fla.

And here are the other first-placers:

Lanelle Bates, Stephen, Minn.
Denise Coon, Elmwood, Ill.
Terri Finney, Mattoon, Ill.
Denise Giesler, Pikesville, Md.
Robin Ginsberg, Philadelphia, Pa.
Susan Gutierrez, Sunnyvale, Calif.
Kim Malanczuk, Apple Valley, Minn.
Jenny Martin, Myrtle Beach, S.C.
Patti Schoshinski, Manitowoc, Wis.
Buffy Thoennes, Miami, Fla.
Rhonda Thornton, Wellington, Ala.
Diane Williams, Buena Park, Calif.

Shining responses from 25 others won each of them second place prizes of two pairs of Foster Grant sunglasses, a 'TEEN "party line" phone directory and a current hit album. They are:

Julie Adams, Spencer, Neb.
Antonia Bingham, Orlando, Fla.
Debbie Conner, Euclid, Ohio
Kim Darrone, Delmar, N.Y.
Trisha De Innocentes, Logansport, Ind.
Lisa Demby, Grafton, Ohio
Lisa Graulich, Miami Springs, Fla.
Cathy Hambrice, Social Circle, Ga.
Andrea Hewitt, Gorham, N.H.
Joyce Main, New Haven, Ind.
Heidi Mau, Rochester, Mich.
E. McMulkin, Toronto, Ont.
Carla Morgan, Austin, Tex.
Mithia Mukutmoni, Austin, Tex.
Kim Phillips, Yadkinville, N.C.
Polly Puddicombe, Marcell, Minn.
Gina Rice, Lancaster, Calif.
Michele Schwaab, Godfrey, Ill.
Mary Shivinsky, Kenmore, N.Y.
Annie Sullivan, Daly City, Calif.
Rachelle Sytsma, Kentwood, Mich.
Amy Townsend, Hotchkiss, Colo.
Pat Triederich, Huron, S.D.
Lauren Wyttenbach, No. Brunswick, N.J.
Kayla Zeni, Santa Barbara, Calif.

And that's not all! Sunny salutations as well to the 50 third-place winners who'll each receive a pair of Foster Grant sunglasses, a colorful Breck sweatshirt and a "Master of Tanning Arts" degree from 'TEEN's fictitious college, Malibu U. Ⓣ

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ONLY $2.50

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RUSH me my COSMETIC "BONANZA" of famous brand cosmetics.

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- ☐ $50.00 COSMETIC "BONANZA" for only $5.00 (we pay all postage and handling charges).

Name _____ Age ____

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Canadian Orders $1.00 extra. ALL ORDERS SHIPPED PROMPTLY.

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641 Lexington Ave., New York, N.Y. 10022

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- ☐ $25.00 COSMETIC "BONANZA" for only $2.50 plus 50¢ postage and handling.
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Name _____ Age ____

Address _____

City _____ State _____ Zip _____

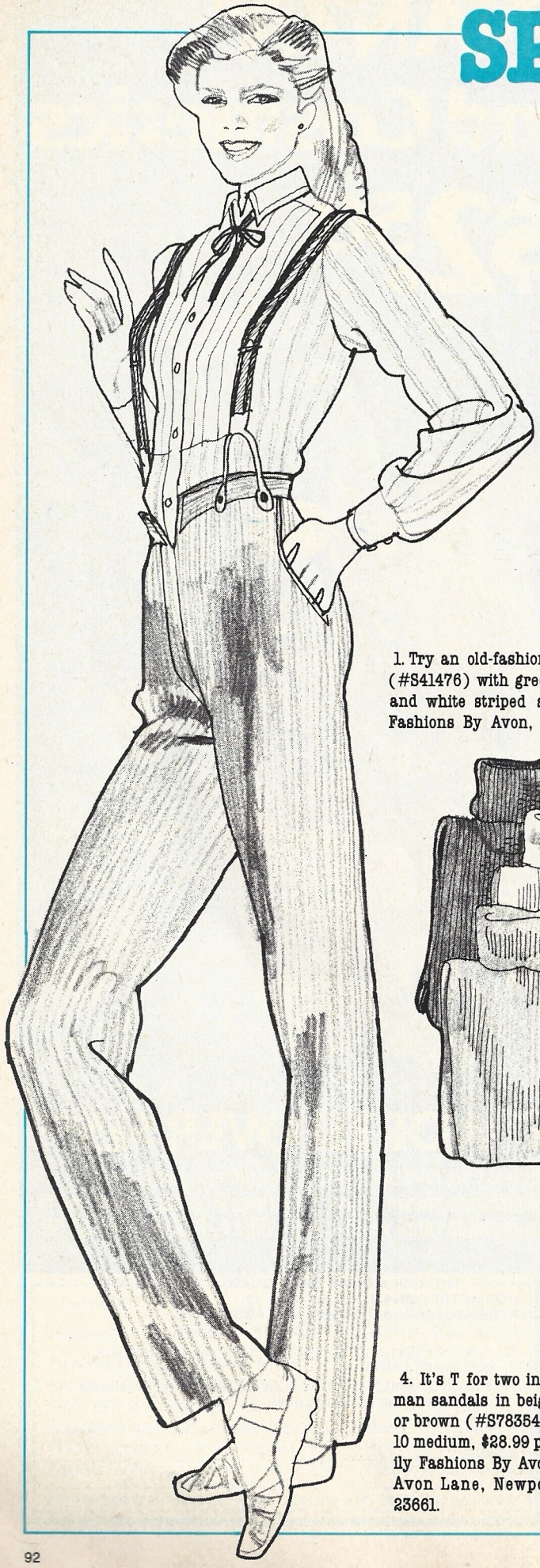
Canadian Orders $1.00 extra. ALL ORDERS SHIPPED PROMPTLY.

SPECIAL DELIVERIES

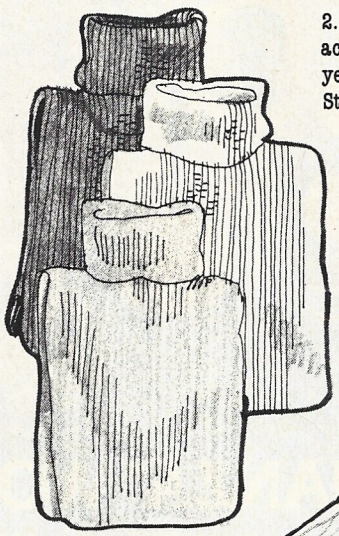
If you're a positive thinker, know what you like and have a pretty good idea of your size, then we have a great suggestion for you. Skip the lines, the crowds and the dressing rooms for an easier way out...shopping by mail! Many items are now sized small-medium-large, and some are even one-size-fits-all, making it simple to purchase by post. Accessories are easy to order, too. The addition of a vest, the knotting of a tie or the placement of just the right hat can make last year's simple twosome this year's Annie Hall knockout. Take your time and browse through 'TEEN's mail order pages. No need to worry that the last size 7 will be snatched up right before your eyes. This is mail order....relax!

HOW TO ORDER BY MAIL

1. Send the exact amount in a check or money order directly to the address given for the company—not to 'TEEN.
2. Clearly state the item you wish to buy—include size, color and item number, if available.
3. Be sure to include your name and address.



1. Try an old-fashioned duo like suspender pants and a tuxedo shirt. Brown corduroy pants (#S41476) with green, yellow and brown striped suspenders, 5/6-17/18, $22.99 ppd. Beige, black and white striped shirt with white pleated bib (#S63347), 5/6-17/18, $19.99 ppd. Family Fashions By Avon, Dept. T-11, Avon Lane, Newport News, VA 23661.



2. What's high on style, low on bulk? 100% Orlon acrylic dickeys. Layer 'em on in hunter green, yellow or navy, $5 each ppd. L. L. Bean, 4880 Cedar St., Freeport, ME 04033.

3. Two on a match are the antique-style crochet vest and coordinating grandfather shirt. Navy, light blue or rust, S-M-L, $18.95 ppd. Sweet Willy, 114 East 32nd St., New York, NY 10016.

4. It's T for two in suede fisherman sandals in beige (#S78346) or brown (#S78354), 5-8½, 9 and 10 medium, $28.99 ppd. from Family Fashions By Avon, Dept. T-11, Avon Lane, Newport News, VA 23661.

continued on page 94

ILLUSTRATION/JUDI WOODRUFF

Jewelart Collectables...At Unbeatable Prices

14Kt. Gold

All Items Solid 14Kt. Gold

Serpentine Necklace 15 Inches Long 6630 $20.00 Each

All Stones Genuine

Serpentine Chain Ring Style AA $10.00 Each

Loveknot With Diamond Style AM $16.50 Each

Genuine Diamond Serpentine Chain Style O $15.00 Each

Charm Holder 0511 $10.00 Each (Holder Only)

"S" Ring Style AN $9.00 Each

Freeform Style AK $10.00 Each

Scroll Ring Style AO $13.00 Each

Freeform Heart 8676 $5.00 Each

Ruby Ring Style AP $20.00 Each

Freeform With Diamond Style AL $17.00 Each

Lucky Horn 9534 $8.00 Each

Clef Charm 0512 $6.00 Each

Fine Serpentine Neckchain 15 Inches L

Sterling Silver

All Solid Sterling Silver Genuine Stones

All Earrings On Hypo-Allergenic Posts

Sapphires & Sterling Style AT $13.00 Each

Ruby & Sterling Style AR $13.00 Each

Lovebirds 15 Inch Sterling Chain 9225 $7.00 Each

Heart Stickpin Turquoise Stone

Heart Earrings

Coral Posts 0445 $2.50 Pair

0448 $2.50 Each

0443 $3.00 Pair

Turquoise Posts

Moon Earrings

Matching Earrings 9226 $3.50 Pair

Moon Stickpin Turquoise Stone

0446 $2.50 Pair

Turquoise Stars

Eagle Ring

0450 $3.00 Pair

Flower Earrings

0441 $3.00 Pair

0449 $2.50 Each Flower Stickpin Turquoise Stone

Style AS $6.50 Each

0447 $2.50 Each

0444 $3.00 Pair

Turquoise Hearts 0440 $3.00 Pair

Crescent Posts

9247 $4.00 Pair

9731 $4.00 Pair

Heart Stickpin Turquoise Inlay 9725 $4.00 Each

Double Heart

Crescent Pendant

15 Inch Necklace 9253 $6.00 Each

Style AF $5.50 Each

16 Inch Necklace 9729 $6.00 Each

Winter White

Butterfly Earrings 9666 $3.00 Pair

Butterfly Stickpin 9667 $2.00 Each

Hypo-Allergenic Posts

15 Inch Necklace

Matching Earrings 0034 $1.25 Pair

Heart Stickpin 0033 $1.50 Each

9668 $4.00 Each

Floral Stickpin 9721 $1.70 Each

Genuine Mother Of Pearl

Floral Stickpin 9853 90c Each

Abalone Stickpin 9074 80c Each

Heart Necklace 16 Inch Neckchain 9801 $2.00 Each

Naturals

Abalone & Mother Of Pearl Mosaic Landscape Pewter Bracelet 8241 $8.00 Each

Tigereye

Genuine Stone Balls On Gold Filled Posts

Coral Flower Post Earrings

Coral

Matching Earrings 0389 $2.75 Pair

6588 $2.00 Pair

9241 $2.50 Pair

8868 $3.50 Pair

Coral Navette

Two Coral Buds

Angelskin Coral Style J $6.00 Each

Style AG $6.00 Each

Matching Earrings

Hand Painted Mother Of Pearl

Style AJ $7.00 Each

Hypo-Allergenic Posts

8489 $3.00 Pair

15 Inch Necklace 8488 $3.00 Each

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SPECIFY RING SIZE 5, 6, 7 or 8

Style	Qty.	Size or Description	Price	Total
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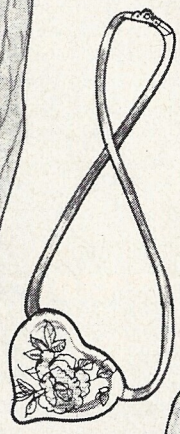
		Californians add 6% sales tax		
		Postage, handling & insurance		89c
		Total amount enclosed (no C.O.D.'s)		
		Catalog only check here		

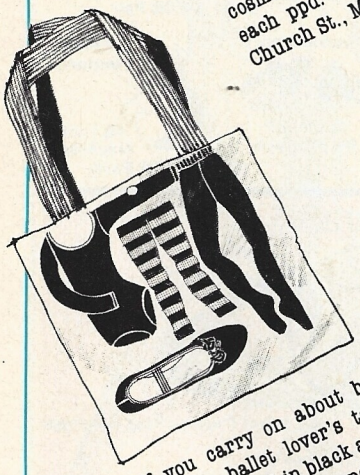
continued from page 92

5. This fashion message is being brought to you by cable. Choose a 100% Shetland wool cable crewneck in salmon, Bermuda blue, light blue, mint green or yellow, 34-40, $18 ppd. You can add a plain monogram for $5, or a monogram with a daisy for $7. The Eagle's Eye, 107 W. Lancaster Ave., P.O. Box 133, St. Davids, PA 19087.

6. Boogie bags to dance the night away double as brightly striped cosmetic bags. Khaki or red, $4.95 each ppd. The Stone Printer, 47 Church St., Montclair, NJ 07042.



7. Wear your heart on a cord in either a pink or brown porcelain design, $5 ppd. Bijou, P.O. Box 333, Carlstadt, NJ 07072.



8. If you carry on about ballet, carry this ballet lover's tote on your arm; #9813 in black and natural combination, $8 ppd. Lillian Vernon, 510 S. Fulton Ave., Dept. NNE, Mt. Vernon, NY 10550.

9. Even your puppy should be dressed to the T. "Foxy Doggy" T-shirt, XS-S-M-L-XL, assorted colors, $4 ppd. Electric T-Shirts Inc., 9 Fairchild Pl., Buffalo, NY 14216.

10. Plenty of pockets in these natural drill painter's pants (#110), 24-38 waist, 30, 32 or 34 length, $18 ppd. French rugby shirt (#136) in men's sizes S-M-L-XL, $21 ppd. Color choices: A. black and yellow; B. red and white; C. navy and light blue; D. red and black; E. navy and white. I. Goldberg, 902 Chestnut St., Philadelphia, PA 19107.

11. You're just feminine enough to carry off the menswear look with style. Family Fashions By Avon offers an oatmeal tweedy vest (#L57225), 5/6-15/16, $15.99 ppd., a beige and wine plaid shirt (#S80317), 7/8-17/18, $13.99 ppd., a brown menswear tie (#L10059-N), $7.50 ppd. and the camel newsboy cap (#L3992-N), $8.99 ppd. Family Fashions By Avon, Dept. T-11, Avon Lane, Newport News, VA 23661.

12. When you're ready to pull the wool over your eyes, do it in style in L. L. Bean's toasty tassel-top toque, one size fits all, in combination white, gray and brown, $10.50 ppd. from L. L. Bean, 4880 Cedar St., Freeport, ME 04033.

13. The crowning glory is a hat that pulls all the looks together for you. Brown wool felt Annie Hall hat, one size fits all, $10. Add $1.50 for postage and handling. Honeybee, 2745 Philmont Ave., Huntingdon Valley, PA 19006.

NOT A DRUG

Amazing "Burn-fat-by-the-hour" Program Developed by Doctors at Boston Medical School

BURNS AWAY MORE FAT EACH 24 HOURS THAN IF YOU RAN 14 MILES A DAY!

Incredible "Crash-Loss" Breakthrough Reported in Leading American Magazines Works So Fast You Can Actually Measure the Difference In Your Waistline In Just 24 to 48 Hours!

Yes, LOSE up to 6 POUNDS the first 48 HOURS — LOSE up to 12 POUNDS the first 7 days — LOSE up to 4, 5, even 7 POUNDS MORE the next 7 days — and continue to burn away as much as 7 to 9 pounds more fat every 2 weeks thereafter, (if you still need it) . . . until you've finally lost 50 — 70 — 100 pounds OR MORE . . . **without fasting, without constant willpower, without constant pangs of hunger or a single moment of body-racking exercise!**

Recommended by the U.S. Government's very own doctors to members of Congress who want to lose weight fast . . . Hailed as the weight-loss "breakthrough of the century" by leading medical journals . . . here at last is the most effective NO-DRUG program for FAST — INSTANT — PERMANENT LIFETIME WEIGHT-LOSS ever made available to the public without a prescription!

WORKS SO FAST THE FIRST WEEK ALONE YOU LOSE AS MUCH AS 1½ TO 2 POUNDS OF BOTH FLUID AND FAT EVERY 24 HOURS!

Direct from the pages of medical journals and leading American magazines come reports of an incredible "fat burning" breakthrough by medical researchers at one of Boston's foremost medical schools! Reports of a new "crash-loss" program (featuring a remarkable natural substance) that safely yet surely steps up FAT-BURNING METABOLISM . . . forces your system to ATTACK bulging pockets of fat . . . and starts to shrink and burn that fat in just a matter of hours!

Yes, from one of New England's leading medical centers comes the new SUPER FAT-BURNER way to turn up your "inner furnace" . . . unlock those clinging pockets of fat . . . break them down SO FAST . . . you burn off excess bulge at the unbelievable rate of up to **6 POUNDS of both fluid and fat GONE the very first weekend alone!**

Think of it! You actually burn away more fat each 24 hours than if you ran 12 to 14 miles a day! Lose more inches each week than if you did 300 sit-ups each morning and 300 push-ups each night! Actually LOSE as much as A FULL SIZE THE FIRST 7 DAYS . . . **and from 3 to 5 inches off your waistline the very first month!**

That's right! Weight-loss results and inches-off wonders that absolutely stagger the imagination. Just look:

U.S. ARMY OFFICERS LOSE WEIGHT 3 TIMES FASTER THAN EVER BEFORE!

Case History #1: When medical researchers in Boston, New York, Philadelphia and Los Angeles first tested this new hi-amino concept on a scientific weight-loss program . . . they reported astonishing results of as much as 12 POUNDS LOST IN JUST THE FIRST 7 DAYS! — 16 to 18 pounds gone by the end of week number two — and most mind-boggling of all — U.S. Army Officers actually losing weight 3 times faster than ever before! As much as 50 POUNDS GONE, like that!

WAISTLINES SHRINK UP TO 3 INCHES IN 7 DAYS — A FULL 5 INCHES SMALLER IN A SINGLE MONTH!

Case History #2: When first rumors of this medical breakthrough leaked out to professional actors, actresses and celebrities . . . they immediately rushed to the offices of America's leading weight-loss specialists to get their hands on this "magic compound"; and no wonder! Because the first week alone they carved away as much as 2 pounds a day . . . 13 pounds a week . . . were forced to take in their belts 3 notches smaller in just 10 days!

DOCTORS REPORT: AVERAGE LOSS — 57 POUNDS!

Case History #3: But most significant of all . . . when universities, hospitals and medical schools, (such as New York's Leading Medical School and Cleveland's largest hospital) tested this newly discovered "crash-loss" program on patients who all their lives had been hopelessly overweight . . . they reported astonishing losses of as much as 2 pounds a day at the start . . . 20 to 30 pounds a month . . . as much as 70 pounds lost over a single summer season! — by simply stepping up their fat-burning metabolism and **burning, melting, oxidizing** 50, 70, 100 pounds of hard-set fat . . . FASTER, SURER than they had ever dreamed possible!

WORKS LIKE "POWDERED HEAT" — MAKES YOUR INNER FURNACE BREAK DOWN BODY FAT!

What is this wondrous new development that helps safely stimulate fat-burning metabolism and shrink your body's fat cells the moment it starts working in your system? It is a totally new concept in the war against fat. An ANTI-FAT WEAPON unlike anything you've ever seen, or tried in your life. A FAT-BURNING aid that helps you convert body fat to body fuel AUTOMATICALLY . . . and EVAPORATE excess pounds and inches starting the very first day!

Think of it! A medically proven formula that is such an effective reducing aid . . . that when combined with the food you eat on this "crash-loss" program . . . **burns off as much fat each 24 hours as if you jogged up to 14 miles a day . . . or played 3 hours of tennis in the most brutal heat!**

The name of this wondrous amino formula is "THERA-SLIM-100" and here is precisely how you use it to win the body and figure of your dreams as you:

LOSE UP TO 4 TO 6 INCHES OFF YOUR WAISTLINE
LOSE UP TO 2 TO 5 INCHES OFF YOUR HIPS
LOSE UP TO 3 INCHES OFF YOUR THIGHS
LOSE UP TO 4 INCHES OFF YOUR BUTTOCKS
LOSE UP TO 4 INCHES OFF YOUR STOMACH

and as we've said before, starting not in weeks, but in mere days.

HELPS YOUR BODY CONVERT STORED UP FAT TO BURNED UP ENERGY! At this very moment — having read this far — you are but one short step away from LIFETIME IMMUNITY TO FAT! Now comes your FINAL GIANT STEP into a whole new world of LIFETIME SLIMNESS.

Of course, there is one thing you must keep in mind. With the "THERA-SLIM-100" way to LIFETIME SLIMNESS you cannot gorge yourself on all sorts of fattening foods, candies and desserts. Not that you'd ever want to, because with "THERA-SLIM-100" — due to your new, stepped up metabolism — besides enormous weight-loss you also experience a loss of hunger. Which makes it one of the easiest ways to lose weight fast. Now here's how simple it is:

STEP #1 — YOU EAT

In addition to the wide and tasty selection of food you enjoy morning and night, (all scientifically programmed to help maintain a high-level of FAT BURN-OFF) . . .

STEP #2 — YOU TAKE "THERA-SLIM-100" hi amino compound.

Once a day, you take "THERA-SLIM-100" in a glass of water, (just like refreshing fruit juice). This hi-amino intake helps keep the fat-burning chain-reaction going ALL 24 HOURS OF THE DAY — NON STOP!

STEP #3 — YOU HAVE AUTOMATICALLY STEPPED UP YOUR FAT-BURNING METABOLISM — SO YOU AUTOMATICALLY BURN OFF EXCESS WEIGHT!

In virtually no time at all, you make your inner furnace accelerate fat burn-off. Safely, gently, yet surely you cause a gradual change in your fat-burning metabolism as you "rev-up" that inner furnace.

The result: Your body begins to eliminate stored-up fat and fluid at a rate so incredibly fast, the very first weekend alone YOU DRAIN AWAY AS MUCH AS 5 OR 6 POUNDS!

In short, with the "THERA-SLIM-100" weight-loss program, you force your body to automatically convert body fat to body fuel . . . automatically shrink fatty cells . . . drain off excess flab . . . flush it right out of your system ONCE AND FOR ALL!

Never before has medical science offered you a surer, faster, more effective weight-loss method, (short of total fasting) than this super fat-burning breakthrough developed at one of Boston's Leading Medical Schools.

THE FACTS ARE IN! THE RESEARCH IS DONE! THE INCREDIBLE WEIGHT-SLASHING RESULTS HAVE BEEN PROVEN BEYOND A SHADOW OF A DOUBT BY MEDICAL SCHOOLS — HOSPITALS — DOCTORS — AND SCORES AND SCORES OF OVERWEIGHT PATIENTS! NOW THE FINAL STEP IS UP TO YOU!

REMEMBER: You must see dramatic results in just 24 hours — results you can measure with both your scale and your tape measure . . . you must lose:

up to 6 lbs. the first 48 hours
up to 12 lbs. the first 7 days
up to 7 lbs. more the next 7 days

or it costs you nothing! Simply return within 10 days for full refund (except postage and handling, of course). Act now!

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IF YOU READ NOTHING ELSE — READ THIS!

What you see on this page is the announcement of the latest breakthrough by medical science in the war against fat. Developed at one of Boston's leading medical schools, the incredible weight-loss results this new "crash-burn" program delivers are so astonishing (average loss 57 lbs.) it has been featured in every leading medical journal . . . given headline coverage in the medical news columns of many major newspapers. Aside from — ABSOLUTE STARVATION — there is no surer, faster, more effective way to slash away pounds and inches than with this Boston medical school discovery.

However, before starting we advise you to consult with your physician to be sure you are in normal health and your only problem is excess weight. Individuals with gout, heart disease, diabetes or pregnant women should not use it at all. As a matter of fact, we insist that you show this entire program to your family physician . . . have him check you regularly to make sure you're not losing too much, too fast . . . and advise when you've lost enough. See if he doesn't agree that the "THERA-SLIM-100" road to Lifetime Slimness, including the recommended progressive daily toneup, isn't by far the most effective approach to the conquest of excess weight ever developed by medical science.

MAIL NO-RISK COUPON TODAY

PENN-BIO, PHARMACALS, Dept. JPD-1130
Caroline Road, Philadelphia, PA 19176

Yes, I want to burn away excess weight fast and permanently with this doctor's "crash-loss" program featuring amazing new high-amino compound "THERA-SLIM-100".

Please rush me the offer I have checked below. If not delighted, I may return it in 10 days and you will refund the full purchase price (except postage & handling, of course).

CHECK OFFER DESIRED:

☐ (#009) Full 10-Day Supply . . . only $7.95 plus 50¢ postage & handling.
☐ (#017) Full 15-Day Supply . . . only $10.95 plus 75¢ postage & handling.
☐ (#025) Full 20-Day Supply . . . only $12.95 plus $1 postage & handling.
☐ (#033) Full 30-Day Supply . . . only $17.95 plus $1 postage & handling.

Amount enclosed $_____ PA residents add 6% sales tax. Check or money order, no CODs please.

CHARGE IT: (check one) Exp. Date _____ ☐ Master Charge ☐ Visa/BankAmericard Bank Number ____ ____ ____ ____

Credit Card #_____

Name_____ Apt. #_____

Address_____

City_____ State_____ Zip_____

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FATHERS & DAUGHTERS

continued from page 20

the exploits of Laverne and Shirley. Or worse yet, he may be thinking of the real-life tragedies of the city youth gangs described in the daily news. So talk to your dad about your plans. He may be a lot more understanding than you think.

3. Introduce him to the other people in your life, girlfriends and boyfriends. Remember, though, one or two at a time is fine, but a gang isn't. You might want to invite a couple of friends over for Saturday afternoon TV and hamburgers, for instance. And make lunch for Dad while you're at it. He'll love it!

4. You may not feel open enough to come to him with your most intimate questions, but at least be aware that your father knows about the subject. After all, he's lived through his own adolescence, so he has learned about all the growing pains of being a teenager. Just knowing that he knows and cares about what you're going through may help you feel less embarrassed around him.

5. Be aware of communication pitfalls. One of these pitfalls is the confusion between thoughts and feelings. Everyone is entitled to his or her feelings. For example: "I feel angry when you don't listen to me"; "I feel sad that our relationship is so distant"; "I feel afraid because you're bigger than I am"; or "I feel happy that we've learned to communicate." These are four basic expressions of feeling, and you can't argue with or deny them.

But do you argue that your father should respect your feelings when you say, "I feel my curfew should be 2 a.m."? Be careful. You're not really talking about feelings. You're stating a thought or opinion. And your dad has a right to disagree with your opinions.

Perhaps the two of you can have a constructive discussion about your curfew—but be sure you begin statements of opinion with "I think . . ." not "I feel . . ." And be ready to compromise.

6. Remember, as Ms. Hirsch states, "To be human is to have some disagreement between age groups and between people. It's how family members deal with such disagreements that determines whether they stay loving or whether they grow apart." In other words, relax—some father-daughter disagreement is normal. But it can be lessened.

"In my counseling, I teach families to make contracts with each other," says Ms. Hirsch. "I lay out strategies of arbitration and negotiation for them."

The first step in her sessions is to expose the problem—for example, weekend curfew. Then talk openly about it for a limited period of time, each person expressing his or her views. "And remember," Ms. Hirsch adds, "when both parties believe that their point of view is respected, it's easier to negotiate a compromise later." The third step: negotiating and deciding on a contract within a certain time limit. For example, the father and daughter might decide to try a curfew one hour later than usual. The final step is to set the consequences if either party breaks the contract. That is, what happens if the father goes back on the agreement, or the daughter comes in after the new curfew time? "Each one has to state his or her own consequences," explains Ms. Hirsch, "and interestingly enough, each is usually harsher on himself or herself than anyone else would ever be."

Though this process may sound more like a legal battle than a solution to a family dispute, it works in bringing parents and children together in caring communication.

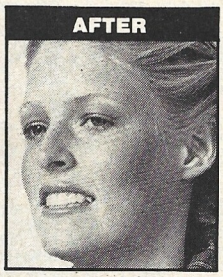
If you feel that wall of silence building between you and your dad, why not try putting some of these psychological techniques to the test? They may work for you.

Those problems nobody else talks about can become solutions that you and your dad have already talked out!

BRACE YOURSELF

continued from page 80

braces felt like tin cans. I was really happy to get them off, but having straight teeth was well worth wearing braces for two years."



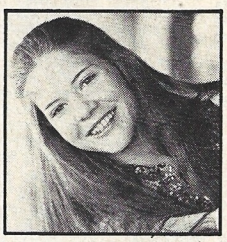
Cathy August

"I used to be teased about my teeth because they stuck out really far. I wore braces for two and a half years. When they came off my teeth looked really good and everyone noticed that I was more confident and felt much better about myself."

Mary McDonough

"I have removable retainers on both my top and bottom teeth. I've been wearing them for three years and I think I'll probably be wearing them for at least two more years. I take the retainers off when I'm acting, doing publicity or having photos taken, and for dates, sometimes—it just depends on whom I'm dating! My teeth were very crooked, and I'm so glad that I've gotten braces. If you're wearing braces now or thinking about getting them, it's worth it—just think how terrific you're going to look after your teeth are straight."

Connie Newton



"I wore braces when I was 13 and 14. When I wore them, they were in style—everyone wore braces. You really shouldn't put off getting braces because they're really worth it. Also, when you're in your teens people expect you to wear them, but when you're older, wearing braces can be more embarrassing."

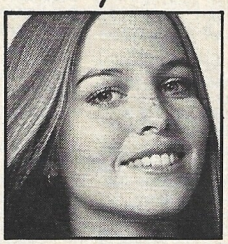
Dara Sedaka

"My braces were taken off a year ago. I was never self-conscious about them; in fact, I went on my dad's TV special wearing them. Of course, they're not exactly the most attractive things in the world, but it was really worth wearing them to have straight teeth."

Cindy Harrell

"I had a very special kind of retainer made of plastic that I could insert and take out. Unfortunately, I only wore it for about six months, and now my teeth have gone back to the way they were. It worked, but I should have kept it on a little longer. In fact, I should still be wearing it."

Lindsey Erwin



"My front teeth were bucked and crooked. My braces looked like railroad tracks across my teeth, but I didn't mind having them on—I even smiled. Having braces was the best thing I could have done, not just cosmetically, but because of physical reasons, too."

Mackenzie Phillips

"I didn't have to wear braces, but I felt really out of place because everyone else had them, so I used to put paper clips on my teeth and pretend I had braces." Which just goes to show that you're not necessarily the odd one out if you're wearing braces!

A MERRY CHRISTMAS!

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DEAR BEAUTY EDITOR

LIP TRICKS

Q. Every time I wear a lipstick, it seems to change its color after a short while. I've tried using different lipsticks but nothing seems to help. Can you tell me what causes the color to change and how I can prevent it from happening?

N.L., N. Kingstown, R.I.

A. ***Your lipstick is changing its color because it interacts with a certain amount of natural acid that's found on your lips. This acid is very normal and is nothing to worry about. To prevent your lipstick from changing color, first apply a dab of Johnson's Baby Powder on your lips, then put on your lipstick. Finish with a sheer coat of lip gloss, which will act as a sealer. Try not to moisten your lips with your tongue, since this also can cause a change in your lipstick color.***

Q. I will be going on a two-week skiing vacation this month. I don't want to have to carry too many beauty products with me, but I know I will need a good moisturizing lip color. My lips always get dry and rough when I'm outdoors on the slopes. Do you have a lip color you can recommend? I don't want anything too heavy.

P.M., Fairview, N.J.

A. ***Maxi-Gloss is a new Sponge-On Lip Gloss that's perfect for cold weather beauty. It's a creamy, moisturizing tint-in-a-tube that is blended with 90% moisturizers to help keep your lips smooth and soft. The unique squeeze tube sends just the right amount of lip gloss onto a sponge-tip applicator. You won't have to worry about getting your fingertips messy, since your fingers won't even touch the lip gloss. The tube is super small in size, making it ideal to tuck into your ski jacket for applications right on the slopes. It comes in six exciting tints and as an additional bonus has a delicious fruity flavor.***

LUCKY LOCKS

Q. It seems that my hair always feels greasy and looks stringy even though I wash it every other day. I'm never happy with the way it looks. Can you recommend a shampoo?

C.D., Wilkes-Barre, Pa.

A. ***It sounds as if your hair is oily and should be washed daily to keep it looking clean and fresh all the time. New Agree Shampoo is specially formulated to help stop greasy build-up that accumulates between your shampoos. It comes in three formulas: regular, extra gentle and oily. Oily hair requires extra care to help keep it looking its best. Try wearing your hair in a short-to-medium-length style so it will be easier to take care of. Always use cool water when you rinse your hair after shampooing. If you blow-dry your hair, use the dryer on the cool or warm setting. Heat from the dryer can stimulate the oil glands in your scalp and that will only aggravate your oily hair problem.***

Q. My hair is naturally curly, and although I feel lucky to have so many curls and waves I sometimes wish I could change my hairstyle. I like the look of a smooth pageboy but I don't want to get my hair chemically straightened. Can you recommend something for me?

B.H., Atlanta, Ga.

A. ***Now you can have the best of both worlds. Keep your naturally curly locks or be a super smoothie by using a new appliance that will temporarily smooth away your curls. General Electric has just introduced a hair appliance called Curl Tamer that helps straighten and relax curly hair. It's easy to use, too. Just draw a section of hair through the heated Teflon-coated plates, and your curls and kinks will be relaxed. Try using your imagination and you can come up with some smashing holiday party styles!***

Q. Can you give me any tips on how to use pin curls? My hair is fine and straight and I would like to be able to create a soft, curly look using pin curls.

N.S., Bronx, N.Y.

A. ***Here are two methods of making pin curls from the authors of "How to Do Your Hair Like a Pro":***

"Stand-up" pin curl: Take a section of hair and pull it to form a 45-degree angle with the scalp. Roll the section of hair toward your head so that the curl stands up, and pin it. This type of curl should be used in areas where you want height.

"Flat" pin curl: Roll a section of hair toward your head and secure with a clip. For loose waves, use large strands of hair; for tighter curls or waves, take smaller sections of hair.

FOOT FACTS

Q. My boyfriend and I have recently taken up hiking and we really enjoy it. The only problem is that when I take off my hiking boots and socks, I have a very embarrassing odor. I've tried using foot powders but that doesn't help. What can I do to stop this odor?

J.C., Carlinville, Ill.

A. ***Use Dr. Scholl's Odor Destroying Insoles inside your boots to help eliminate foot odors. The cushioned insoles are specially designed to filter out unpleasant odors and absorb perspiration, leaving your feet dry and comfortable. They're also ventilated to keep your feet feeling cool and refreshed. Keep Dr. Scholl's insoles inside your boots even when you're not hiking; they'll continue to fight odors round the clock.***

Q. Whenever I buy a new pair of shoes, they always end up hurting and pinching my feet. They seem to fit when I try them on in the store, but after I wear them for a while they start bothering me. Can you tell me what I'm doing wrong?

D.Z., Santa Ana, Calif.

A. ***Follow these tips to get better-fitting shoes. Be sure to have the sales-person measure your feet every time you purchase a pair of shoes. Your feet may still be growing, and it's important to know your exact shoe size. Try on both shoes of the pair and walk around in them for a***

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You're too old to fall for that feminine weakness game. You know you need a strong anti-perspirant. That's why there's Secret Roll-On. It's so effective, it actually keeps you drier than those he-man sprays.
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DEAR BEAUTY EDITOR

few minutes to make sure they fit well. When shopping, always wear the type of socks you plan to wear with your new shoes, and try to do your shoe shopping in the afternoon, when your feet tend to be slightly swollen and are most sensitive to fit.

Q. Every time I polish my toenails, the polish gets all over my cuticles and skin. I try to take my time and polish them carefully, but the nail color still smears. Can you give me any help on how to prevent this?

I.P., New Orleans, La.

A. ***To get a neat pedicure, follow these simple tips every time you polish. Start with clean, dry toenails. (Avoid using a body lotion before you begin, because the lotion may leave a slight film on the nail surface.) Place a cotton ball between each toe to separate them. Begin by applying a base coat, allowing it to dry thoroughly. Proceed to paint each nail, starting in the center, then polishing the left side and the right side. To clean up any smudges, use an orange stick dipped in a little nail polish remover. It's important to let your polish dry thoroughly before you attempt to remove any smears with the polish remover.***

LIP SERVICE

Q. I'm 16 years old and I'm just beginning to wear makeup. The only problem I've noticed is that when I'm wearing lipstick, a slight irritation develops after a while. Can you recommend a good lipstick that won't cause an irritation?

P.L., Nashville, Tenn.

A. ***You may be getting an allergic reaction to the lipstick you're using, so you may want to try a hypo-allergenic brand. Allercreme Cosmetics has just introduced the "Paint Yourself Glossy" collection in four new fashion shades for lips and nails. The lipsticks give a soft, moist look to lips along with a high gloss shimmer. All are hypo-allergenic and contain no known irritants, (which may have been the cause of your discomfort). Allow the irritation to clear up before using a new product. If it persists, consult a dermatologist.***

BEST TRESSED

Q. Recently I've been using a dandruff shampoo for a slight scalp problem that I have. Now I'd like to try using an instant conditioner after I shampoo because my hair tends to get dry and limp in the cold-weather months. Can you tell me what type of conditioner to use?

P.S., Baton Rouge, La.

A. ***Use an instant conditioner that's specially formulated for use after a dandruff shampoo. Selene Instant Hair Conditioner is protein- and vitamin-enriched to help moisturize dry hair. You'll notice that your hair will feel silky and soft after you use it. It also adds body to hair that's fine or limp. Use Selene Instant Hair Conditioner whenever you notice your hair needs extra conditioning.***

SKIN-SATIONAL

Q. I've been invited to a few Thanksgiving parties and will probably be eating lots of desserts and candies. Can you tell me if these sweets will do any harm to my skin?

L.B., Bangor, Maine

A. ***Diet alone does not play a major role in the condition of your skin, but certain foods such as chocolate, soft drinks and fried foods may aggravate breakouts in some people. If you notice that after eating these foods your face breaks out, then by all means try to cut down on your intake.***

Q. During the winter I love to go skiing, but my hands and face get so chapped from the cold that my skin actually hurts. I've used moisturizers in the past and my skin has become softer, but only temporarily. The dryness and chapping always return. Is there something I can use that will keep my skin soft for a longer period of time?

M.V., Aspen, Colo.

A. ***Cold weather can really dry out your skin. With this in mind, Vaseline has just introduced New Vaseline Intensive Care Lotion. The new enriched formula gives the lotion extra creaminess that will keep your skin moisturized much longer.***

How you apply moisturizer is also very important. Apply New Vaseline Intensive Care Lotion after a bath when your skin is moist and the lotion can be easily absorbed. As an added precaution, apply the lotion before hitting the slopes as well as after.

Q. I have very oily skin. I try to wash my face at least three times a day with soap and water to keep it clean and oil-free. My problem is that I still seem to get blackheads and clogged pores, especially on my nose and chin. What can I do to help get rid of these?

P.K., Alexandria, Va.

A. ***The greatest single cause of blackheads is oiliness, so washing your face thoroughly is an important step in maintaining a clear complexion. Your skin needs a special soap like Coty's Sweet Earth "Suds." It's an extremely mild cream soap that comes in a tube and contains gentle, natural scrubbing granules for deep cleansing. It will get rid of excess oils and grime and help coax out your embedded blackheads. If you'd like a sample of Coty's Sweet Earth "Suds," send 50¢ for postage and handling to: Coty, c/o Almac, 6400 Broadway, West New York, NJ 07073.***

TOOTH TRUTH

Q. I've noticed that the models in your magazine always have very white teeth. My teeth are yellowish in color and don't look at all like the models I see. How can I get my teeth whiter? Do you know what causes teeth to become yellow?

R.B., Des Moines, Iowa

A. ***Very few people have naturally white teeth. Two very important factors give your teeth their natural color: the enamel (which is the outer translucent layer of tooth) and the dentin (which is the next layer of the tooth structure). The dentin can vary in color from brown to yellow, depending on the individual. If the dentin layer happens to be thick and dark, it will show through the enamel more, thus making your teeth look off-color.***

HEADS UP

Q. Can you suggest some good hair-care products for me? It seems that the products I've been using haven't improved the condition of my hair, which is slightly dry and flyaway.

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Carol Faingold, High School Soccer Player.

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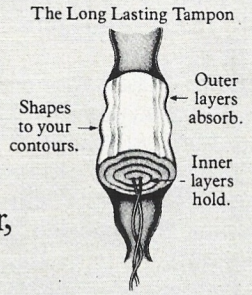

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During the cold weather it becomes worse because my hair gets a lot of static from wearing woolen caps.

K.D., Seattle, Wash.

A. ***Try a line of hair-care products that are made to work together, such as the Farrah Fawcett Hair Care Collection. It's a great line of products that incudes shampoos, creme rinse/conditioners and hair sprays. All the products were formulated by Fabergé with Farrah and contain vitamins, minerals and protein. To keep your hair smelling clean and fresh, each product has a soft, spicy scent.***

Q. I don't have a question, but I would like to share a special trick I've learned with other 'TEEN readers. If you use a blow-dryer and want to tame the frizzies, rub just a little bit of hair conditioner onto your palms. Turn your blow-dryer on (to a medium speed) and point it at the frizzies while you rub your palm against the hair that you want to smooth down. It works for me every time.

K.E., Cos Cob, Conn.

A. ***Thanks for sharing your terrific idea!***

Q. I have very short hair and would like to use a curling iron for extra body. Is it all right to use a curling iron on such short hair?

S.W., Naples, Fla.

A. ***Yes! A curling iron can be very effective for short hair, but you must be sure to use it with care. When you roll up a section of hair, always place a comb between your scalp and the curling iron so the heated barrel won't touch your skin. Norelco has a great little curling iron called Curly Q II that you might like to try. Curly Q II is compact in size so you can tuck it into your handbag for quick curls anywhere.***

Q. Can you give me some tips on how to get my damaged hair back in shape? After months of outdoor activities my hair has become really dry and brittle. I use a conditioner after each shampoo, but that doesn't seem to help much.

D.T., Manteca, Calif.

A. ***Months of sun, perspiration and outdoor activities can do a real number on your hair. Follow these tips to get your hair back into A-1 condition.***

1. Start off with a good professional trim to get rid of split ends.

2. Cooler weather calls for less frequent shampooing and handling of the hair. If you need to wash your hair daily, lather only once each time you wash.

3. Your hair tools may be causing more damage to hair that's already in sad shape. Be sure the bristles on your hairbrush aren't split or worn, as they can snap and break your hair. Also, check to see that none of the combs you use has broken teeth. Discard all damaged hair implements and replace them with new ones that will treat your hair kindly.

Q. Whenever I wash my hair I have difficulty rinsing out all the shampoo. I spend lots of time rinsing my hair under the faucet but I can still feel a sticky residue after I've finished. Is there something I can do to rinse my hair better?

K.D., Houston, Tex.

A. ***Here's a beauty tip models use to get their hair squeaky clean. After you've rinsed your hair as well as you can, mix four tablespoons of vinegar (use the cider variety, which you can buy in any supermarket) and three glasses of lukewarm water. Distribute the mixture through your hair and then rinse with lots of cool water.***

BODY BASICS

Q. Every winter my skin seems to get much drier than at any other time of the year. Since I enjoy taking relaxing baths, I would like to know if there are any bath products that would help my dry skin.

T.Y., Tulsa, Okla.

A. ***You might like to try a bath soap and bath oil that are both enriched with moisturizers to help combat your dry skin problem. Jean Naté has a great line of bath and fragrance products that will turn your daily bath into a super relaxing treat. Two items you should try are Jean Naté Fresher***

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DEAR BEAUTY EDITOR

than Springtime Moisturizing Soap and Very Silky Moisturizing Bath Oil. They'll give you the extra moisture your thirsty dry skin needs.

Q. Recently I've noticed some tiny hairs growing around the nipples of my breasts. There aren't very many, but I'm really worried about them. Are these hairs abnormal and can they be removed?

M.G., Whitehall, Pa.

A. ***What you've described is very normal, and you should stop worrying about it. These hairs, along with other superficial body hair such as underarm hair, are controlled by your hormones and are a natural occurence. Some girls just tend to have more body hair than others, and this is usually determined by heredity.***

EYE-DEAS

Q. I wear glasses and my eyes always look small and lost behind them. Can you give me any makeup tips to make my eyes look larger?

S.P., Albany, N.Y.

A. ***Girls who wear glasses should try to wear a bit more makeup to help draw attention to their eyes. Eyeliner is an excellent makeup tool to help define and magnify the eyes. To make your eyes look larger (and lashes longer, too) apply a very thin line in a shade that matches your mascara at the base of your upper lashes. Don't extend the eyeliner further than your natural lashes. If you think you'll feel clumsy using eyeliner, try Maybelline Waterproof Ultra-Liner. Ultra-Liner is easy to use, long-lasting and smudgeproof, assuring great results every time.***

Q. My eyes always feel tired after I do a lot of homework. Sometimes they even get a little red after I read a lot. What can I do to make them feel better?

J.F., Winchester, Va.

A. ***First of all, make sure that you're not getting any glare from overhead lights while doing homework. This can put an unnecessary strain on your eyes, making them feel tired and sore. Place a well-lit lamp a few feet from your study table where it won't cast any shadows on your papers. To relieve overworked eyes, try taking short rests between studying. To help eyes that have become red, lie down, close your eyes and place a thin slice of cucumber over each eyelid. Relax for a few minutes and you'll be surprised how refreshed your eyes will feel.***

Q. My friend told me that Vitamin A is good for your eyes. Is that true, and if so, what foods are high in Vitamin A?

R.R., St. Paul, Minn.

A. ***Your friend is correct. You can find Vitamin A in fresh green and yellow vegetables such as spinach, green peas, carrots, squash and sweet potatoes. Vitamin A helps increase the flow of natural moisture in your tear ducts. This in turn makes your eyes sparkle and shine.***

BUSY BODIES

Q. Is there a good exercise to get rid of a bulging stomach? I've been eating too many snacks lately and now my tummy sticks out no matter what I wear.

G.H., Boston, Mass.

A. ***First of all, try to limit your intake of snacks. The worst thing for anyone with a figure problem is to overindulge in the wrong kinds of food. Remember that the only effective way to keep in super shape is to eat proper food and to exercise daily. Follow this simple exercise to help flatten your tummy:***

1. Stand up straight with your feet together and your arms hanging naturally at your sides.

2. Slowly pull in your stomach muscles as you take in slow breaths of air.

3. Once you've pulled in your tummy as far as you can, hold that position while you count to ten.

4. Release. The great thing about this exercise is that you can do it just about anywhere. Try it while you're waiting for the school bus or when you're in line at the supermarket.

Q. My girlfriend and I want to start exercising and we thought that jogging would be a fun exercise to try. Is jogging really beneficial? Can you give us some tips on how to start?

R.J., Denton, Tex.

A. ***You've selected one of the most popular exercises around today! Most doctors feel that jogging (or running) is one of the healthiest and most efficient exercises you can do. It's an excellent conditioner that helps tone up muscles all over your body. Jogging helps lower your pulse rate, blood pressure and cholesterol level, which are all very important in maintaining good health. It's also a great year-round sport. In fact, lots of people prefer to jog during the colder months because it's much more invigorating and less demanding on the body than in the hot summer months. When you first start to jog take it slowly, then gradually build up to a distance you feel comfortable with (jogging half a mile a day is a good start for a beginner). One major advantage to jogging is that you won't need any special equipment—just a good pair of running shoes, which you can purchase at your local department store. If you have a history of any medical problem, see your family doctor before you begin your exercise program.***

SKIN SCENE

Q. Since my skin is very oily, it's a real problem for me to remove all of my makeup. Even though I wash thoroughly with soap and water, it never feels really clean. Can you suggest a better way for me to remove my makeup?

K.K., Red Bank, N.J.

A. ***Instead of just cleaning your face with soap and water, try removing your makeup first with a non-greasy cleansing cream. Next, wash your face with a medicated soap, using a washcloth to help stimulate your circulation. Rinse your face with cold water (it will help close your pores) and finish up with an antiseptic lotion like Sea Breeze. You might also like to try using cleansing grains once a week to help unclog your pores.***

If you have a beauty problem, we'd like to help you if we can. Send your letters to Dear Beauty Editor, c/o 'TEEN Magazine, P.O. Box 3341, Hollywood, CA 90028. We can't answer letters personally, but we try to publish those that are of widest interest to our readers. You can also join 'TEEN's Research Gang (TRG) by enclosing a self-addressed, stamped envelope with your letter. On the back of it write "Send me a TRG Card." 'TEEN will in turn send you a TRG Card plus a questionnaire that you can doodle over, fill out and return at your option. The questions will relate to beauty, fashion, entertainment, products and all the things you'd like to read about in 'TEEN.

I never tried a dandruff shampoo. I just sort of ignored my occasional itches and flakes. After all, my hair had bounce and shine and was very delicate. And since I washed my hair an awful lot, I really wanted a mild shampoo.

Then my best friend (who has gorgeous hair, by the way) told me about Head & Shoulders. She said I'd love the fresh smell, the thick, rich lather. And it would leave even my baby fine hair soft and shiny, while controlling dandruff at the same time. She told me Head & Shoulders was the only shampoo she used.

I sure am glad I listened to her. Head & Shoulders is everything she said it was. You can see for yourself how wonderfully shiny my hair is. And not a worry about those itches and flakes. Now I wouldn't trust my hair to any shampoo but Head & Shoulders.

"I trust my bouncy, shiny hair to a dandruff shampoo? I didn't believe they could be mild enough. Luckily I discovered Head & Shoulders."

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